

# Euphorium®

**ALLERGEN INFORMATION PACK  
2024**

# OUR FOOD IS HANDMADE BY REAL PEOPLE AND WE USE SHARED EQUIPMENT: DUE TO A HIGH RISK OF CONTAMINATION WE CAN'T GUARANTEE THAT ANY OF OUR PRODUCTS ARE COMPLETELY ALLERGEN-FREE.

## SUPPLY CHAIN

This pack contains the ingredient declarations for many of the food products that we sell in our stores.

Items such as crisps and bottled drinks with printed declarations included on the packaging are not included within this Allergens Information pack.

The information contained within this pack is only accurate if brand standard ingredients – supplied by Blakemore Food Service – are used.

If alternative suppliers or ingredients are used, sites are responsible for maintaining their own accurate Allergens Information Pack. It is a legal requirement that this information is always available to customers in store.

## USING THE DECLARATION PACK

All products contained within this pack are detailed in the contents page. Using the contents page to search for information is the most efficient way to search this pack.

Products are included as complete declarations, with ingredients listed for easy reference.

The full ingredient breakdown is listed for each individual product and the 14 declared allergens are **EMBOLDENED** for easy reference.

## SYMBOL KEY



Suitable for vegans – these products are suitable for those who are vegan. They do not contain any animal products or by-products.



Suitable for vegetarians – these products are suitable for those who are vegetarian. They do not contain any meat or fish products.

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## HOT DRINK INGREDIENTS

### **Biscoff® Crumb – V001**

**WHEAT** Flour, Sugar, Vegetable Oils (Palm\*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon. \* from sustainable and certified plantations

Suitable for vegetarians & vegans

### **Biscoff® Topping Sauce – V001**

Caramelised Biscuits 52% (**WHEAT** Flour, Sugar, Vegetable Oils (Palm\*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), **SOYA** Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Lecithins (**SOYA**)), Acid (Citric Acid). \* palm oil from sustainable and certified plantations

Suitable for vegetarians & vegans

### **Cinnamon Powder – V001**

Ground Cinnamon

Suitable for vegetarians & vegans

### **Coffee – V001**

100% Espresso coffee

Suitable for vegetarians & vegans

### **Gold Chocolate Powder – V001**

Sugar, White Chocolate 36% (Sugar; Cocoa Butter, Whole **MILK** Powder; Skimmed **MILK** Powder), Fat Powder (Coconut Oil; Whey Powder (**MILK**); **MILK** Proteins) Caramelised Sugar (Caramelised Sugar, Maltodextrin), Natural Flavouring, Thickener: Guar gum

Suitable for vegetarians

### **Hot Chocolate – V001**

Cocoa Powder, Sugar

Suitable for vegetarians & vegans

### **Matcha Powder – V001**

100% ground green tea leaves

Suitable for vegetarians & vegans

### **Mumbai Chai – V001**

Sugar, Black Tea Extract, Natural Spices (Cinnamon, Cardamom, Ginger, Nutmeg, Clove, Black Pepper, Star Anise), Guar Gum, maltodextrin, Thickener: Carboxy methyl cellulose, natural flavouring

Suitable for vegetarians & vegans

### **Turmeric Powder – V001**

Ground Turmeric, Natural Flavouring, Ground Ginger, Natural Orange Flavouring

Suitable for vegetarians & vegans

### **Whipped Cream – V001**

Double Cream (**MILK**) (75%), Whole **MILK** (22.5%), Sweetbird Vanilla Syrup (2.5%) (Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid)

Suitable for vegetarians

## SWEETBIRD SYRUPS

(all suitable for vegetarians & vegans)

### **Sweetbird Butterscotch Syrup – V001**

Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid

### **Sweetbird Caramel Flavour Syrup – V001**

Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid.

### **Sweetbird Vanilla Flavour Syrup – V001**

Sugar, Water, Natural flavouring, Colour: plain caramel, Acidity regulator: citric acid

### **Sweetbird Hazelnut Syrup – V001**

Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid

### **Sweetbird Sugar Free Caramel Flavour Syrup – V001**

Water, Flavourings, Thickener: Cellulose Gum, Acidity Regulator: Citric Acid, Sweeteners: Sucralose, Steviol Glycosides, Preservative: Potassium Sorbate, Colour: Plain Caramel.

### **Sweetbird Sugar Free Vanilla Flavour Syrup – V001**

Water, Flavourings, Thickener: Cellulose Gum, Acidity Regulator: Citric Acid, Sweeteners: Sucralose, Steviol Glycosides, Preservative: Potassium Sorbate, Colour: Plain Caramel.

### **Sweetbird Vanilla Flavour Syrup – V001**

Sugar, Water, Natural flavouring, Colour: plain caramel, Acidity regulator: citric acid.

### **Sweetbird White Chocolate Syrup – V001**

Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid



## MILKS & ALTERNATIVE MILKS

(all suitable for vegetarians)

### Almond Milk – V001

Water, gluten free **OATS** (13%), almonds (**NUTS**) (2%), sunflower oil, sea salt, gellan gum

Suitable for vegetarians & vegans

### Coconut Milk – V001

Water, Gluten Free **OATS** (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum

Suitable for vegetarians & vegans

### Oat Milk – V001

Water, Gluten free **OATS** (13%), Sunflower oil, Sea salt, Gellan gum

Suitable for vegetarians & vegans

### Semi-Skimmed Milk -V001

Pasteurised Cow's **MILK**

### Skimmed Milk – V001

Pasteurised Cow's **MILK**

### Soya Milk – V001

Water, Organic Soybean (**Soya**)s (13%), Organic rice syrup, Sea salt

Suitable for vegetarians & vegans

### Whole Milk – V001

Pasteurised Cow's **MILK**

## ICED COFFEE

### Iced Chai Latte – V001

Pasteurised Organic Cow's **MILK**, Sugar, Black Tea Extract, Natural Spices (Cinnamon, Cardamom, Ginger, Nutmeg, Clove, Black Pepper, Star Anise), Guar Gum, maltodextrin, Thickener: Carboxy methyl cellulose, natural flavouring, Ice

Suitable for vegetarians

### Iced Latte – V001

**MILK**, Ice Cubes, Espresso Coffee

Suitable for vegetarians

### Iced Mocha – V001

**MILK**, Ice Cubes, Espresso Coffee, Hot Chocolate (Cocoa Powder, Sugar)

Suitable for vegetarians

### Long Black – V001

Ice Cubes, Espresso Coffee, Water

Suitable for vegetarians & vegans

## SPECIALITY DRINKS

### Mumbai Railway Chai – V001

**MILK**, Sugar, Black Tea Extract, Natural Spices (Cinnamon, Cardamom, Ginger, Nutmeg, Clove, Black Pepper, Star Anise), Guar Gum, maltodextrin, Thickener: Carboxy methyl cellulose, natural flavouring

Suitable for vegetarians

### Oat Matcha Latte – V001

Water, Gluten free **OATS** (13%), Sunflower oil, Sea salt, Gellan gum, Matcha Powder (100% ground green tea leaves)

Suitable for vegetarians & vegans

### Turmeric Latte – V001

**MILK**, Turmeric Powder (Ground Turmeric, Natural Flavouring, Ground Ginger, Natural Orange Flavouring)

Suitable for vegetarians

## SEASONAL AND FESTIVE DRINK SPECIALS

### Biscoff® Blondie Hot Chocolate – V001

Whole **MILK**, Biscoff Topping Sauce (14.24%) Caramelised Biscuits 52% (**WHEAT** Flour, Sugar, Vegetable Oils (Palm\*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), **SOYA** Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Lecithins (**SOYA**)), Acid (Citric Acid). \* palm oil from sustainable and certified plantations, Double Cream (**MILK**) (7.12%), Gold Chocolate Powder (5.7%) Sugar, White Chocolate 36% (Sugar; Cocoa Butter, Whole **MILK** Powder; Skimmed **MILK** Powder), Fat Powder (Coconut Oil; Whey Powder (**MILK**); **MILK** Proteins) Caramelised Sugar (Caramelised Sugar, Maltodextrin), Natural Flavouring, Thickener: Guar Gum, Biscoff Crumble (0.95%) **WHEAT** Flour, Sugar, Vegetable Oils (Palm\*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon. \* from sustainable and certified plantations, Vanilla Syrup (0.24%) (Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid)

Suitable for vegetarians

## SMOOTHIES

### Caribbean Crush Smoothie – V001

Water, Gluten Free **OATS** (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum, Apple Juice (34.09%) (from concentrate) Great Defender Smoothie Mix (31.82%) (Mango, Peach, Pineapple, Passionfruit),.

Suitable for vegetarians & vegans

### Spinach, Banana & Mango Smoothie – V001

Apple Juice (64.71%) (from concentrate), Vegan Green Protein Smoothie Pouch (35.29%) [Banana (25%), Spinach (20%), Mango (20%), Pineapple (20%), Pea Protein Pellets (12%) (Water, Pea Protein, Chlorella, Inactive Yeast, Spirulina), Chia Seeds (Salvia hispanica) (3%)]

Suitable for vegetarians & vegans

### Strawberry and Banana Smoothie – V001

Apple Juice (68.18%) (from concentrate) Strawberry and Banana Smoothie Pouch (31.82%) (Strawberry, Banana)

Suitable for vegetarians & vegans

### Very Berry Smoothie – V001

Apple Juice (71.43%) (from concentrate), Berry Nice Smoothie Mix (28.57%) (Strawberry, Mango, Blueberry, Raspberry, Pomegranate, Acai)

Suitable for vegetarians & vegans

# SOURDOUGH TOASTIES

## Brie, Bacon & Onion Marmalade Toastie – V001

Granary Sourdough (48%) (**WHEAT** Flour (**GLUTEN**) (Calcium Carbonate (E170), Iron, Niacin, Thiamine), Water, Malted **BARLEY**(**GLUTEN**), Granary Mix (Gluten)( Golden & Brown Linseeds, Millet, **WHEAT** Grains & Sunflower seeds), Salt, Brie (Pasteurised Cow's **MILK**) (28%), Red Onion Marmalade (10%) (Red Onions (24%), Demerara Sugar, Red Wine Vinegar, Muscovado Sugar, Dehydrated Red Onions (6%), Modified Tapioca Starch, Spirit Vinegar, Salt, Ground Black Pepper), Streaky Bacon (10%) (Pork Meat, Salt (E535), Acidity Regulator (E326), Antioxidants (E301, E331), Sodium Triphosphate, Preservatives (E250, E251, E252, E262), Spice Extracts, Smoke (Polysorbate 80), Sugar), Rocket (4%)

