

Euphorium®

ALLERGEN INFORMATION PACK

2024

OUR FOOD IS HANDMADE BY REAL PEOPLE AND WE USE SHARED EQUIPMENT: DUE TO A HIGH RISK OF CONTAMINATION WE CAN'T GUARANTEE THAT ANY OF OUR PRODUCTS ARE COMPLETELY ALLERGEN-FREE.

SUPPLY CHAIN

This pack contains the ingredient declarations for many of the food products that we sell in our stores. Items such as crisps and bottled drinks with printed declarations included on the packaging are not included within this Allergens Information pack.

The information contained within this pack is only accurate if brand standard ingredients – supplied by Blakemore Food Service – are used.

If alternative suppliers or ingredients are used, sites are responsible for maintaining their own accurate Allergens Information Pack. It is a legal requirement that this information is always available to customers in store.

USING THE DECLARATION PACK

All products contained within this pack are detailed in the contents page. Using the contents page to search for information is the most efficient way to search this pack.

Products are included as complete declarations, with ingredients listed for easy reference.

The full ingredient breakdown is listed for each individual product and the 14 declared allergens are **EMBOLDENED** for easy reference.

SYMBOL KEY



Suitable for vegans – these products are suitable for those who are vegan. They do not contain any animal products or by-products.



Suitable for vegetarians – these products are suitable for those who are vegetarian. They do not contain any meat or fish products.

CONTENTS

HOT DRINK INGREDIENTS	7
House Made Gingerbread Syrup – V001	7
Gingerbread Man Topper – V001	7
Biscoff® Crumb – V001	7
Biscoff® Topping Sauce – V001	7
Cinnamon Powder – V001	7
Coffee – V001	7
Gold Chocolate Powder – V001	7
Hot Chocolate – V001	7
Matcha Powder – V001	7
Mumbai Chai – V001	8
Turmeric Powder – V001	8
Whipped Cream – V001	8
SWEETBIRD SYRUPS	8
Sweetbird Butterscotch Syrup – V001	8
Sweetbird Caramel Flavour Syrup – V001	8
Sweetbird Vanilla Flavour Syrup – V001	8
Sweetbird Hazelnut Syrup – V001	8
Sweetbird Sugar Free Caramel Flavour Syrup – V001	8
Sweetbird Sugar Free Vanilla Flavour Syrup – V001	8
Sweetbird Vanilla Flavour Syrup – V001	8
Sweetbird White Chocolate Syrup – V001	8
MILKS & ALTERNATIVE MILKS	9
Alpro Almond Milk – V001	9
Alpro Coconut Milk – V001	9
Oatly Oat Milk – V001	9
Semi-Skimmed Milk -V001	9
Skimmed Milk – V001	9
Soya Milk – V001	9
Whole Milk – V001	9
ICED COFFEE	10
Iced Chai Latte – V001	10
Iced Latte – V001	10
Iced Mocha – V001	10
Long Black – V001	10
Iced Double Chocolate Coconut Mocha – V001	10
Iced Caramel Oat Latte – V001	10
Iced Hazelnut Almond Latte – V001	10
SPECIALITY DRINKS	11
Mumbai Railway Chai – V001	11
Turmeric Latte – V001	11
Matcha Latte – V001	11
Vanilla Oat Matcha Latte – V001	11
Iced Oat Matcha Latte – V001	11
Iced Vanilla Oat Matcha Latte – V001	11
SEASONAL AND FESTIVE DRINK SPECIALS	12
White Chocolate & Coconut Matcha Latte (with Coconut Milk) – V001	12
Iced White Chocolate & Coconut Matcha Latte (with Coconut Milk) – V001	12
Gingerbread Latte (with Whole Milk) – V001	12
Snowball Hot Chocolate (with Whole Milk) – V001	12
Spiced Caramel Apple Oat Matcha Latte – V001	13

Biscoff® Blondie Hot Chocolate – V001	13
SMOOTHIES	14
Caribbean Crush Smoothie – V001	14
Spinach, Banana & Mango Smoothie – V001.....	14
Strawberry and Banana Smoothie – V001	14
Very Berry Smoothie – V001	14
HOT WRAPS	15
Yorkshire Pudding Wrap with Gravy – V001	15
SOURDOUGH TOASTIES	16
Brie, Bacon & Onion Marmalade Toastie – V001	16
Ham & Cheese Toastie – V001	16
Houmous & Roasted Vegetable Toastie – V001	16
POTS	17
Blueberry Chia Yoghurt – V001	17
Peach Melba Overnight Oats – V001	17
Pink Lady Apple Slices & Peanut Butter – V001	17
Trio of Melon – V001.....	17
SALADS	18
Prosciutto Crudo & Basil Pesto Pasta Salad - V001	18
Roasted Beetroot, Butternut Squash & Feta Salad – V001	18
Salmon Nicoise Salad – V001	18
TRAYBAKES AND CAKES	19
Wagon Wheel Rocky Road – V001	19
Viennese Mince Pie – V001	19
Pecan & Cornflake Tart – V001.....	19
Red Velvet Mini Cake – V001	19
Carrot Cake Slice – V001	20
Chocolate Caramel Shortcake – V001	20
Salted Caramel Pecan Brownie – V001	20
Lime, Coconut & Pistachio Courgette Cake – V001	20
Strawberry Tart – V001	21
Raspberry Tart – V001	21
Raspberry Ripple Tray Cake – V001	21
Mixed Fruit Tart – V001	21
Chocolate Eclair – V001.....	22
Pear & Cardamom Cake – V001.....	22
Sea Salt Caramel Brownie – V001	22
COOKIES & BISCUITS	23
Santa's Little Helper Gingerbread- V001	23
Santa Face Shortbread – V001	23
Christmas Pudding Chocolate Biscuit – V001	23
Double Chocolate Cookie – V001	23
White Chocolate Cookie – V001	23
MUFFINS	24
Blueberry Muffin – V001.....	24
Banoffee Muffin – V001.....	24
Chocolate Chip Muffin – V001	24
CRODOTS	25
Biscoff® Crodot -V001	25
Party Ring SOnut– V001	25
White Chocolate & Raspberry Crodot – V001	25
PASTRIES	26