## Ham & Cheese Toastie – V001

Granary Sourdough (54.55%) (**WHEAT** Flour (**GLUTEN**) (Calcium Carbonate (E170), Iron, Niacin, Thiamine), Water, Malted **BARLEY**(**GLUTEN**), Granary Mix (**GLUTEN**)( Golden & Brown Linseeds, Millet, **WHEAT** Grains & Sunflower seeds), Salt, Gammon Ham (27.27%) (Pork Leg, Water, Salt, Dextrose, Stabilisers E451, E452, E450, Preservative E250, E252, E325, E262, Antioxidant (E301, E331), Yeast Extract, Sugar, Modified Waxy Maize Starch), Mature Cheddar (**MILK**) (18.18%)

## Houmous & Roasted Vegetable Toastie – V001

Granary Sourdough (39.34%) (**WHEAT** Flour (**GLUTEN**) (Calcium Carbonate (E170), Iron, Niacin, Thiamine), Water, Malted **BARLEY**(**GLUTEN**), Granary Mix (**GLUTEN**)( Golden & Brown Linseeds, Millet, **WHEAT** Grains & Sunflower seeds), Salt, Houmous (16.39%) (Cooked Chickpeas, Rapeseed Oil, Water, Tahini (**SESAME SEED** Paste), Salt, Garlic Granules, Acidity Regulator: Citric Acid. Preservative: Potassium Sorbate)), Red Peppers (15.57%), Yellow Peppers (15.57%), Sunblush Tomatoes (8.2%) (Semi-Dried Tomatoes, Rapeseed Oil, Salt, Garlic, Oregano), Spinach (1.64%), Balsamic Glaze (1.64%) (Aceto Balsamico di Modena IGP (40%) (Wine Vinegar (Wine, Water, Antioxidant: **SULPHITES**), Concentrated Grape Must and Juice, Colouring: Caramel E150d (Contains **SULPHITES**)), Thickener (Modified Starch)), Cold Pressed Rapeseed Oil (1.41%), Salt (0.16%), Cracked Black Pepper (0.07%)

Suitable for vegetarians & vegans

## HOT FLATBREADS

### BBQ Pulled Pork Flatbread – V001

Sourdough Flatbread (39.34%) (**WHEAT** Flour (Fortified with Calcium, Iron, Thiamin, Niacin), Water, Rapeseed Oil, Yeast, Salt, Sugar, Dextrose), Mozzarella and Cheddar (19.67%) Mozzarella (**MILK**, Salt, Lactic Culture,) White Cheddar (**MILK**, Salt, Starter, Rennet), Potato Starch, BBQ Sauce (16.39%) Sugar, Tomato Paste, Red Wine Vinegar, Water, Salt, Demerara Sugar, Modified Tapioca Starch, Black Treacle (cane molasses, inverted sugar syrup), Gravy Browning (Colour: **SULPHITE** Ammonia Caramel), Dijon **MUSTARD**, Onion Powder, Garlic Powder, Smoke Flavouring, Smoked Salt, Pulled Pork (13.11%) Pork (97%), Pea Starch, Triphosphates, Salt, Cracked Black Pepper, Streaky Bacon (9.84%) (Pork Meat, Salt (E535), Acidity Regulator (E326), Antioxidants (E301, E331), Sodium Triphosphate, Preservatives (E250, E251, E252, E262), Spice Extracts, Smoke (Polysorbate 80), Sugar), Rocket (1.64%)

### Sizzlin' Sunblush Tomato Flatbread – V001

Sourdough Flatbread (37.27%) [**WHEAT** Flour (Fortified with Calcium, Iron, Thiamin, Niacin), Water, Rapeseed Oil, Yeast, Salt, Sugar, Dextrose], Mozzarella and Cheddar Mix (18.63%) [Mozzarella (**MILK**, Salt, Lactic Culture,) White Cheddar (**MILK** Salt, Starter, Rennet), Potato Starch], Sunblush Tomatoes (13.98%) [Semi-dried Tomatoes, Vegetable Oils (Sunflower and Rapeseed Oil in Varying Proportions), Salt, Garlic, Balsamic Vinegar of Modena (Wine Vinegar, Concentrated Grape Must), Dried Oregano], Sundried Tomato Paste (11.18%) [Slow Roast Tomatoes (50%), Tomato Concentrate (21%), Sunflower Oil, Olive Oil, Salt, Oregano, Sugar, Garlic], Harissa Paste (7.45%) [Red Peppers, Tomato Puree, Rapeseed Oil, Salt, Chillies, Garlic, Cider Vinegar, Coriander, Spices, Paprika, Lemon Juice, Caraway Seeds, Spirit Vinegar, Paprika Oil], Red Roasted Peppers (Chef's Brigade) (6.21%) [Red Peppers, Water, Salt, Acidity Regulator: Citric Acid], Vegan Pesto Dressing (3.73%) [Extra Virgin Rapeseed Oil, Pesto (18%) (Basil, Sunflower Oil, Potato Flakes, Salt, Sugar, Extra Virgin Olive Oil, Garlic, Acidity Regulator: (Lactic Acid), Antioxidant: (Ascorbic Acid), Water, White Wine Vinegar (**SULPHITES**), Spirit Vinegar, Lemon Juice, Garlic Puree, Sugar, Salt, Black Pepper, Xanthan Gum, Guar Gum], Rocket (1.55%)

Suitable for vegetarians



## MEDIUM SALAD POTS

### Harissa Butternut, Cauliflower & Feta Salad – V001

Water (25.28%), Couscous (15.17%) durum **WHEAT** semolina, Houmous (13.41%) (Chickpeas, Rapeseed Oil, Water, Tahini (Hulled **SESAME** Seeds), Salt, Garlic, Acidity Regulator (Citric Acid), Preservative (Potassium Sorbate), Lemon Juice Concentrate), Cauliflower Florets (8.67%), Roasted Butternut Squash (7.96%) (Butternut Squash, Rapeseed Oil, Salt, Pepper), Green Peas (6.7%), Greek Feta Cheese (6.64%) (Pasteurised Sheep and Goats **MILK**), Spinach (4.89%), Rocket (3.54%), Pumpkin Seeds (2.21%), Sultanas (2.02%) (Sultanas, Sunflower Oil), Lemon Juice (1.85%) (Lemon Juice (from concentrate), Sodium Metabisulphite (**SULPHITE**)), Harissa Paste (0.8%) (Red Peppers, Tomato Puree, Rapeseed Oil, Salt, Chillies, Garlic, Cider Vinegar, Coriander, Spices, Paprika, Lemon Juice, Caraway Seeds, Spirit Vinegar, Paprika Oil), Mint (0.33%), Vegetable Oil (0.27%) (Rapeseed Oil, Antifoaming Agent (Dimethylpolysiloxane)), Salt (0.1%), Black Pepper (0.1%), Ground Turmeric (0.05%)

Suitable for vegetarians

### Pesto Parmesan Pasta – V001

Farfalle Pasta (53.05%) (Durum **WHEAT** Semolina) Green Pesto (20.63%) (Basil (54%), sunflower oil, cheese (**MILK**), potato flakes, **CASHEW NUTS** (3%), salt, sugar, extra virgin olive oil, pine nuts, yeast extract, garlic, acidity regulator: lactic acid., antioxidant: ascorbic acid) Cherry Tomatoes (16.84%) Rocket (6.32%) Vegetarian Parmesan (2.63%) (Whole Cow's **MILK**, Salt, Vegetarian Rennet) Basil (0.53%)

Suitable for vegetarians

## TRAYBAKES AND CAKES

### Carrot Cake Slice – V001

**WHEAT** flour (calcium carbonate, iron, niacin, thiamin), icing sugar, brown sugar, carrots 10%, oranges 9%, rapeseed oil, **SOYA** drink (water, **SOYA** beans, apple extract, acidity regulators (monopotassium phosphate, dipotassium phosphate), calcium carbonate, sea salt, gellan gum, vitamins B2, B12, D2), sultanas 4%, violife creamy (water, coconut oil, starch, sea salt, acidity regulator (glucono-delta-lactone), flavourings, olive extract, vitamin B12), **WALNUTS** 3%, plant butter (plant oils (sustainable palm, sunflower, rapeseed), water, sea salt, fava bean preparation, emulsifier (sunflower lecithin), natural flavourings), lemon juice, flax seeds, coconut 1%, raising agent (diphosphates, sodium carbonates, **WHEAT** flour (calcium carbonate, iron, niacin, thiamin)), mixed spices 1%, candied **HAZELNUTS** (sugar, **HAZELNUTS**), pumpkin seeds, sodium bicarbonate, salt, Madagascan vanilla paste, cornflower petals

Suitable for vegetarians & vegans

### Chocolate Caramel Shortcake – V001

Shortcake Base (43%) [Wheat Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Sugar, Butter (**MILK**), Vegetable Margarine [Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier (E471), Natural Flavouring], Cornflour, Salt], Caramel (42%) [Sweetened Condensed **MILK**, Salted Butter [Butter (**MILK**), Salt], Soft Brown Sugar, Golden Syrup], Milk Chocolate (15%) [Sugar, Cocoa Butter, Whole **MILK** Powder, Cocoa Mass, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring].

Suitable for vegetarians

### Salted Caramel Pecan Brownie – V001

Caramel (19%) (Sugar, Glucose Syrup, Sweetened Condensed **MILK**, Water, Butter (**MILK**), Golden Syrup, Palm Oil, Salt, Emulsifiers (Rapeseed Lecithin, Sorbitane Monostearate), Natural Flavouring), Belgium Dark Chocolate (18%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Sugar, Dark Chocolate Flavoured Coating (Sugar, Palm Oil, Fat Reduced Cocoa Powder, Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Whey Powder (**MILK**), Emulsifiers (**SOYA** Lecithin), Natural Flavouring), Pasteurised Free Range **EGG**, Butter (**MILK**), Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Margarine (Palm Oil, Rapeseed Oil, Water, Emulsifier (Mono- and Diglycerides of Fatty Acids)), Fudge Pieces (Sugar, Full Cream Condensed **MILK** (**MILK**, Sugar), Fondant (Sugar, Glucose, Water), Glucose (**SULPHITES**), Palm Oil, Water, Salt), Fat Reduced Cocoa Powder, Pecan **NUTS** (1.4%), Salt.