Almond Croissant – V001	26
Blueberry Danish- V001.....	26
Chocolate Twist – V001	26
Pain Au Chocolat – V001	26
Cinnamon Roll (Without Frosting) – V001	26
Croissant (New)- V002	27
Pain aux Raisins (New) – V002.....	27
S CONES	28
Fruit Norwegian Scone – V001.....	28
Cheese & Onion Norwegian Scone – V001	28
Clotted Cream – V001.....	28
Butter – V001	28
Tiptree Strawberry Jam – V001	28
SAVOURY PASTRIES & BAGELS	29
Hog Roast Sausage Roll – V001.....	29
Chorizo Sausage Roll – V001	29
Prosciutto & Cheese Croissant – V001	29
Salmon & Cream Cheese Bagel – V001.....	29
Sausage Roll – V001.....	29
Pork Sausage Roll (new)- V001.....	29
Tomato & Cheese Croissant – V001.....	29
Cheese & Onion Roll – V001	29
Cheese & Onion Roll – V001	30
BBQ Pulled Pork Pasty – V001	30
TOAST & CONDIMENTS	30
Butter – V001	30
Honey – V001	30
HP Brown Sauce – V001	30
Marmalade – V001	30
Peanut Butter – V001	30
Sourdough Toast – V001	31
Tiptree Strawberry Jam – V001	31
Tomato Ketchup Sauce – V001	31
HOT BREAKFAST	31
Pigs In Blankets Breakfast Roll – V001	31
Bacon, Egg & Smashed Avo Roll – V001	31
Halloumi, Avocado, Rose Harissa & Spinach Roll – V001	31
Lincolnshire Sausage Roll – V001	32
Smashed Avocado, Salsa & Toasted Seeds – V001	32
Smoked Salmon & Scrambled Eggs – V001	32
The Full Vegetarian Breakfast – V001	32
The Full Euphorium Breakfast – V001	33
Triple Bacon Roll – V001	33
Toasted Banana Bread – V001	33
Mixed Berry French Toast – V001	33
Halloumi & Red Pepper Toast – V001.....	33
Halloumi & Avocado Toast V001	34
POACHED EGG DISHES	34
Eggs Benedict – V001	34
Eggs Florentine – V001.....	34
Eggs Royale – V001	34
P ORRIDGE	36
Banana & Peanut Butter Porridge (Classic Banana) – V001	36
Blueberry Crunch Porridge – V001	36
Granola Bowl with Natural Yoghurt – V001	36

Peanut Butter and Raspberry Jam Porridge – V001	36
SOUPS	37
Chicken & Country Vegetables with Butterbeans – V001.....	37
Chunky Minestrone – V001	37
Spicy Lentil Dhal – V001	37
Granary Sourdough and Butter – V001.....	37
BAGUETTES	38
Egg, Spinach and Tomato on White Baguette – V001	38
Tuna Mayonnaise & Cucumber on White Baguette – V001.....	38
HOT FOOD ADD-ONS	39
Bacon – V001.....	39
Greek Yoghurt – V001	39
Halloumi – V001	39
Hash Browns – V001	39
Sausage – V001.....	39
Smoked Salmon – V001	39
Mac & Cheese Side Portion – V001	39
DELI SANDWICHES	40
Balsamic Beetroot, Feta & Houmous Sandwich – V001.....	40
Roasted Red Pepper, Mozzarella & Pesto Sandwich – V001	40
Tuna & Jalepeño Sandwich – V001	40
Spicy Chicken Sandwich – V001	40
SIDE SALADS	41
Butternut Squash Side Salad – V001	41
ROLLS	42
The Italian Sub Roll – V001	42
Mature Cheddar & Tomato Roll – V001	42
Gammon Ham & Mature Cheddar Roll – V001	42
QUICHE	43
Goats Cheese, Spinach & Red Pepper Quiche V001.....	43
MAC & CHEESE	43
Original– V001	43
Truffle Mushroom– V001	43
BBQ, Bacon & Cheese– V001	43

HOT DRINK INGREDIENTS

House Made Gingerbread Syrup – V001

Dark Brown Sugar (72.3%) [Cane Sugar], Sweetbird Vanilla Syrup (24.15%) [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Ground Cinnamon (1.48%), Ginger, ground (1.48%), Ground Nutmeg (0.3%), Cloves, dried (0.3%)

Suitable for vegetarians & vegans

Gingerbread Man Topper – V001

WHEAT Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Golden Syrup (Partially inverted sugar syrup), Palm Oil, Rapeseed Oil, Water, Free Range Whole **EGG**, Ground Ginger, Raising agent (sodium Hydrogen Carbonate), Salt, Emulsifier (Mono and di-glycerides of Fatty Acids)

Suitable for vegetarians

Biscoff® Crumb – V001

WHEAT Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon. * from sustainable and certified plantations

Suitable for vegetarians & vegans

Biscoff® Topping Sauce – V001

Caramelised Biscuits 52% (**WHEAT** Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), **SOYA** Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Lecithins (**SOYA**)), Acid (Citric Acid). * palm oil from sustainable and certified plantations

Suitable for vegetarians & vegans

Cinnamon Powder – V001

Ground Cinnamon

Suitable for vegetarians & vegans

Coffee – V001

100% Espresso coffee

Suitable for vegetarians & vegans

Gold Chocolate Powder – V001

Sugar, White Chocolate 36% (Sugar; Cocoa Butter, Whole **MILK** Powder; Skimmed **MILK** Powder), Fat Powder (Coconut Oil; Whey Powder (**MILK**); **MILK** Proteins) Caramelised Sugar (Caramelised Sugar, Maltodextrin), Natural Flavouring, Thickener: Guar gum

Suitable for vegetarians

Hot Chocolate – V001

Cocoa Powder, Sugar

Suitable for vegetarians & vegans

Matcha Powder – V001

100% Green Tea (Camellia Sinensis)

Suitable for vegetarians & vegans

Mumbai Chai – V001

Sugar, Black Tea Extract, Natural Spices (Cinnamon, Cardamom, Ginger, Nutmeg, Clove, Black Pepper, Star Anise), Guar Gum, maltodextrin, Thickener: Carboxy methyl cellulose, natural flavouring

Suitable for vegetarians & vegans

Turmeric Powder – V001

Ground Turmeric, Natural Flavouring, Ground Ginger, Natural Orange Flavouring

Suitable for vegetarians & vegans

Whipped Cream – V001

Double Cream (**MILK**) (75%), Whole **MILK** (22.5%), Sweetbird Vanilla Syrup (2.5%) (Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid)

Suitable for vegetarians

SWEETBIRD SYRUPS

(all suitable for vegetarians & vegans)

Sweetbird Butterscotch Syrup – V001

Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid

Sweetbird Caramel Flavour Syrup – V001

Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid.

Sweetbird Vanilla Flavour Syrup – V001

Sugar, Water, Natural flavouring, Colour: plain caramel, Acidity regulator: citric acid

Sweetbird Hazelnut Syrup – V001

Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid

Sweetbird Sugar Free Caramel Flavour Syrup – V001

Water, Flavourings, Thickener: Cellulose Gum, Acidity Regulator: Citric Acid, Sweeteners: Sucralose, Steviol Glycosides, Preservative: Potassium Sorbate, Colour: Plain Caramel.

Sweetbird Sugar Free Vanilla Flavour Syrup – V001

Water, Flavourings, Thickener: Cellulose Gum, Acidity Regulator: Citric Acid, Sweeteners: Sucralose, Steviol Glycosides, Preservative: Potassium Sorbate, Colour: Plain Caramel.

Sweetbird Vanilla Flavour Syrup – V001

Sugar, Water, Natural flavouring, Colour: plain caramel, Acidity regulator: citric acid.

Sweetbird White Chocolate Syrup – V001

Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid

MILKS & ALTERNATIVE MILKS

(all suitable for vegetarians)

Alpro Almond Milk – V001

Water, **ALMOND (NUTS)** (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt

Suitable for vegetarians & vegans

Alpro Coconut Milk – V001

Water, Coconut Milk (3.5%) (Coconut Cream, Water), Hulled **SOYA** Beans (2.9%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Flavouring, Stabiliser (Gellan gum)

Suitable for vegetarians & vegans

Oatly Oat Milk – V001

Water, **OATS**(10%), Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Calcium Carbonate, Calcium Phosphates, Salt, Vitamins (D2, Riboflavin and B12), Potassium Iodide

Suitable for vegetarians & vegans

Semi-Skimmed Milk -V001

Pasteurised Cow's **MILK**

Skimmed Milk – V001

Pasteurised Cow's **MILK**

Soya Milk – V001

SOYA base (Water, Hulled **SOYA** Beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea Salt, Stabiliser (Gellan gum), Vitamins (B2, B12, D2)

Suitable for vegetarians & vegans

Whole Milk – V001

Pasteurised Cow's **MILK**

ICED COFFEE

Iced Chai Latte – V001

Pasteurised Organic Cow's **MILK**, Sugar, Black Tea Extract, Natural Spices (Cinnamon, Cardamom, Ginger, Nutmeg, Clove, Black Pepper, Star Anise), Guar Gum, maltodextrin, Thickener: Carboxy methyl cellulose, natural flavouring, Ice

Suitable for vegetarians

Iced Latte – V001

MILK, Ice Cubes, Espresso Coffee

Suitable for vegetarians

Iced Mocha – V001

MILK, Ice Cubes, Espresso Coffee, Hot Chocolate (Cocoa Powder, Sugar)

Suitable for vegetarians

Long Black – V001

Ice Cubes, Espresso Coffee, Water

Suitable for vegetarians & vegans

Iced Double Chocolate Coconut Mocha – V001

Coconut Milk (71.43%) [Water, Coconut Milk (3.5%) (Coconut Cream, Water), Hulled **SOYA** Beans (2.9%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Flavouring, Stabiliser (Gellan gum)], White Chocolate Syrup (8.66%) [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Organic Drinking Chocolate (7.42%) [Cocoa Powder, Natural Sugar], Roasted Coffee Beans (6.93%), Water (5.57%)

Suitable for vegetarians & vegans

Iced Caramel Oat Latte – V001

Oat Milk (87.41%) [Water, **OATS**(10%), Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Calcium Carbonate, Calcium Phosphates, Salt, Vitamins (D2, Riboflavin and B12), Potassium Iodide], Salted Caramel Syrup (6.99%) [Sugar, Water, Salt, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Roasted Coffee Beans (5.59%)

Suitable for vegetarians & vegans

Iced Hazelnut Almond Latte – V001

ALMOND Milk (88.03%) [Water, **ALMOND (NUTS)** (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], Hazelnut Syrup (7.04%) [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Ground Coffee (4.93%)

Suitable for vegetarians & vegans

SPECIALITY DRINKS

Mumbai Railway Chai – V001

MILK, Sugar, Black Tea Extract, Natural Spices (Cinnamon, Cardamom, Ginger, Nutmeg, Clove, Black Pepper, Star Anise), Guar Gum, maltodextrin, Thickener: Carboxy methyl cellulose, natural flavouring

Suitable for vegetarians

Turmeric Latte – V001

MILK, Turmeric Powder (Ground Turmeric, Natural Flavouring, Ground Ginger, Natural Orange Flavouring)

Suitable for vegetarians

Matcha Latte – V001

Oat Milk (89.93%) [Water, **OATS**(10%), Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Calcium Carbonate, Calcium Phosphates, Salt, Vitamins (D2, Riboflavin and B12), Potassium Iodide], Matcha Powder (0.63%) 100% Green Tea (Camellia Sinensis)

Suitable for vegetarians & vegans

Vanilla Oat Matcha Latte – V001

Oat Milk (83.22%) [Water, **OATS**(10%), Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Calcium Carbonate, Calcium Phosphates, Salt, Vitamins (D2, Riboflavin and B12), Potassium Iodide], Sweetbird Vanilla Syrup (6.71%) [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder (0.63%) 100% Green Tea (Camellia Sinensis)

Suitable for vegetarians & vegans

Iced Oat Matcha Latte – V001

Oat Milk (85.96%) [Water, **OATS**(10%), Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Calcium Carbonate, Calcium Phosphates, Salt, Vitamins (D2, Riboflavin and B12), Potassium Iodide], Matcha Powder (0.88%) 100% Green Tea (Camellia Sinensis)

Suitable for vegetarians & vegans

Iced Vanilla Oat Matcha Latte – V001

Oat Milk (83.22) [Water, **OATS**(10%), Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Calcium Carbonate, Calcium Phosphates, Salt, Vitamins (D2, Riboflavin and B12), Potassium Iodide], Sweetbird Vanilla Syrup (6.71%) [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Matcha Powder (0.63%) 100% Green Tea (Camellia Sinensis)