Suitable for vegetarians

### Lemon & Yuzu Bar – V001

Lemon curd 30% (sugar, free-range **EGG**, water, salted butter (butter (**MILK**), salt), concentrated lemon juice (**SULPHITES**), lemon oil, gelling agent (agar)), **EGG**, gluten free flour blend (rice, potato, tapioca, maize, buckwheat), sugar, vegetable fat spread (vegetable oils (coconut, rapeseed, sunflower), water, sea salt, faba bean preparation, emulsifier (lecithin), natural flavourings, colour (carotenes)), double cream (**MILK**), rapeseed oil, polenta (maize), tapioca starch, yuzu juice 2%, lemon juice 1.5%, thickener (xanthan gum)

Suitable for vegetarians

## Lime, Coconut & Pistachio Courgette Cake – V001

**WHEAT** Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Raising agents (Sodium Pyrophosphate, Sodium Bicarbonate), Pasteurised Whole **EGG**, Rapeseed Oil, Courgette (8.5%), Sugar, Sultanas, Vegetable Glycerine, Bicarbonate of Soda, Raising Agent (Sodium Hydrogen Carbonate), Mixed Spice, Coconut (2%) (**SULPHITES**).  
Vanilla Buttercream (26.8%): Icing Sugar, Unsalted Butter (**MILK**), Vegetable Fat (Palm, Vegetable Oil, Rapeseed, Water, Salt, Natural Flavouring), Vanilla Essence (Water, Monopropylene Glycol, Colour (Caramel E150a), Flavourings). Lime Marmalade (10%): Sugar, Glucose, Fructose Syrup, Lime Juice from concentrate, Lime Peel, Citric Acid, Gelling Agent (Pectins), Acidity Regulator (Sodium Citrates), Lime Oil, Colour (Chlorophylls and Chlorophyllins), Caramelised Sugar. **PISTACHIO NUTS** (1.5%), Flaked Coconut (0.5%) (**SULPHITES**).

Suitable for vegetarians

## COOKIES & BISCUITS

### Double Chocolate Cookie – V001

**WHEAT** Flour (**WHEAT** Flour Calcium Carbonate, Iron, Niacin, Thiamin), Milk Chocolate 18% (Sugar, Whole **MILK** Powder, Cocoa Butter, Cocoa Mass, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Vegetable Oils (Palm, Rapeseed), Soft Light Brown Sugar (Sugar, Cane Molasses), Sugar, Water, Fat Reduced Cocoa Powder 3%, Invert Sugar Syrup, Whole **EGG** Powder, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Skimmed **MILK** Powder, Salt, Natural Flavouring, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Xanthan Gum)

Suitable for vegetarians

### White Chocolate Cookie – V001

**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oils (Palm, Rapeseed), White Chocolate 19% (Sugar, Cocoa Butter, Whole **MILK** Powder, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Soft Light Brown Sugar (Sugar, Cane Molasses), Sugar, Invert Sugar Syrup, Whole **EGG** Powder, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Skimmed **MILK** Powder, Salt, Natural Flavouring, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Stabiliser (Xanthan Gum)

Suitable for vegetarians

# SCONES

## Plain Scone – V001

Scone mix (67.66%) **WHEAT** Flour (**WHEAT** flour, Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oils (Palm, rapeseed), Sugar, Raising agents, Dextrose, salt, Whey solids (**MILK**), whole **EGG** powder, Water (30.72%), Full Fat **MILK** (1.62%)

Suitable for vegetarians

## Sultana Scone – V001

Scone mix (61.87%) **WHEAT** Flour (**WHEAT** flour, Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oils (Palm, rapeseed), Sugar, Raising agents, Dextrose, salt, Whey solids (**MILK**), whole **EGG** powder Water (28.09%) Sultanas (8.55%) Full Fat **MILK** (1.48%)

Suitable for vegetarians

## With Butter

Cream (**MILK**), Salt

Suitable for vegetarians

## With Clotted Cream

Clotted Cream (**MILK**)

Suitable for vegetarians

## With Tiptree Strawberry Jam

Sugar, Strawberries, Gelling Agent: Citrus Pectin, Acidity Regulator: Citric Acid

Suitable for vegetarians & vegans

# MUFFINS

## Blueberry Muffin – V001

Mississippi Muffin Mix (51.71%) (Sugar, **WHEAT** Flour (Calcium, Iron, Niacin, Thiamin), Vegetable Oil, Dried Whole **EGG**, Modified Starch, **WHEAT** Starch, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Potassium Bicarbonate, Calcium Acid Pyrophosphate, Monocalcium Phosphate, Emulsifiers (E471, E477, E481), Dextrose, **WHEAT GLUTEN**, Stabiliser, Xanthan gum), Water (20.7%), Blueberries (13.29%), Vegetable Oil (11.82%), (Rapeseed Oil, Antifoaming Agent (Dimethylpolysiloxane)), Soft Cookie Mix (2.49%) (**WHEAT** Flour (Calcium, Iron, Niacin, Thiamin), Sugar, Vegetable Oil, Dried **EGG** Yolk, Dried Glucose Syrup, Dried **EGG** White, Raising Agents: Disodium Diphosphate, Sodium Bicarbonate, Potassium Bicarbonate, Emulsifier: Mono and Diglycerides of Fatty Acids, Salt, Flavouring)

Suitable for vegetarians

## Berries and Cream Muffin – V001

Mississippi Muffin Mix (45.53%) [Sugar, **WHEAT** Flour (Calcium, Iron, Niacin, Thiamin), Vegetable Oil, Dried Whole **EGG**, Modified Starch, **WHEAT** Starch, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Potassium Bicarbonate, Calcium Acid Pyrophosphate, Monocalcium Phosphate, Emulsifiers (E471, E477, E481), Dextrose, **WHEAT GLUTEN**, Stabiliser, Xanthan Gum], Water (18.23%), Rapeseed Oil (10.4%) Rapeseed Oil, Antifoaming Agent: E900, Summer Berry Jam (10.09%) Mixed Berry Sauce (Strawberries, Blackcurrants, Raspberries, Fruit Purees (Redcurrant puree, Blueberry Puree) Cane Sugar, Oligofructose, Glucose Syrup, Colour (Anthocyanins), Acidity Regulator (Citric acid, lemon), Rowanberry Extract, Stabiliser (Guar Gum)), Raspberries (9.07%), Mactop (6.05%) [Water, Fully and Partially Hydrogenated Vegetable Oil (Palm Kernel), Dextrose, Sugar, Humectant (Glycerol), **MILK** Protein, Emulsifiers (Polysorbate 60, Mono and di-glycerides, **SOYA** Lecithin), Stabilisers (Cellulose, Carboxymethyl Cellulose, Methyl Cellulose, Hydroxypropyl Methyl Cellulose), Acidity Regulators (Tri sodium Citrate, DiSodium Phosphate), Salt, Flavouring (Vanilla), Colour (Beta-Carotene)], Icing Sugar (0.5%) [Icing Sugar, Maize Starch], Freeze Dried Raspberries (0.13%)

Suitable for vegetarians

## Easter Muffin – V001

Mississippi Muffin Mix (45.28%) [Sugar, **WHEAT** Flour (Calcium, Iron, Niacin, Thiamin), Vegetable Oil, Dried Whole **EGG**, Modified Starch, **WHEAT** Starch, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Potassium Bicarbonate, Calcium Acid Pyrophosphate, Monocalcium Phosphate, Emulsifiers (E471, E477, E481), Dextrose, **WHEAT GLUTEN**, Stabiliser, Xanthan Gum], Water (18.63%), Chocolate Chips (10.86%) (Sugar, Vegetable Oil (Palm), Fat-Reduced Cocoa Powder, Emulsifiers (**SOYA** Lecithin, Sorbitan Tristearate), Natural Flavouring), Vegetable Oil (10.28%) [Rapeseed Oil, Antifoaming Agent (Dimethylpolysiloxane)], Mactop (5.38%) [Water, Fully and Partially Hydrogenated Vegetable Oil (Palm Kernel), Dextrose, Sugar, Humectant (Glycerol), **MILK** Protein, Emulsifiers (Polysorbate 60, Mono and di-glycerides, **SOYA** Lecithin), Stabilisers (Cellulose, Carboxymethyl Cellulose, Methyl Cellulose, Hydroxypropyl Methyl Cellulose), Acidity Regulators (Tri sodium Citrate, DiSodium Phosphate), Salt, Flavouring (Vanilla), Colour (Beta-Carotene)], Mini Eggs (4.64%) (Sugar, **MILK**, Cocoa Butter, Cocoa Mass, Skimmed **MILK** Powder, **WHEY** permeate powder (from **MILK**), vegetables fats (palm, shea), **MILK** fat, modified starches (maize, tapioca), emulsifiers (E442, E476), flavouring, maltodextrin, colours (anthocyanins, beetroot red, paprika extract, carotenes), Chocolate Dessert Sauce (3.38%) [Glucose Syrup, Water, Sugar, Dextrose, Humectant (Glycerine), Fat Reduced Cocoa Powder (6.5%), Belgian Dark Chocolate (3.5%) [Cocoa Mass, Cocoa Butter, Sugar, Dextrose, Emulsifier: **SOYA** Lecithin], Stabilisers (Guar Gum, Xanthan Gum), Modified Starch, Emulsifier (**SOYA** Lecithin), Natural Flavouring, Acidity Regulator (Citric Acid), Preservative (Sorbic Acid)], Milk Chocolate Shards (1.55%) (Sugar, Cocoa mass, Cocoa butter, Whole **MILK** powder; Skimmed **MILK** powder, Emulsifier: **SOYA** lecithin; Natural vanilla flavouring)

Suitable for vegetarians

## Banoffee Muffin – V001

Mississippi Muffin Mix (38.45%) [Sugar, **WHEAT** Flour (Calcium, Iron, Niacin, Thiamin), Vegetable Oil, Dried Whole **EGG**, Modified Starch, **WHEAT** Starch, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Potassium Bicarbonate, Calcium Acid Pyrophosphate, Monocalcium Phosphate, Emulsifiers (E471, E477, E481), Dextrose, **WHEAT GLUTEN**, Stabiliser, Xanthan Gum], Water (16.35%), Banana (11.18%), Chocolate Chips (9.57%) (Sugar, Vegetable Oil (Palm), Fat-Reduced Cocoa Powder, Emulsifiers (**SOYA** Lecithin, Sorbitan Tristearate), Natural Flavouring), Vegetable Oil (9.06%) [Rapeseed Oil, Antifoaming Agent (Dimethylpolysiloxane)], Toffee Dessert Sauce (7.69%) [Glucose Syrup, Reconstituted Skimmed **MILK**, Dextrose, Water, Humectant (Glycerol), Sugar, Vegetable Oil (Rapeseed), Modified Starch, Butter (**MILK**), Colour (Plain Caramel), Salt, Stabilisers (Guar Gum, Xanthan Gum), Flavouring, Preservative (Potassium Sorbate), Emulsifier (E435)], Mactop (6.15%) [Water, Fully and Partially Hydrogenated Vegetable Oil (Palm Kernel), Dextrose, Sugar, Humectant (Glycerol), **MILK** Protein, Emulsifiers (Polysorbate 60, Mono and di-glycerides, **SOYA** Lecithin), Stabilisers (Cellulose, Carboxymethyl Cellulose, Methyl Cellulose, Hydroxypropyl Methyl Cellulose), Acidity Regulators (Tri sodium Citrate, Disodium Phosphate), Salt, Flavouring (Vanilla), Colour (Beta-Carotene)], Milk Chocolate Shards (1.54%) (Sugar, Cocoa mass, Cocoa butter, Whole **MILK** powder; Skimmed **MILK** powder, Emulsifier: **SOYA** lecithin; Natural vanilla flavouring)

Suitable for vegetarians



# CRODOTS

## Biscoff® Crodot -V001

Crodot (55.94%) **WHEAT** Flour, Margarine (Vegetable Fat (Palm), Vegetable Oils (Sunflower, **SOYA**), Water, Emulsifier (E471), Acid (E330), Colour (E160a)), Vegetable Fat (Palm), Water, Sugar, Yeast, Salt, **WHEAT GLUTEN**, **WHEAT** Fibre, Flour Treatment Agent (E300), Mactop (23.69%) (Water, Fully and Partially Hydrogenated Vegetable Oil (Palm Kernel), Dextrose, Sugar, Humectant (Glycerol), **MILK** Protein, Emulsifiers (Polysorbate 60, Mono and di-glycerides, **SOYA** Lecithin), Stabilisers (Cellulose, Carboxymethyl Cellulose, Methyl Cellulose, Hydroxypropyl Methyl Cellulose), Acidity Regulators (Tri sodium Citrate, DiSodium Phosphate), Salt, Flavouring (Vanilla), Colour (Beta-Carotene)), Biscoff Topping Sauce (18.27%) Caramelised Biscuits 52% (**WHEAT** Flour, Sugar, Vegetable Oils (Palm\*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), **SOYA** Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Lecithins (**SOYA**)), Acid (Citric Acid). \*palm oil from sustainable and certified plantations, Biscoff Crumble (2.1%) **WHEAT** Flour, Sugar, Vegetable Oils (Palm\*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon. \*from sustainable and certified plantations

Suitable for vegetarians

## Chocolate & Hazelnut Crodot – V001

Crodot (57.97%) **WHEAT** Flour, Margarine (Vegetable Fat (Palm), Vegetable Oils (Sunflower, **SOYA**), Water, Emulsifier (E471), Acid (E330), Colour (E160a)), Vegetable Fat (Palm), Water, Sugar, Yeast, Salt, **WHEAT GLUTEN**, **WHEAT** Fibre, Flour Treatment Agent (E300), Mactop (25.22%) (Water, Fully and Partially Hydrogenated Vegetable Oil (Palm Kernel), Dextrose, Sugar, Humectant (Glycerol), **MILK** Protein, Emulsifiers (Polysorbate 60, Mono and di-glycerides, **SOYA** Lecithin), Stabilisers (Cellulose, Carboxymethyl Cellulose, Methyl Cellulose, Hydroxypropyl Methyl Cellulose), Acidity Regulators (Tri sodium Citrate, DiSodium Phosphate), Salt, Flavouring (Vanilla), Colour (Beta-Carotene)), Chocolate Sauce with Hazelnut Flavouring (14.64%) Vegetable Oil (Sunflower), Sugar, Chocolate 15% (Fat Reduced Cocoa Powder, Sugar, Cocoa Butter), Lactose (**MILK**), Low Fat Cocoa Powder, Emulsifier: **SOYA** Lecithin, Natural Flavouring, Antioxidant: Rosemary Extract, Roasted Hazelnuts (**NUTS**) (2.17%)

Suitable for vegetarians

## Custard & Raspberry Jam Crodot – V001

Crodot (58.29%) **WHEAT** Flour, Margarine (Vegetable Fat (Palm), Vegetable Oils (Sunflower, **SOYA**), Water, Emulsifier (E471), Acid (E330), Colour (E160a)), Vegetable Fat (Palm), Water, Sugar, Yeast, Salt, **WHEAT GLUTEN**, **WHEAT** Fibre, Flour Treatment Agent (E300), Mactop (20.81%) (Water, Fully and Partially Hydrogenated Vegetable Oil (Palm Kernel), Dextrose, Sugar, Humectant (Glycerol), **MILK** Protein, Emulsifiers (Polysorbate 60, Mono and di-glycerides, **SOYA** Lecithin), Stabilisers (Cellulose, Carboxymethyl Cellulose, Methyl Cellulose, Hydroxypropyl Methyl Cellulose), Acidity Regulators (Tri sodium Citrate, DiSodium Phosphate), Salt, Flavouring (Vanilla), Colour (Beta-Carotene)), Raspberry Jam (8.74%) (Raspberries, Cane Sugar, Lemons), Custard (8.34%) Reconstituted Skimmed **MILK**, Reconstituted Buttermilk (**MILK**), Water, Sugar, Modified Maize Starch, Palm Oil, **MILK** Proteins, Natural Flavouring, Colours (Beta Carotene, Paprika Extract), White Chocolate Dessert Sauce (3.64%) Water, Sugar, Dextrose, Skimmed **MILK** Powder, White Chocolate (9%) [Sugar, Cocoa Butter, Whole **MILK** Powder, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring], Humectant (Glycerol), Maltodextrin, White Chocolate Powder (2%) [Sugar, Cocoa Butter, Whole **MILK** Powder, Skimmed **MILK** Powder], Whey Powder (**MILK**), Modified Starch, Stabilisers (E466, E460, E415), Flavouring, Salt, Preservative (Sorbic Acid), Freeze Dried Raspberries (0.18%)

Suitable for vegetarians

## PASTRIES

### Almond Croissant – V001

**WHEAT** Flour (**GLUTEN**), {**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin}, Butter (**MILK**), **MILK**, Water, Sugar, **ALMONDS** (25%), Eggs, Custard Powder (Starch of maize (E1422), carotene (E160a), Vanilla, Yeast, Salt, **ALMOND** Extract (**ALMOND** oil, water), Sugar (97%), Maize Starch.

Suitable for vegetarians

### Chocolate Twist – V001

Flour (**WHEAT**; malted **WHEAT**; stabilised **WHEAT** germs); water; butter (**MILK**) (15.5%); sugar; cocoa mass; yeast; sweet whey powder (**MILK**); modified starch; **EGG**; **WHEAT** gluten; salt; skimmed **MILK** powder; thickener (E401); cream powder (**MILK**); stabilizer (E516; E450); flavouring; cocoa butter; natural vanilla flavouring; emulsifier (lecithins); carrot extract; Acerola powder; maltodextrin; enzymes.

Suitable for vegetarians

### Croissant – V001

**WHEAT** Flour, Fine Butter (**MILK**) 23%, Water, Yeast, Sugar, **EGGS**, Salt, **WHEAT** Gluten, Flour Treatment Agents (Alpha-Amylases, Hemicellulases, Ascorbic Acid)

Suitable for vegetarians

### Pain aux Raisins – V001

**WHEAT** Flour, Water, Butter (**MILK**), Raisins, Sugar, **EGG** White, Glucose-Fructose Syrup, Yeast, Modified Starch, **EGG**, Salt, Skimmed (**MILK**) Powder, Lactose (**MILK**), **MILK** Proteins, Cream (**MILK**) Powder, Whey (**MILK**) Powder, Emulsifier: E472e, Colour: Curcumin, Carrot Extract, Stabilisers: E450, E516, Thickener: E401, Flavouring, Flour Treatment Agent: Ascorbic Acid, E920, Enzymes

Suitable for vegetarians

## SAVOURY PASTRIES & BAGELS

### Cheese Straw – V001

**WHEAT** Flour (**WHEAT** flour, calcium carbonate, Iron, Niacin, Thiamin), Butter (**MILK**), Water, Cheddar Cheese (11%) (**MILK**), Parmesan Cheese (8%) (**MILK**), **EGGS**, Salt, Herb de Provence (Thyme, marjoram, rosemary, oregano, basil & tarragon)

### Chorizo Sausage Roll – V001

Pork (26%), **WHEAT** flour (WHEAT flour, calcium carbonate, iron, niacin, thiamine), water, vegetable fat (RSPO palm, rapeseed oil, water, salt, lemon juice concentrate), chorizo (pork, salt, paprika, dextrose, saccharose, dextrin, garlic, vegetable protein, emulsifier (E-450iii), preservatives (E-250, E-252), antioxidants (E-331, E-301), rosemary extract (E-392) (7%), butter (**MILK**), rusk (**WHEAT** flour, salt, raising agent (E503)), onions, seasoning (salt, white pepper, sage, pimento (allspice), nutmeg, coriander leaf), salt, dried sage, glaze (water, vegetable protein (pea), dextrose), smoked paprika)