Suitable for vegetarians & vegans

SEASONAL AND FESTIVE DRINK SPECIALS

White Chocolate & Coconut Matcha Latte (with Coconut Milk) – V001

Alpro Coconut Milk (76.02%) [Water, Coconut Milk (3.5%) (Coconut Cream, Water), Hulled **SOYA** Beans (2.9%), Sugar, Fructose, Acidity Regulators (Potassium Phosphates), Calcium (Calcium Carbonate), Sea Salt, Flavouring, Stabiliser (Gellan Gum)], Vegan Whipped Cream (9.2%) [Water, RSPO Sourced Hydrogenated Palm Oil (15%), Sugar (10%), Dextrose, Propellant (Nitrous Oxide, Glucose Syrup), Humectant (Sorbitol), Emulsifiers (Mono and diacetyl tartaric acid esters of mono - and di-glycerides of fatty acids, Polyoxymethylene Sorbitan Monostearate), Thickener (Hydroxypropylmethylcellulose), Potato Starch, Salt, Flavouring], Water (8.04%), White Chocolate Syrup (6.13%) [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Matcha Powder (0.54%) 100% Green Tea (Camellia Sinensis), Freeze Dried Raspberries (0.08%).

Suitable for vegetarians

Iced White Chocolate & Coconut Matcha Latte (with Coconut Milk) – V001

Alpro Coconut Milk (75.37%) Water, Coconut Milk (3.5%) (Coconut Cream, Water), Hulled **SOYA** beans (2.9%), Sugar, Fructose, Acidity Regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea Salt, Flavouring, Stabiliser (Gellan gum)], Water (13.14%), White Chocolate Syrup (10.52%) [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], Matcha Powder (0.88%) 100% Green Tea (Camellia Sinensis), Freeze Dried Raspberries (0.09%).

Suitable for vegetarians

Gingerbread Latte (with Whole Milk) – V001

Whole **MILK** (71.19%), Dark Brown Sugar (9.36%) [Cane Sugar], Double Cream (**MILK**) (7.28%), Ground Coffee (5.18%), Sweetbird Vanilla Syrup (3.13%) [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Whole **MILK** (2.18%), Mini Gingerbread Topper (0.91%) [Gingerbread (**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Golden Syrup (Partially inverted sugar syrup), Palm Oil, Rapeseed Oil, Water, Free Range Whole **EGG**, Ground Ginger, Raising agent [Sodium Hydrogen Carbonate], Salt, Emulsifier (Mono and di-glycerides of Fatty Acids)], Ground Cinnamon (0.27%), Vanilla Syrup (0.24%) [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid], Ginger, ground (0.19%), Ground Nutmeg (0.04%), Cloves, dried (0.04%).

Suitable for vegetarians

Snowball Hot Chocolate (with Whole Milk) – V001

Whole **MILK** (73.09%), White Chocolate & Hazelnut Sauce (9.97%) [Vegetable Fats (Sunflower, Palm), Sugar, White Chocolate 10% (Whole **MILK** Powder, Sugar, Cocoa Butter), Whole **MILK** Powder, **MILK** Whey Powder, Emulsifier: Soy Lecithin, Flavours, Antioxidant: Rosemary Extract], Double Cream (**MILK**) (7.48%), Gold Chocolate Powder (5.98%) [Sugar, White Chocolate 36% (Sugar; Cocoa Butter, Whole **MILK** Powder; Skimmed **MILK** Powder), Fat Powder (Coconut Oil; Whey Powder (**MILK**); **MILK** Proteins) Caramelised Sugar (Caramelised Sugar, Maltodextrin), Natural Flavouring, Thickener: Guar Gum], Whole **MILK** (2.24%), Desiccated Coconut (1%) [Desiccated Coconut (99%), Preservative (Sodium Metabisulphite (**SULPHITES**))], Vanilla Syrup (0.25%) [Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid].

Suitable for vegetarians

Spiced Caramel Apple Oat Matcha Latte – V001

Oat Milk (67.02%) Water, Gluten Free **OATS** (13%), Sunflower Oil, Sea Salt, Gellan Gum, Apple Juice (21.39%) (from concentrate), Water (10.02%), Caramel Syrup (0.71%) Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator, Citric Acid, Matcha Powder (0.67%) 100% Green Tea (Camellia Sinensis) Ground Cinnamon (0.18%)

Suitable for vegetarians & vegans

Biscoff® Blondie Hot Chocolate – V001

Whole **MILK**, Biscoff Topping Sauce (14.24%) Caramelised Biscuits 52% (**WHEAT** Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), **SOYA** Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Lecithins (**SOYA**)), Acid (Citric Acid). * palm oil from sustainable and certified plantations, Double Cream (**MILK**) (7.12%), Gold Chocolate Powder (5.7%) Sugar, White Chocolate 36% (Sugar; Cocoa Butter, Whole **MILK** Powder; Skimmed **MILK** Powder), Fat Powder (Coconut Oil; Whey Powder (**MILK**); **MILK** Proteins) Caramelised Sugar (Caramelised Sugar, Maltodextrin), Natural Flavouring, Thickener: Guar Gum, Biscoff Crumble (0.95%) **WHEAT** Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon. * from sustainable and certified plantations, Vanilla Syrup (0.24%) (Sugar, Water, Natural Flavouring, Colour: Plain Caramel, Acidity Regulator: Citric Acid)

Suitable for vegetarians

SMOOTHIES

Caribbean Crush Smoothie – V001

Apple Juice (64.71%) (from concentrate)

Great Defender Smoothie Pouch (35.29%) [Mango (40%), Peach (28%), Pineapple (18%), Seeded Passionfruit (14%)]
Suitable for vegetarians & vegans

Spinach, Banana & Mango Smoothie – V001

Apple Juice (64.71%) (from concentrate), Vegan Green Protein Smoothie Pouch (35.29%) [Banana (25%), Spinach (20%), Mango (20%), Pineapple (20%), Pea Protein Pellets (12%) (Water, Pea Protein, Chlorella, Inactive Yeast, Spirulina), Chia Seeds (*Salvia hispanica*) (3%)]

Suitable for vegetarians & vegans

Strawberry and Banana Smoothie – V001

Apple Juice (68.18%) (from concentrate) Strawberry and Banana Smoothie Pouch (31.82%) (Strawberry, Banana)

Suitable for vegetarians & vegans

Very Berry Smoothie – V001

Apple Juice (71.43%) (from concentrate), Berry Nice Smoothie Mix (28.57%) (Strawberry, Mango, Blueberry, Raspberry, Pomegranate, Acai)

Suitable for vegetarians & vegans

HOT WRAPS

Yorkshire Pudding Wrap with Gravy – V001

Giant Yorkshire Pudding (40.29%) [**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), **EGG** White, Water, Whole **EGG**, Rapeseed Oil, Skimmed **MILK** Powder, Salt], Pigs in Blankets (14.65%) [Pork Sausage meat (Pork 60%, Water Breadcrumb (Rice Flour, Potato Starch, Tapioca Starch, Vegetable Oil (Sunflower), Dextrose, Yeast, Sugar, Stabiliser (E464), Maize Starch, Psyllium Fibre), **SOYA** Protein, Pork Fat, Salt, Diphosphates (E450 (iii), E450 (i), Flavouring (Potato Maltodextrin, Salt, Yeast Extract), Dextrose, Preservative (Sodium **SULPHITE**), White Pepper, Sunflower Oil, Antioxidant (E300), Spice Extracts (Black Pepper, Nutmeg, Capsicum, Ginger, Mace, Coriander), Smoked streaky Bacon (Pork 85%, Water, Salt, Preservative (E252, E250))], Water (13.29%), Chicken Breast (7.33%) [Chicken Breast (98%), Maize Starch, Salt, Dextrose, Sugar, Stabilizer (Sodium Tripolyphosphate)], New Potatoes (6.3%) Potato, Water, Citric Acid, Ascorbic acid, Calcium Chloride, Cranberry Sauce (5.37%) [Cranberries (40%), Glucose Fructose Syrup, Water, Sugar, Gelling Agent : Pectin, Acidity Regulators (Citric Acid, Trisodium Citrate ,Tricalcium Citrate), Preservative (Potassium Sorbate)], Butternut Squash (4.22%), Orange Juice from Concentrate (2.53%) [Mandarin Orange Juice from Concentrate (70%), Orange Juice from Concentrate (30%)], Mayonnaise (2.03%) [Rapeseed Oil (64.5%), Water, Spirit Vinegar, Pasteurised Free Range **EGG** Yolk (3.5%), Sugar, Salt, Modified Potato Starch, Stabiliser (Guar gum, Xanthan gum), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), **MUSTARD** Flour, Lemon Juice Concentrate, Flavouring, Colour (Paprika, Carotene), Antioxidant: Calcium Disodium], Gravy (1.8%) [Potato Starch, Maltodextrin, Yeast Extract, Palm Fat, Salt, Rapeseed Oil, Sunflower Oil, Onion Extract, Toasted Onion Powder, Maize Starch, Tomato Puree, **BARLEY** Malt Extract, **WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Colour (Ammonia Caramel), Onion Concentrate, Natural Caramel, Kelp Powder, Ground Pimento, Ground Black Pepper, Modified Maize Starch, Red Currant Jam (Sugar, Redcurrant Juice Concentrate, Water, Lemon Juice Concentrate, Gelling Agent (Pectin), Sugar, Flavourings, Flavour Enhancers (Monosodium Glutamate, Disodium 5'-ribonucleotides), Emulsifier (**SOYA** Lecithin), Black Pepper Extract, Rosemary Extract, Onion Oil, Balsamic Vinegar], Sage and Onion Stuffing (1.43%) [Breadcrumbs (**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Yeast, Salt), Onion, Salt, Rapeseed Oil, Flavouring, Parsley, Sage], Rapeseed Oil (0.59%) [Rapeseed Oil, Antifoaming Agent (E900)], Garlic Puree (0.09%) [Garlic, Citric Acid], Salt (0.03%), Mixed Spice (0.02%) Ground Coriander, Ground Cinnamon, Ground Ginger, Ground Nutmeg, Ground Cloves, Cracked Black Pepper (0.01%).

SOURDOUGH TOASTIES

Brie, Bacon & Onion Marmalade Toastie – V001

Granary Sourdough (48%) (**WHEAT** Flour (**GLUTEN**) (Calcium Carbonate (E170), Iron, Niacin, Thiamine), Water, Malted **BARLEY(GLUTEN)**, Granary Mix (Gluten)(Golden & Brown Linseeds, Millet, **WHEAT** Grains & Sunflower seeds), Salt, Brie (Pasteurised Cow's **MILK**) (28%), Red Onion Marmalade (10%) (Red Onions (24%), Demerara Sugar, Red Wine Vinegar, Muscovado Sugar, Dehydrated Red Onions (6%), Modified Tapioca Starch, Spirit Vinegar, Salt, Ground Black Pepper), Streaky Bacon (10%) (Pork Meat, Salt (E535), Acidity Regulator (E326), Antioxidants (E301, E331), Sodium Triphosphate, Preservatives (E250, E251, E252, E262), Spice Extracts, Smoke (Polysorbate 80), Sugar), Rocket (4%)

Ham & Cheese Toastie – V001

Granary Sourdough (54.55%) (**WHEAT** Flour (**GLUTEN**) (Calcium Carbonate (E170), Iron, Niacin, Thiamine), Water, Malted **BARLEY(GLUTEN)**, Granary Mix (**GLUTEN**)(Golden & Brown Linseeds, Millet, **WHEAT** Grains & Sunflower seeds), Salt, Gammon Ham (27.27%) (Pork Leg, Water, Salt, Dextrose, Stabilisers E451, E452, E450, Preservative E250, E252, E325, E262, Antioxidant (E301, E331), Yeast Extract, Sugar, Modified Waxy Maize Starch), Mature Cheddar (**MILK**) (18.18%)