### Cream Cheese, Mushroom & Onion Danish – V001

**WHEAT** Flour (**WHEAT** flour, calcium carbonate, Iron, Niacin, Thiamin), Butter (**MILK**), Mushrooms (11%), Water, MILK, Onion (7%), Cream Cheese (**MILK** 7%), Caster Sugar, **EGGS**, Gruyere (**MILK**), Herbs of Provence (Winter Thyme, Marjoram, Rosemary, Oregano, Basil, Savoury, Tarragon), Yeast, Salt

Suitable for vegetarians

### Prosciutto & Cheese Croissant – V001

**WHEAT** flour, fine butter (**MILK**) 23%, water, yeast, sugar, **EGGS**, salt, **WHEAT** gluten, flour treatment agents (alpha-amylases, hemicellulases, ascorbic acid), Prosciutto (Pork leg, Salt, Preservative: potassium nitrate (E252))

### Salmon & Cream Cheese Bagel – V001

Multiseed Bagel (**WHEAT** Flour (**GLUTEN**) (**WHEAT** Flour, Calcium carbonate, iron, niacin & thiamin), Water, Golden Linseeds (2.51%), Wholemeal Flour (**GLUTEN**) (Wheat, Calcium Carbonate (E170), Iron, Niacin, Thiamin), Malted **BARLEY** (**GLUTEN**)) Brown Linseeds (0.42%), Millet (0.42%), **WHEAT** Grains (0.42%) (**GLUTEN**), Sunflower Seeds (0.42%), Yeast, Salt), Salmon (**FISH** (96%), Salt, Sugar), Lemon, Black Pepper, Cucumber, Cream Cheese (Cream (**MILK**), Skimmed **MILK**, **MILK** Solids, Modified Starch, Salt), Chives

### Sausage Roll – V001

Pork (31%), **WHEAT** flour (**WHEAT** flour, calcium carbonate, iron, niacin, thiamine), water, vegetable fat (RSPO palm oil, rapeseed oil, water, salt, lemon juice concentrate), onion, rusk (**WHEAT** flour, salt, Raising Agent : E503), Butter (**MILK**), dried mixed herbs, whole pasteurised free range **EGG**, salt, sage

### Tomato, Basil & Gruyere Danish – V001

**WHEAT** Flour (**WHEAT** flour, calcium carbonate, Iron, Niacin, Thiamin), Butter (**MILK**), Tomato (12%), Water, Gruyere Cheese (4%) (**MILK**), **MILK**, Caster Sugar, **EGGS**, Herbs of Provence (Winter Thyme, Marjoram, Rosemary, Oregano, Basil, Savoury, Tarragon), Basil (1.6%), Salt, Yeast

Suitable for vegetarians

### Tomato & Cheese Croissant – V001

**WHEAT** Flour, fine butter (**MILK**) 23%, water, yeast, sugar, **EGGS**, salt, **WHEAT** gluten, flour treatment agents (alpha-amylases, hemicellulases, ascorbic acid), Tomato, Mature Cheddar (**MILK**)

Suitable for vegetarians

## TOAST & CONDIMENTS

### Butter – V001

Butter ((**MILK**), Salt)

Suitable for vegetarians

### Honey – V001

Honey (100%)

Suitable for vegetarians

### HP Brown Sauce – V001

Tomatoes, Malt Vinegar (from **BARLEY**), Molasses, Glucose - Fructose Syrup, Spirit Vinegar, Sugar, Dates, Modified Cornflour, **RYE** Flour, Salt, Spices, Flavourings, Tamarind

Suitable for vegetarians & vegans

### Marmalade – V001

Sugar, Seville Oranges, Gelling Agent: Citrus Pectin

Suitable for vegetarians & vegans

### Peanut Butter – V001

Roasted **PEANUTS**, Palm Oil, Brown Cane Sugar, Salt, **PEANUT** Oil

Suitable for vegetarians & vegans

### Sourdough Toast – V001

Granary Sourdough (**WHEAT** Flour (**GLUTEN**) (Calcium carbonate (E170), iron, niacin, thiamine), Water, Malted **BARLEY** (**GLUTEN**), Malted **BARLEY** (**GLUTEN**) Brown Linseeds (30%), Millet (25%), **WHEAT** Grains (25%) & Sunflower seeds (20%)), Salt)

## Tiptree Strawberry Jam – V001

Sugar, Strawberries, Gelling Agent: Citrus Pectin, Acidity Regulator: Citric Acid

Suitable for vegetarians & vegans

## Tomato Ketchup Sauce – V001

Tomatoes (148g per 100g Tomato Ketchup), Spirit Vinegar, Sugar, Salt, Spice and Herb Extracts (contain **CELERY**), Spice.

Suitable for vegetarians & vegans

# HOT BREAKFAST

## Bacon, Egg & Smashed Avo Roll – V001

Smoked Rindless Back Bacon (35.09%) Pork (87%), Water, Salt Preservatives; E252 (Potassium Nitrate), E250 (Sodium Nitrite), Anti-Oxidant; E301 (Sodium Ascorbate), Breakfast Roll (28.07%) **WHEAT** Flour, Water, Beer (Water, **BARLEY** malt, rice, hops), **WHEAT** Sourdough (Fermented **WHEAT** flour, water), **WHEAT** Semolina, Olive oil, Yeast, Sugar, Salt, Inverted sugar syrup, **WHEAT** Malt flour, Free Range **EGGS** (20.35%), Avocado (12.98%), Cold Pressed Rapeseed Oil (3.51%)

## Halloumi, Avocado, Rose Harissa & Spinach Roll – V001

Breakfast Roll (40.1%) **WHEAT** Flour, Water, Beer (Water, **BARLEY** malt, rice, hops), **WHEAT** Sourdough (Fermented **WHEAT** flour, water), **WHEAT** Semolina, Olive oil, Yeast, Sugar, Salt, Inverted sugar syrup, **WHEAT** Malt flour, Halloumi Cheese (31.33%) Cow, sheep and goat's **MILK**, salt, rennet (non animal), Avocado (18.55%), Baby Leaf Spinach (5.01%), Rose Harissa (Eu) (5.01%) Rehydrated Red Peppers, Vegetable Oils (Sunflower Oil and Rapeseed Oil in Varying Proportions), Spices, Garlic, Salt, rose Petals, Acidity Regulator: Citric Acid

Suitable for vegetarians

## Lincolnshire Sausage Roll – V001

Lincolnshire Sausage (63.64%) Pork (65%), Water, Rusk (**WHEAT** Flour (Fortified with Calcium Carbonate, Iron, Niacin, Thiamin), Pork Fat, Herbs (Lovage, Sage, Thyme), Dextrose, Spices (Black Pepper, Ginger, Mace, White Pepper), Salt, Yeast Extract, Stabilisers (E450), Preservative (Sodium **SULPHITE**), Onion Powder, Antioxidant (E300), Herb Extract (Sage)), Breakfast Roll (36.36%) **WHEAT** Flour, Water, Beer (Water, **BARLEY** malt, rice, hops), **WHEAT** Sourdough (Fermented **WHEAT** flour, water), **WHEAT** Semolina, Olive oil, Yeast, Sugar, Salt, Inverted sugar syrup, **WHEAT** Malt flour

## Smashed Avocado, Salsa & Toasted Seeds – V001

Granary Sourdough (**WHEAT** Flour (**GLUTEN**) (Calcium carbonate (E170), iron, niacin, thiamine), Water, Malted **BARLEY** (**GLUTEN**), Malted **BARLEY** (**GLUTEN**) Brown Linseeds (30%), Millet (25%), **WHEAT** Grains (25%) & Sunflower seeds (20%)), Salt), Avocado, Lime, Salt, Pumpkin Seeds, Sunflower Seeds, Glucose-Fructose Syrup, Diced Tomatoes, Tomato Paste, Water, Acidity Regulator (Acetic Acid), Rapeseed Oil, Green Jalapeno Peppers (Green Jalapeno Peppers, Water, Salt, Acidity Regulator (Acetic Acid), Firming Agent (Calcium Chloride), Preservatives (Sodium Benzoate, Sodium **METABISULPHITE**)), Salt, Minced Onion, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Dried Garlic, Dried Onion, Black pepper, Chilli Powder, Dried Parsley

Suitable for vegetarians & vegans

## Smoked Salmon & Scrambled Eggs – V001

Granary Sourdough (**WHEAT** Flour (**GLUTEN**) (Calcium carbonate (E170), iron, niacin, thiamine), Water, Malted **BARLEY (GLUTEN)**, Malted **BARLEY (GLUTEN)** Brown Linseeds (30%), Millet (25%), **WHEAT** Grains (25%) & Sunflower seeds (20%)), Salt), Salmon (**FISH** (96%), Salt, Sugar), Lemon, Cream Cheese (Cream (**MILK**), Skimmed **MILK, MILK** Solids, Modified Starch, Salt), Chives, Salt, Pepper, Rapeseed Oil

## The Full Euphorium Breakfast – V001

Granary Sourdough (**WHEAT** Flour (**GLUTEN**) (Calcium carbonate (E170), iron, niacin, thiamine), Water, Malted **BARLEY (GLUTEN)**, Malted **BARLEY (GLUTEN)** Brown Linseeds (30%), Millet (25%), **WHEAT** Grains (25%) & Sunflower seeds (20%)), Salt), Smoked Rindless Back Bacon (48.79%) Pork (87%), Water, Salt Preservatives; E252 (Potassium Nitrate), E250 (Sodium Nitrite), Anti-Oxidant; E301 (Sodium Ascorbate), Lincolnshire Sausage (28.46%) Pork (65%), Water, Rusk (**WHEAT** Flour (Fortified with Calcium Carbonate, Iron, Niacin, Thiamin), Herbs (Lovage, Sage, Thyme), Dextrose, Spices (Black Pepper, Ginger, Mace, White Pepper), Salt, Yeast Extract, Stabilisers (E450), Preservative (Sodium **SULPHITE**), Onion Powder, Antioxidant (E300), Herb Extract (Sage)), Pork Fat, Salt, Dextrose, Heinz Beans (Beans (51%), Tomatoes (34%), Water, Sugar, Spirit Vinegar, Modified Cornflour, Salt, Spice Extracts, Herb Extract), Hash Browns (Potatoes, Sunflower Oil, Salt, Onion Powder, Stabiliser (E450), White Pepper), Tomato, **EGGS**, Chives, Salt, Pepper, Rapeseed Oil, Butter ((**MILK**), Salt).