Houmous & Roasted Vegetable Toastie – V001

Granary Sourdough (39.34%) (**WHEAT** Flour (**GLUTEN**) (Calcium Carbonate (E170), Iron, Niacin, Thiamine), Water, Malted **BARLEY(GLUTEN)**, Granary Mix (**GLUTEN**)(Golden & Brown Linseeds, Millet, **WHEAT** Grains & Sunflower seeds), Salt, Houmous (16.39%) (Cooked Chickpeas, Rapeseed Oil, Water, Tahini (**SESAME** SEED Paste), Salt, Garlic Granules, Acidity Regulator: Citric Acid. Preservative: Potassium Sorbate)), Red Peppers (15.57%), Yellow Peppers (15.57%), Sunblush Tomatoes (8.2%) (Semi-Dried Tomatoes, Rapeseed Oil, Salt, Garlic, Oregano), Spinach (1.64%), Balsamic Glaze (1.64%) (Aceto Balsamico di Modena IGP (40%) (Wine Vinegar (Wine, Water, Antioxidant: **SULPHITES**), Concentrated Grape Must and Juice, Colouring: Caramel E150d (Contains **SULPHITES**)), Thickener (Modified Starch)), Cold Pressed Rapeseed Oil (1.41%), Salt (0.16%), Cracked Black Pepper (0.07%)

Suitable for vegetarians & vegans

POTS

Blueberry Chia Yoghurt – V001

Greek Style Yoghurt (**MILK**) (66.52%), Blueberries (15.21%), Coconut Milk (14.2%) [Water, Gluten Free **OATS** (13%), Coconut (2%), Sunflower Oil, Sea Salt, Natural Coconut Flavour, Gellan Gum], Chia Seeds (1.89%) [Black Sachia Chia Seed (100%)], Icing Sugar (1.7%) [Icing Sugar, Maize Starch], Honey (0.48%)

Suitable for vegetarians

Peach Melba Overnight Oats – V001

Peach Slices (24.97%) Peach Slices, Grape Juice from Concentrate, Citric acid, **SOYA** Milk (19.8%) [Water, Organic Soybean (**SOYA**) (13%), Organic Rice syrup, Sea Salt], **SOYA** Yoghurt (16.36%) [**SOYA** base (Water, Hulled **SOYA** beans), Sugar, Calcium (Tri-calciumcitrate), Stabiliser (Pectins), Acidity regulators (Sodium citrates, Citric acid), Flavouring, Sea salt, Antioxidants (Tocopherol-rich extract, Fatty acid esters of ascorbic acid), Vitamins (B12, D2), Yogurt cultures (S. thermophilus, L. bulgaricus)], Organic Gluten Free Porridge **OATS** (12.27%), Raspberries (8.74%), Sweetbird Vanilla Syrup (7.6%) [Sugar, Water, Natural flavouring, Colour: Plain Caramel, Acidity regulator: Citric Acid], Apple Juice (6.82%) (from concentrate), Red Apple (2.08%), Icing Sugar (1.25%) [Icing Sugar, Maize Starch], Freeze Dried Raspberries (0.12%)

Suitable for vegetarians & vegans

Pink Lady Apple Slices & Peanut Butter – V001

Pink Lady Apple (62.49%), **PEANUT (NUTS)** Butter (35.71%) [Argentinian Hi-Oleic **PEANUTS (NUTS)**, Sea Salt], Lemon Juice (1.8%) [Lemon Juice from Concentrate, Preservative: Potassium Metabisulphite (**SULPHITES**)]

Suitable for vegetarians & vegans

Trio of Melon – V001

Watermelon (32.85%), Melon Cantaloupe (32.85%), Honeydew Melon (32.85%), Mint (1.46%)

Suitable for vegetarians & vegans

SALADS

Prosciutto Crudo & Basil Pesto Pasta Salad - V001

Farfalle Pasta (47.51%) [Durum **WHEAT** Semolina], Green Pesto (18.77%) Basil Puree (Basil Leaf, Sunflower Oil, Salt, Ascorbic Acid) (80.231%) Prosciano Grated (Vegan) (Water, Modified Potato Starch, Coconut Oil, Maize Starch, Rice Starch, Potato Starch, Sea Salt, Rice Protein, Olive Leaf Extract, Flavouring, Vitamin B12), Rapeseed Oil, Garlic Puree, Acidity Regulator: Citric Acid, Tomatoes (17.6%), Mozzarella Cheese (**MILK**) (8.8%), Prosciutto (4.11%) [Pork leg, salt, Preservative: E252], Cold Pressed Rapeseed Oil (2.93%), Basil (0.29%)

Roasted Beetroot, Butternut Squash & Feta Salad – V001

Beetroot (28%), Butternut Squash (27.65%), Greek Feta Cheese (12%) [Pasteurised Sheep and Goats **MILK**], Balsamic Vinegar (12%) [Wine Vinegar, Concentrated Grape Must, **SULPHITE** Ammonia Caramel], Balsamic Glaze (8%) [Aceto Balsamico di Modena IGP (40%) (Wine Vinegar (Wine, Water, Antioxidant: **SULPHITES**), Concentrated Grape Must and Juice, Colouring: Caramel E150d (Contains **SULPHITES**)), Thickener (Modified Starch)] Orange Juice from Concentrate (5.4%), Cold Pressed Rapeseed Oil (2.16%), Rocket (2%), Super Seeds Mix (2%) [Sunflower Seeds, Pumpkin Seeds, Golden Linseed, Goji Berries (Preservative Sulphur Dioxide (**SULPHITE**), Sunflower Oil], Garlic Puree (0.58%) [Garlic, Citric Acid], Salt (0.14%), Cracked Black Pepper (0.07%)

Suitable for vegetarians

Salmon Nicoise Salad – V001

New Potatoes (26.76%) Potato, Water, Citric Acid, Ascorbic acid, Salmon (21.08%) Salmon (**FISH**) (Salmo salar), Water, Salt, Green Beans (12.04%) Cold Pressed Rapeseed Oil (10.97%), Tomatoes (8.03%), Lemon Juice (6.27%) [Lemon Juice (from concentrate), Sodium Metabisulphite (**SULPHITES**)], Spinach (6.02%), Black Olives (3.21%) [Pitted Black Olives, Water, Salt, Stabiliser (Ferrous Gluconate)], Cotswold Gold Rapeseed Oil (2.68%), Parsley (1.07%), Lemon Juice (0.6%), Parsley (0.56%), Salt (0.48%), Black Pepper (0.13%), Cracked Black Pepper (0.09%)

TRAYBAKES AND CAKES

Wagon Wheel Rocky Road – V001

Chocolate Chips (31.71%) [Sugar, Vegetable Oil (Palm), Fat-Reduced Cocoa Powder, Emulsifiers (**SOYA** Lecithin, Sorbitan Tristearate), Natural Flavouring], Jammie Wagon Wheel (26.95%) [**WHEAT** Flour (with Calcium Carbonate, Iron, Niacin and Thiamin), Chocolate Flavoured Coating (23%) (Sugar, Vegetable Fats (Sustainable Palm Kernel, Sustainable Palm, Shea), Dried Whey (**MILK**), Fat Reduced Cocoa powder, Emulsifiers (E476, **SOYA** Lecithin)), Mallow (19%) (Glucose syrup, Gelling agent (Beef Gelatine), Acidity Regulator (Citric Acid)), Sugar, Raspberry Flavoured Apple Jam (5%) (Glucose-Fructose Syrup, Apples, Sugar, Humectant (Glycerol), Acid (Citric Acid), Acidity Regulator (Sodium Citrates), Flavourings, Colours (Anthocyanins, Annatto norbixin), Gelling Agent (Pectin)), Sustainable Palm Oil, Glucose Syrup, Fat Reduced Cocoa Powder, Raising Agent (Sodium Bicarbonate), Salt], Butter (**MILK**) (13.08%), Digestive Biscuit (10.31%) [Flour (**WHEAT** Flour, Calcium, Iron, Niacin, Thiamin), Vegetable Oil (Palm), Wholemeal **WHEAT** Flour, Sugar, Raising Agents (Sodium Bicarbonate, Malic Acid, Ammonium Bicarbonate), Partially Inverted Sugar Syrup, Salt], Mini Marshmallows (9.91%) [Glucose-Fructose Syrup, Sugar, Water, Pork Gelatine, Maize Starch, Dextrose, Flavouring], Raspberry Jam (7.93%) [Raspberries, Cane Sugar, Lemons], Freeze Dried Raspberries (0.12%).

Suitable for vegetarians

Viennese Mince Pie – V001

Viennese Mince Pie (100%) [Mincemeat (39%) (Contains: Vine Fruits (Contains: Sultanas, Raisins, Sunflower oil), Apple Puree (Apples, Preservative E260), Sugar, Glucose Fructose Syrup, Candied Mixed Peel (Orange Peel, Glucose-Fructose Syrup, Sugar, Lemon Peel, Acidity Regulator (E330), Vegetable Suet (Palm Oil, Rice flour, Sunflower Oil), Acidity regulator (E330), Modified Maize Starch, Mixed Spice, Colour (E150a), Orange Oil), **WHEAT** Flour (**WHEAT** flour, Calcium carbonate, Iron, Niacin, Thiamin), Vegetable Oil (Palm, Rapeseed), Water, Sugar, Pasteurised Whole **EGG**, Glucose Syrup, Dextrose, Emulsifier (E471), Modified Maize Starch, Salt, **WHEAT GLUTEN**, Cornflour, Raising Agents (E450, E500), Flavouring, Colour (E160a)].

Suitable for vegetarians

Pecan & Cornflake Tart – V001

Pecan & Cornflake Tart (100%) Wheat Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Butter (**MILK**) (17%), Partially Inverted Refiners Syrup, Shortening (Palm Oil, Rapeseed Oil), Sugar Frosted Flakes of Corn (8%) (Maize, Sugar, **BARLEY** Malt Extract, Salt), **PECAN NUTS** (7.5%), Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids)), Maize Flour, Sugar, Water, Salt, Natural Flavouring

Suitable for vegetarians

Red Velvet Mini Cake – V001

Red Velvet Mini Cake (100%) [Sugar, **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Pasteurised Whole **EGG**, Rapeseed Oil, Strawberry Jam (9.0%) (Sugar, Strawberry Purée, Glucose-Fructose Syrup, Acid (Citric Acid), Acidity Regulator (Sodium Citrate), Gelling Agent (Pectin)), Water, Full Fat Soft Cheese (**MILK**) (3.5%) (added ingredients: Cornflour, Sea Salt, Preservative (Potassium Sorbate)), Humectant (Glycerol), Butter (**MILK**), Margarine (Vegetable Oils (Palm, Rapeseed), Water, Emulsifier (Mono- and Diglycerides of Fatty Acids)), Fat Reduced Cocoa Powder, Sweet Dusting (Dextrose, **WHEAT** Starch, Vegetable Oils (Palm, Rapeseed), Salt, Natural Flavouring), Modified Maize Starch, Whey Powder (**MILK**), **WHEAT** Gluten, Natural Flavourings, Colour (Carmine), Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-lactylate, Propane- 1,2 Diol Esters of Fatty Acids), Lemon Juice]

NOT Suitable for vegetarians

Carrot Cake Slice – V001

WHEAT flour (calcium carbonate, iron, niacin, thiamin), icing sugar, brown sugar, carrots 10%, oranges 9%, rapeseed oil, **SOYA** drink (water, **SOYA** beans, apple extract, acidity regulators (monopotassium phosphate, dipotassium phosphate), calcium carbonate, sea salt, gellan gum, vitamins B2, B12, D2), sultanas 4%, violife creamy (water, coconut oil, starch, sea salt, acidity regulator (glucono-delta-lactone), flavourings, olive extract, vitamin B12), **WALNUTS** 3%, plant butter (plant oils (sustainable palm, sunflower, rapeseed), water, sea salt, fava bean preparation, emulsifier (sunflower lecithin), natural flavourings), lemon juice, flax seeds, coconut 1%, raising agent (diphosphates, sodium carbonates, **WHEAT** flour (calcium carbonate, iron, niacin, thiamin)), mixed spices 1%, candied **HAZELNUTS** (sugar, **HAZELNUTS**), pumpkin seeds, sodium bicarbonate, salt, Madagascan vanilla paste, cornflower petals

Suitable for vegetarians & vegans

Chocolate Caramel Shortcake – V001

Shortcake Base (43%) [Wheat Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Sugar, Butter (**MILK**), Vegetable Margarine [Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier (E471), Natural Flavouring], Cornflour, Salt], Caramel (42%) [Sweetened Condensed **MILK**, Salted Butter [Butter (**MILK**), Salt], Soft Brown Sugar, Golden Syrup], Milk Chocolate (15%) [Sugar, Cocoa Butter, Whole **MILK** Powder, Cocoa Mass, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring].