## The Full Vegetarian Breakfast – V001

Granary Sourdough (**WHEAT** Flour (**GLUTEN**) (Calcium carbonate (E170), iron, niacin, thiamine), Water, Malted **BARLEY (GLUTEN)**, Malted **BARLEY (GLUTEN)** Brown Linseeds (30%), Millet (25%), **WHEAT** Grains (25%) & Sunflower seeds (20%)), Salt), Halloumi ((Pasteurised **MILK** Blend (Cow's, Goat's and Sheep's **MILK**), Salt, Vegetarian Rennet), Heinz Beans (Beans (51%), Tomatoes (34%), Water, Sugar, Spirit Vinegar, Modified Cornflour, Salt, Spice Extracts, Herb Extract), Hash Browns (Potatoes, Sunflower Oil, Salt, Onion Powder, Stabiliser (E450), White Pepper), Tomato, **EGGS**, Chives, Salt, Pepper, Rapeseed Oil, Butter ((**MILK**), Salt)

Suitable for vegetarians

## Triple Bacon Roll – V001

Smoked Rindless Back Bacon (65.22%) Pork (87%), Water, Salt Preservatives; E252 (Potassium Nitrate), E250 (Sodium Nitrite), Anti-Oxidant; E301 (Sodium Ascorbate), Breakfast Roll (34.78%) **WHEAT** Flour, Water, Beer (Water, **BARLEY** malt, rice, hops), **WHEAT** Sourdough (Fermented **WHEAT** flour, water), **WHEAT** Semolina, Olive oil, Yeast, Sugar, Salt, Inverted sugar syrup, **WHEAT** Malt flour



## PANCAKES

### Banoffee Pancakes – V001

Banana (50%), Pancakes (34.29%) Water, **WHEAT** flour (with Calcium Carbonate, Iron, Niacin & Thiamin), Sugar, Whey Powder (**MILK**), Rapeseed Oil, Cornflour, Buttermilk Powder (**MILK**), **WHEAT** Starch, Sodium Diphosphate (E450i), Pasteurised Whole Free Range **EGG**, Sodium Bicarbonate (E500), Vanilla Flavour, Toffee Dessert Sauce (7.14%) Glucose Syrup, Reconstituted Skimmed **MILK**, Dextrose, Water, Humectant (Glycerol), Sugar, Vegetable Oil (Rapeseed), Modified Starch, Butter (**MILK**), Colour (Plain Caramel), Salt, Stabilisers (Guar Gum, Xanthan Gum), Flavouring, Preservative (Potassium Sorbate), Emulsifier (E435), Double Cream (**MILK**) (6.43%), Whole **MILK** (1.93%), Vanilla Syrup (0.21%) (Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid)

Suitable for vegetarians

### Berry Compote Pancakes – V001

Pancakes (52.17%) Water, **WHEAT** flour (with Calcium Carbonate, Iron, Niacin & Thiamin), Sugar, Whey Powder (**MILK**), Rapeseed Oil, Cornflour, Buttermilk Powder (**MILK**), **WHEAT** Starch, Sodium Diphosphate (E450i), Pasteurised Whole Free Range **EGG**, Sodium Bicarbonate (E500), Vanilla Flavour, Mixed Berries (31.65%) (Raspberries, Redcurrants, Blackcurrants, Blueberries, Blackberries, Strawberries), Double Cream (**MILK**) (9.78%), Icing Sugar (3.13%) (Icing Sugar, Maize Starch), Whole **MILK** (2.93%), Vanilla Syrup (0.33%) (Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid)

Suitable for vegetarians

### Maple, Bacon & Egg Pancakes – V001

Pancakes (49.38%) Water, **WHEAT** flour (with Calcium Carbonate, Iron, Niacin & Thiamin), Sugar, Whey Powder (**MILK**), Rapeseed Oil, Cornflour, Buttermilk Powder (**MILK**), **WHEAT** Starch, Sodium Diphosphate (E450i), Pasteurised Whole Free Range **EGG**, Sodium Bicarbonate (E500), Vanilla Flavour, Free Range **EGGS** (23.87%), Streaky Bacon (12.35%) (Pork Meat, Salt (E535), Acidity Regulator (E326), Antioxidants (E301, E331), Sodium Triphosphate, Preservatives (E250, E251, E252, E262), Spice Extracts, Smoke (Polysorbate 80), Sugar), Maple Syrup (10.29%), Cold Pressed Rapeseed Oil (4.12%)

## PORRIDGE

\*Standard Milk is whole dairy milk but customers may request non-dairy milks (if so please refer to the Milk part of the allergen pack)

### Banana & Peanut Butter Porridge (Classic Banana) – V001

Gluten Free **OATS**, Whole **MILK**, Banana, Honey, **PEANUT** Butter, Sunflower Seeds, Pumpkin Seeds.

Suitable for vegetarians

### Blueberry Crunch Porridge – V001

Gluten Free **OATS**, Whole **MILK**, Cinnamon, Banana, Blueberries, **PECAN (NUTS)**, Cocoa Nibs (Cocoa Beans), Maple Syrup (100% Pure Maple Syrup).

Suitable for vegetarians

### Granola Bowl with Natural Yoghurt – V001

Oatflakes (**OATS**), Sugar, Raisins, Palm Oil, **ALMONDS (NUTS)**, Honey, Desiccated Coconut, Maple Syrup, Ground Cinnamon), Greek Style Yoghurt (**MILK**), Banana, Blueberries, Mixed Berries (Raspberries, Redcurrants, Blackcurrants, Blueberries, Blackberries, Strawberries), Maple Syrup (100% Pure Maple Syrup).

Suitable for vegetarians

### Peanut Butter and Raspberry Jam Porridge – V001

Whole **MILK** (77.27%), Gluten Free **OATS** (12.12%), Raspberry Jam (9.09%) (Raspberries, Cane Sugar, Lemons), Peanut Butter (Roasted **PEANUTS**) (1.52%)

Suitable for vegetarians

## SOUPS

### Chicken & Country Vegetables with Butterbeans – V001

Water, Chicken (16.7%), Potato, Butter Beans (12%), Onions (Onions, Rapeseed Oil), Carrots (5%), Swede(5%), Parsnip (5%), Celeriac (**CELERY**)(5%), Bouillon (Sea Salt, Maltodextrin, Rice Flour, Onion, Carrot, Parsnip), Yeast Extract, Sunflower Oil, Parsley, Turmeric), Potato Powder (Potato (99%)), Emulsifier (E471), Stabilizer (E450), Antioxidant: Sodium **METABISULPHITE** (E223)), Parsley, Thyme, Black Pepper

### Chunky Minestrone – V001

Water, Potatoes, Cauliflower, Leeks, Tomatoes, Peas, Carrots, **CELERY**, Beans, Savoy Cabbage, Borlotti's, Courgettes, Basil, Onions (Onions, Rapeseed Oil), Tomatoes (Tomatoes, Tomato Juice, Acidity Regulator (Citric Acid)), Tomato Paste, Pasta (Durum **WHEAT** Semolina, Water), Organic Vegetable Bouillon (Sea Salt, Maltodextrin, Rice Flour, Onion, Carrot, Parsnip), Yeast Extract, Sunflower Oil, Parsley, Turmeric), Extra Virgin Olive Oil, Garlic, Parsley, Basil, Black Pepper

Suitable for vegetarians & vegans

### Granary Sourdough and Butter – V001

Granary Sourdough (**WHEAT** Flour (**GLUTEN**) (Calcium carbonate (E170), iron, niacin, thiamine), Water, Malted **BARLEY (GLUTEN)**, Malted **BARLEY (GLUTEN)** Brown Linseeds (30%), Millet (25%), **WHEAT** Grains (25%) & Sunflower seeds (20%)), Salt), Butter ((**MILK**), Salt).

Suitable for vegetarians

### Spicy Lentil Dhal – V001

Water, Tomatoes (Tomatoes, Tomato Juice, Acidity Regulator (Citric Acid)), Chana Dhal (23.2%), Onions (Rapeseed Oil), Lemon Juice (1%), Vegetable Bouillon (Sea Salt, Maltodextrin, Rice Flour, Vegetables (Onion, Carrot, Parsnip), Yeast Extract, Sunflower Oil, Parsley, Turmeric), Rapeseed Oil, Coriander Leaves, Ginger, Cumin, Turmeric, **MUSTARD** Seeds, Chillies, Curry Leaves, Black Pepper

Suitable for vegetarians & vegans

## BAGUETTES

### Egg, Spinach and Tomato on White Baguette – V001

White Baguette (40.38%) (**WHEAT** Flour (with Calcium, Iron, Niacin, Thiamin), Water, Yeast, Salt, Flour Treatment Agent (E300)), Free Range **EGG** (26.29%), Tomatoes (17.31%), Mayonnaise (6.18%) (Rapeseed Oil (64.5%), Water, Spirit Vinegar, Pasteurised Free Range **EGG** Yolk (3.5%), Sugar, Salt, Modified Potato Starch, Stabiliser (Guar gum, Xanthan gum), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), **MUSTARD** Flour, Lemon Juice Concentrate, Colour (Paprika)), Salad Cream (3.87%) (Water, Rapeseed Oil, Glucose-Fructose Syrup, Spirit Vinegar, Sugar, Pasteurised **EGG** Yolk, Modified Maize Starch, Salt, **MUSTARD** Flour, Acidity Regulator (Acetic Acid), Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Colour (Riboflavin)), Spinach (3.85%), Soured Cream (1.93%) (**MILK**), Cracked Black Pepper (0.19%)

Suitable for vegetarians

### Tuna Mayonnaise & Cucumber on White Baguette – V001

White Baguette (44.49%) (**WHEAT** Flour (with Calcium, Iron, Niacin, Thiamin), Water, Yeast, Salt, Flour Treatment Agent (E300)) Tuna (**FISH**) (31.78%) (Tuna (**FISH**), Water, Salt) Cucumber (12.71%) Mayonnaise (10.59%) (Water, Rapeseed Oil, Thickening Agent (Modified Maize Starch), Spirit Vinegar, Sugar, Pasteurised Free Range **EGG** Yolk (1%), Salt, Stabilisers (Guar Gum, Xanthan Gum), Concentrated Lemon Juice, Acidity Regulator: Acetic Acid, Texture Enhancer (Citrus Fibre, Dextrose), **MUSTARD** Flour, Preservative (Potassium sorbate, Sodium Benzoate) Natural Colour: Beta Carotene, Paprika) Cracked Black Pepper (0.42%)

## HOT FOOD ADD-ONS

### Bacon – V001

Pork (87%), Water, Salt Preservatives; E252 (Potassium Nitrate), E250 (Sodium Nitrite), Anti-Oxidant; E301 (Sodium Ascorbate)

### Greek Yoghurt – V001

Greek Style Yoghurt (**MILK**)

Suitable for vegetarians

### Halloumi – V001

Cow, Sheep and Goat's **MILK**, Salt, Rennet (Non-animal) 'may contain traces of mint'

Suitable for vegetarians

### Hash Browns – V001

Potatoes, Sunflower Oil, Salt, Onion Powder, Stabiliser (E450), White Pepper

Suitable for vegetarians & vegans

### Sausage – V001

Pork (65%), Water, Rusk (**WHEAT** Flour (Fortified with Calcium Carbonate, Iron, Niacin, Thiamin), Pork Fat, Herbs (Lovage, Sage, Thyme), Dextrose, Spices (Black Pepper, Ginger, Mace, White Pepper), Salt, Yeast Extract, Stabilisers (E450), Preservative (Sodium **SULPHITE**), Onion Powder, Antioxidant (E300), Herb Extract (Sage))

### Smoked Salmon – V001

**SALMON** (*Salmo salar*) (**FISH**) (96%), Salt, Sugar

## DELI SANDWICHES

### Balsamic Beetroot, Feta & Houmous Sandwich – V001

Focaccia (32%) (**WHEAT** Flour (**GLUTEN**) (**WHEAT** Flour, Calcium carbonate, iron, niacin & thiamin), Water, Blended Oil (Sunflower 65% & Olive Oil 35%), Salt, Yeast, Rosemary), Houmous (26.67%) (Cooked Chickpeas, Rapeseed Oil, Water, Tahini (**SESAME SEED** Paste), Salt, Garlic Granules, Acidity Regulator: Citric Acid. Preservative: Potassium Sorbate)), Beetroot (22.82%), Greek Feta Cheese (8%) (Pasteurised Sheep and Goats **MILK**), Balsamic Glaze (6.52%) (Aceto Balsamico di Modena IGP (40%) (Wine Vinegar (Wine, Water, Antioxidant: **SULPHITES**), Concentrated Grape Must and Juice, Colouring: Caramel E150d (Contains **SULPHITES**)), Thickener (Modified Starch)), Rocket (4%)

Suitable for vegetarians

### Roasted Red Pepper, Mozzarella & Pesto Sandwich – V001

Focaccia (37.8%) (**WHEAT** Flour (**GLUTEN**) (**WHEAT** Flour, Calcium carbonate, iron, niacin & thiamin), Water, Blended Oil (Sunflower 65% & Olive Oil 35%), Salt, Yeast, Rosemary), Red Roasted Peppers (28.35%) Red Peppers (60%), Water, Salt, Sugar, Acidity Regulator: Citric Acid, Mozzarella Cheese (**MILK**) (19.69%), Green Pesto (9.45%) (Basil (54%), sunflower oil, cheese (**MILK**), potato flakes, **CASHEW NUTS** (3%), salt, sugar, extra virgin olive oil, pine nuts, yeast extract, garlic, acidity regulator: lactic acid., antioxidant: ascorbic acid), Rocket (4.72%)

Suitable for vegetarians

### Tuna & Jalepeño Sandwich – V001

Focaccia (40.68%) (**WHEAT** Flour (**GLUTEN**) (**WHEAT** Flour, Calcium carbonate, iron, niacin & thiamin), Water, Blended Oil (Sunflower 65% & Olive Oil 35%), Salt, Yeast, Rosemary), Tuna (**FISH**) (30.51%) (Tuna (**FISH**), Water, Salt, Stabiliser (Xanthan Gum)), Mayonnaise (10.17%) Rapeseed Oil, Water, Spirit Vinegar, Sugar, Modified Maize Starch, Pasteurised Free Range **EGG** Yolk, Modified Potato Starch, Stabiliser (Guar Gum, Xanthan Gum), Salt, Preservatives: (Acetic Acid, Citric Acid), Potassium Sorbate, Colour: Lutein, Jalapeños (6.78%), Water, Spirit Vinegar, Salt, Firming Agent: Calcium Chloride, Mature Cheddar Slices (**MILK**) (6.78%), Baby Leaf Spinach (3.39%), Sriracha Sauce (1.69%) (Water, Red Chillies, Sugar, Minced Garlic, Salt, Glucose-Fructose Syrup, Modified Maize Starch, Acid (Acetic Acid), Stabiliser (Xanthan Gum), Preservative (Sodium Benzoate), Colour (Paprika Extract), Chilli Extract

### Spicy Chicken Sandwich – V001

Focaccia (36.92%) (**WHEAT** Flour (**GLUTEN**) (**WHEAT** Flour, Calcium carbonate, iron, niacin & thiamin), Water, Blended Oil (Sunflower 65% & Olive Oil 35%), Salt, Yeast, Rosemary), Chicken (27.69%) (Chicken Breast, Salt), Red Cabbage (9.23%), Mayonnaise (9.23%) Rapeseed Oil, Water, Spirit Vinegar, Sugar, Modified Maize Starch, Pasteurised Free Range **EGG** Yolk, Modified Potato Starch, Stabiliser (Guar Gum, Xanthan Gum), Salt, Preservatives: (Acetic Acid, Citric Acid), Potassium Sorbate, Colour: Lutein, Rocket (4.62%), Water (4.02%) Red Onion (3.23%), Gochujang Paste (3.08%) Miso paste (water, **SOYABEANS**, rice, salt), golden syrup, soy sauce (water, **SOYABEANS**, **WHEAT**, salt), water, Korean red pepper (10%), garlic, rice vinegar (water, rice, salt), preservative: potassium sorbate, White wine vinegar (1.62%) (White Wine, Water, Antioxidant (Sodium Metabisulphite (**SULPHITE**))), Icing Sugar (0.23%) (Icing Sugar, Maize Starch), Salt (0.14%)

## SIDE SALADS

### Butternut Squash Side Salad – V001

Butternut Squash (44.75%), Chickpeas (30.35%) (Chickpeas, Ascorbic Acid), Orange Juice from Concentrate (8.74%), Red Onion (7.59%), Cold Pressed Rapeseed Oil (3.5%), Coriander (1.9%), Parsley (1.9%), Garlic Puree (0.93%) (Garlic, Citric Acid), Salt (0.23%), Cracked Black Pepper (0.12%)

Suitable for vegetarians & vegans

## POACHED EGG DISHES

### Eggs Benedict – V001

Free Range **EGGS** (29.37%), Smoked Rindless Back Bacon (25.32%) [Pork (87%), Water, Salt Preservatives; E252 (Potassium Nitrate), E250 (Sodium Nitrite), Anti-Oxidant; E301 (Sodium Ascorbate)], Hollandaise Sauce (25.32%) [Water, Vegetable Oil (Rapeseed, Palm), Butter (**MILK**) (7%), Modified Starch,, Reconstituted **EGG** Yolk (4.5%), Emulsifiers (Polysorbate 60, Mono- and diglycerides of fatty acids), Lemon Juice from Concentrate (1%), White Wine Vinegar, Sugar, Flavouring, Salt, Acidity Regulator (Citric acid), Dried Onion, Colour (Beta-Carotene)], English Muffin (18.23%) [Wheat Flour, (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Semolina (**WHEAT**), Salt, Yeast, **SOYA** Flour, Sugar, Palm Oil, Spirit Vinegar, Emulsifier (E472e), Preservative (E282), Flour Treatment Agent (E300)], Rocket (1.27%), Smoked Paprika (0.25%), Vegetable Oil (0.25%) [Rapeseed Oil, Antifoaming Agent (Dimethylpolysiloxane)]

### Eggs Florentine – V001

Free Range **EGGS** (32.68%), Hollandaise Sauce (28.17%) [Water, Vegetable Oil (Rapeseed, Palm), Butter (**MILK**) (7%), Modified Starch,, Reconstituted **EGG** Yolk (4.5%), Emulsifiers (Polysorbate 60, Mono- and diglycerides of fatty acids), Lemon Juice from Concentrate (1%), White Wine Vinegar, Sugar, Flavouring, Salt, Acidity Regulator (Citric acid), Dried Onion, Colour (Beta-Carotene)], English Muffin (20.28%) [**WHEAT** Flour, (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Semolina (**WHEAT**), Salt, Yeast, **SOYA** Flour, Sugar, Palm Oil, Spirit Vinegar, Emulsifier (E472e), Preservative (E282), Flour Treatment Agent (E300)], Baby Leaf Spinach (16.9%), Rocket (1.41%), Smoked Paprika (0.28%), Vegetable Oil (0.28%) [Rapeseed Oil, Antifoaming Agent (Dimethylpolysiloxane)]

Suitable for vegetarians

### Eggs Royale – V001

Free Range **EGGS** (33.62%)

Hollandaise Sauce (28.99%) [Water, Vegetable Oil (Rapeseed, Palm), Butter (**MILK**) (7%), Modified Starch,, Reconstituted **EGG** Yolk (4.5%), Emulsifiers (Polysorbate 60, Mono- and diglycerides of fatty acids), Lemon Juice from Concentrate (1%), White Wine Vinegar, Sugar, Flavouring, Salt, Acidity Regulator (Citric acid), Dried Onion, Colour (Beta-Carotene)], English Muffin (20.87%) [**WHEAT** Flour, (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Semolina (**WHEAT**), Salt, Yeast, **SOYA** Flour, Sugar, Palm Oil, Spirit Vinegar, Emulsifier (E472e), Preservative (E282), Flour Treatment Agent (E300)], Salmon (14.49%) **SALMON** (*Salmo salar*) (**FISH**) (96%), salt, Sugar, Rocket (1.45%), Smoked Paprika (0.29%), Vegetable Oil (0.29%) [Rapeseed Oil, Antifoaming Agent (Dimethylpolysiloxane)]

Suitable for vegetarians

## SUB ROLLS

### The Korean BBQ Chicken Sub Roll – V001

Seeded Sub Roll (33.93%) Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Wholemeal (**WHEAT**) **WHEAT** Flour, Water, Rapeseed Oil, Potato Flakes (Potato Flakes, Emulsifier Mono & Di Glycerides Of Fatty Acids (E471)), Dough Conditioner (Pre-Gelatinized **WHEAT** Flour, Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Flour Treatment Agent (Ascorbic Acid (E300))), Sugar, Softener (Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin)), Yeast, Salt, Bread Improver (Emulsifier: Mono And Diglycerides Of Fatty Acids (E471), Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin)), **BARLEY** Malt Flour, Brown Linseeds, Golden Linseeds, Millet Seeds, Blue Poppy Seeds, Chicken (22.96%) [Chicken Breast, Salt], Red Cabbage (9.41%), Gochujang Paste (6.82%) [Miso Paste (Water, **SOYABEANS**, Rice, Salt), Golden Syrup, Soy Sauce (Water, **SOYABEANS**, **WHEAT**, Salt), Water, Korean Red Pepper (10%), Garlic, Rice Vinegar (Water, Rice, Salt), Preservative: Potassium Sorbate], Mayonnaise (6.7%) [Rapeseed Oil, Water, Spirit Vinegar, Sugar, Modified Maize Starch, Pasteurised Free Range **EGG** Yolk, Modified Potato Starch, Stabiliser (Guar Gum, Xanthan Gum), Salt, Preservatives: (Acetic Acid, Citric Acid), Potassium Sorbate, Colour: Lutein], White Cabbage (4.71%), Chinese Cabbage (4.71%), Carrots (4.71%), Honey (2.3%), Ginger (1.54%), White wine vinegar (0.7%) [White Wine, Water, Antioxidant (Sodium Metabisulphite (**SULPHITE**))], Sriracha Sauce (0.57%) [Water, Red Chillies, Sugar, Minced Garlic, Salt, Glucose-Fructose Syrup, Modified Maize Starch, Acid (Acetic Acid), Stabiliser (Xanthan Gum), Preservative (Sodium Benzoate), Colour (Paprika Extract), Chilli Extract], Garlic Puree (0.57%) [Garlic, Citric Acid], Vegetable Oil (0.32%) [Rapeseed Oil, Antifoaming Agent (Dimethylpolysiloxane)], Salt (0.03%)

### The Italian Sub Roll – V001

Seeded Sub Roll (35.58%) Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Wholemeal (**WHEAT**) **WHEAT** Flour, Water, Rapeseed Oil, Potato Flakes (Potato Flakes, Emulsifier Mono & Di Glycerides Of Fatty Acids (E471)), Dough Conditioner (Pre-Gelatinized **WHEAT** Flour, Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Flour Treatment Agent (Ascorbic Acid (E300))), Sugar, Softener (Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin)), Yeast, Salt, Bread Improver (Emulsifier: Mono And Diglycerides Of Fatty Acids (E471), Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin)), **BARLEY** Malt Flour, Brown Linseeds, Golden Linseeds, Millet Seeds, Blue Poppy Seeds, Tomatoes (16.85%), Gammon Ham (14.98%) [Pork, Water, Cure (Modified Waxy Maize Starch, Salt, Stabiliser (Triphosphates), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)), Salt, Preservatives (Sodium Lactate, Sodium Acetate)], Italian Sliced Salami (11.24%) Pork, Salt, Dextrose, Saccharose, Flavouring, Spices, Antioxidant : E301, Preservative: Sodium Nitrite, Preservative: Potassium Nitrate, Mayonnaise (8.4%) [Rapeseed Oil (64.5%), Water, Spirit Vinegar, Pasteurised Free Range **EGG** Yolk (3.5%), Sugar, Salt, Modified Potato Starch, Stabiliser (Guar gum, Xanthan gum), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), **MUSTARD** Flour, Lemon Juice Concentrate, Colour (Paprika)], Cheese, Emmental (7.49%), Cos Lettuce (4.49%), Balsamic Glaze (0.72%) [Aceto Balsamico di Modena IGP (40%) (Wine Vinegar (Wine, Water, Antioxidant: **SULPHITES**), Concentrated Grape Must and Juice, Colouring: Caramel E150d (Contains **SULPHITES**)), Thickener (Modified Starch)], Dried Oregano (0.24%) Oregano



## RUSTIC WHITE ROLLS

### Gammon Ham & Mature Cheddar Roll – V001

Rustic White Roll (41.03%) Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Bakery Improver (Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Salt, Emulsifiers: Mono- And Diglycerides Of Fatty Acids (E471), Sodium Stearoyl-2-Lactylate (E481)), Vegetable Oils (Palm, Rapeseed), Inactive Dry Yeast, Flour Treatment Agent: Ascorbic Acid (E300)), Potato Flakes (Potato Flakes, Emulsifier Mono & Di Glycerides Of Fatty Acids (E471)), Yeast, Organic Oat (**CEREALS**)**MILK** (Spring Water, Organic **GLUTEN** Free Oats, Sunflower Oil, Sea Salt), Rapeseed Oil, Preservative: Calcium Propionate (E282), Gammon Ham (30.77%) [Pork, Water, Cure (Modified Waxy Maize Starch, Salt, Stabiliser (Triphosphates), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)), Salt, Preservatives (Sodium Lactate, Sodium Acetate)], Mature Cheddar (**MILK**) (15.38%), Mayonnaise (12.82%) [Rapeseed Oil (64.5%), Water, Spirit Vinegar, Pasteurised Free Range **EGG** Yolk (3.5%), Sugar, Salt, Modified Potato Starch, Stabiliser (Guar gum, Xanthan gum), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), **MUSTARD** Flour, Lemon Juice Concentrate, Colour (Paprika)]

### Mature Cheddar & Tomato Roll – V001

Rustic White Roll (44.44%) Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Bakery Improver (Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Salt, Emulsifiers: Mono- And Diglycerides Of Fatty Acids (E471), Sodium Stearoyl-2-Lactylate (E481)), Vegetable Oils (Palm, Rapeseed), Inactive Dry Yeast, Flour Treatment Agent: Ascorbic Acid (E300)), Potato Flakes (Potato Flakes, Emulsifier Mono & Di Glycerides Of Fatty Acids (E471)), Yeast, Organic Oat (**CEREALS**)**MILK** (Spring Water, Organic **GLUTEN** Free Oats, Sunflower Oil, Sea Salt), Rapeseed Oil, Preservative: Calcium Propionate (E282), Tomatoes (25%), Mature Cheddar (**MILK**) (16.67%), Mayonnaise (13.89%) [Rapeseed Oil (64.5%), Water, Spirit Vinegar, Pasteurised Free Range **EGG** Yolk (3.5%), Sugar, Salt, Modified Potato Starch, Stabiliser (Guar gum, Xanthan gum), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), **MUSTARD** Flour, Lemon Juice Concentrate, Colour (Paprika)]

Suitable for vegetarians

## RUSTIC WHITE ROLLS

### Gammon Ham & Mature Cheddar Roll – V001

Rustic White Roll (41.03%) Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Bakery Improver (Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Salt, Emulsifiers: Mono- And Diglycerides Of Fatty Acids (E471), Sodium Stearoyl-2-Lactylate (E481)), Vegetable Oils (Palm, Rapeseed), Inactive Dry Yeast, Flour Treatment Agent: Ascorbic Acid (E300)), Potato Flakes (Potato Flakes, Emulsifier Mono & Di Glycerides Of Fatty Acids (E471)), Yeast, Organic Oat (**CEREALS**)**MILK** (Spring Water, Organic **GLUTEN** Free Oats, Sunflower Oil, Sea Salt), Rapeseed Oil, Preservative: Calcium Propionate (E282), Gammon Ham (30.77%) [Pork, Water, Cure (Modified Waxy Maize Starch, Salt, Stabiliser (Triphosphates), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)), Salt, Preservatives (Sodium Lactate, Sodium Acetate)], Mature Cheddar (**MILK**) (15.38%), Mayonnaise (12.82%) [Rapeseed Oil (64.5%), Water, Spirit Vinegar, Pasteurised Free Range **EGG** Yolk (3.5%), Sugar, Salt, Modified Potato Starch, Stabiliser (Guar gum, Xanthan gum), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), **MUSTARD** Flour, Lemon Juice Concentrate, Colour (Paprika)]

## SAVOURY PASTRIES

### Gammon Ham & Mature Cheddar Roll – V001

Rustic White Roll (41.03%) Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Bakery Improver (Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Salt, Emulsifiers: Mono- And Diglycerides Of Fatty Acids (E471), Sodium Stearoyl-2-Lactylate (E481)), Vegetable Oils (Palm, Rapeseed), Inactive Dry Yeast, Flour Treatment Agent: Ascorbic Acid (E300)), Potato Flakes (Potato Flakes, Emulsifier Mono & Di Glycerides Of Fatty Acids (E471)), Yeast, Organic Oat (**CEREALS**)**MILK** (Spring Water, Organic **GLUTEN** Free Oats, Sunflower Oil, Sea Salt), Rapeseed Oil, Preservative: Calcium Propionate (E282), Gammon Ham (30.77%) [Pork, Water, Cure (Modified Waxy Maize Starch, Salt, Stabiliser (Triphosphates), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)), Salt, Preservatives (Sodium Lactate, Sodium Acetate)], Mature Cheddar (**MILK**) (15.38%), Mayonnaise (12.82%) [Rapeseed Oil (64.5%), Water, Spirit Vinegar, Pasteurised Free Range **EGG** Yolk (3.5%), Sugar, Salt, Modified Potato Starch, Stabiliser (Guar gum, Xanthan gum), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), **MUSTARD** Flour, Lemon Juice Concentrate, Colour (Paprika)]