Suitable for vegetarians

Salted Caramel Pecan Brownie – V001

Caramel (19%) (Sugar, Glucose Syrup, Sweetened Condensed **MILK**, Water, Butter (**MILK**), Golden Syrup, Palm Oil, Salt, Emulsifiers (Rapeseed Lecithin, Sorbitane Monostearate), Natural Flavouring), Belgium Dark Chocolate (18%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Sugar, Dark Chocolate Flavoured Coating (Sugar, Palm Oil, Fat Reduced Cocoa Powder, Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Whey Powder (**MILK**), Emulsifiers (**SOYA** Lecithin), Natural Flavouring), Pasteurised Free Range **EGG**, Butter (**MILK**), Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Margarine (Palm Oil, Rapeseed Oil, Water, Emulsifier (Mono- and Diglycerides of Fatty Acids)), Fudge Pieces (Sugar, Full Cream Condensed **MILK** (**MILK**, Sugar), Fondant (Sugar, Glucose, Water), Glucose (**SULPHITES**), Palm Oil, Water, Salt), Fat Reduced Cocoa Powder, Pecan **NUTS** (1.4%), Salt.

Suitable for vegetarians

Lime, Coconut & Pistachio Courgette Cake – V001

WHEAT Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Raising agents (Sodium Pyrophosphate, Sodium Bicarbonate), Pasteurised Whole **EGG**, Rapeseed Oil, Courgette (8.5%), Sugar, Sultanas, Vegetable Glycerine, Bicarbonate of Soda, Raising Agent (Sodium Hydrogen Carbonate), Mixed Spice, Coconut (2%) (**SULPHITES**). Vanilla Buttercream (26.8%): Icing Sugar, Unsalted Butter (**MILK**), Vegetable Fat (Palm, Vegetable Oil, Rapeseed, Water, Salt, Natural Flavouring), Vanilla Essence (Water, Monopropylene Glycol, Colour (Caramel E150a), Flavourings). Lime Marmalade (10%): Sugar, Glucose, Fructose Syrup, Lime Juice from concentrate, Lime Peel, Citric Acid, Gelling Agent (Pectins), Acidity Regulator (Sodium Citrates), Lime Oil, Colour (Chlorophylls and Chlorophyllins), Caramelised Sugar. **PISTACHIO NUTS** (1.5%), Flaked Coconut (0.5%) (**SULPHITES**).

Suitable for vegetarians

Strawberry Tart – V001

Strawberries, Flour T55 (**WHEAT** Flour, **GLUTEN**), Water, Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Acid (Citric Acid), Emulsifier (Mono-and-Diglycerides of Fatty Acids), Antioxidant (Tocopherol-Rich Extract, Ascorbyl Palmitate), Flavouring, Colour (Beta Carotene)), Water, Fully Hydrogenated Palm Kernel Oil, Sugar, Stabiliser (Sorbitol Syrup (E420II), Guar Gum (E412)), **SOYBEAN (SOYA)** Protein, Emulsifier (Sodium Stearoyl-2Lactylate (E481), **SOYA** Lecithin (E322), Lactic Acid Esters of Mono-and-Diglycerides of Fatty Acids (E472B)), Natural Flavouring, Salt, Colour (Plant Carotenes (E160A(II)), **SOYBEAN (SOYA)**), Caster Sugar, Creme Patisserie (Sugar, Modified Starch, Whey (**MILK**) Powder, Skimmed **MILK** Powder, Dextrose, Vegetable Oil, Vegetable Fat, Stabiliser, Starch, Thickener, Lactose (**MILK**), **MILK** Protein, Glucose Syrup, Salt, Emulsifier, Flavour, Colour), **PISTACHIO (NUTS) (NUTS)**, Glaze (Water, Sugar, Glucose-Fructose Syrup, Pectin, Citric Acid, Potassium Citrate, Calcium Citrate, Potassium Sorbate, Natural Flavour), Whole **EGG (EGG**, Acidity Regulator (E330), Preservatives (E202))

Suitable for vegetarians

Raspberry Tart – V001

Raspberries, Flour T55 (**WHEAT** Flour, **GLUTEN**), Water, Fully Hydrogenated Palm Kernel Oil, Sugar, Stabiliser (Sorbitol Syrup (E420II), Guar Gum (E412)), **SOYBEAN (SOYA)** Protein, Emulsifier (Sodium Stearoyl-2-Lactylate (E481), **SOYA** Lecithin (E322), Lactic Acid Esters of Mono-and-Diglycerides of Fatty Acids (E472B)), Natural Flavourings, Salt, Colour (Plant Carotenes (E160A(II)), SOYAbbeans, Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Acid (Citric Acid), Emulsifier (Mono-and-Diglycerides of Fatty Acids), Antioxidant (Tocopherol-Rich Extract, Ascorbyl Palmitate, Flavouring, Colour (Beta Carotene)), Caster Sugar, Whole **EGG (EGG**, Acidity Regulator (E330), Preservatives (E202)), Raftsnow (Sugar, WHEAT Starch, Vegetable Fat (Palm)

Suitable for vegetarians

Raspberry Ripple Tray Cake – V001

Sugar, **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Pasteurised Whole **EGG**, Rapeseed Oil, Water, Butter (**MILK**), Raspberry Jam (6%) (Sugar, Water, Raspberry Purée, Acid (Citric Acid), Gelling Agent (Pectin), Acidity Regulator (Trisodium Citrate), Preservative (Potassium Sorbate), Natural Flavouring), Lemon Flavour Curd (2%) (Glucose-Fructose Syrup, Sugar, Water, Margarine (Palm Oil, Rapeseed Oil, Water, Palm Stearin), Cornflour, Acidity Regulators (Citric Acid, Trisodium Citrate), Dried Whole **EGG**, Gelling Agent (Pectin), Colours (Lutein, Curcumin), Natural Flavouring), Humectant (Glycerol), Potato Starch, **WHEAT** Gluten, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Lemon Juice, Whey Powder (**MILK**), Salt, Colour (Carmine), Freeze-dried Raspberries, Acidity Regulators (Citric Acid)

Suitable for vegetarians

Mixed Fruit Tart – V001

Flour T55 (**WHEAT** Flour, **GLUTEN**), Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Acid (Citric Acid), Emulsifier (Mono-and Diglycerides of Fatty Acids), Antioxidant (Tocopherol-Rich Extract, Ascorbyl Palmitate), Flavouring, Colour (BetaCarotene)), Plums, Kiwi Fruit, Caster Sugar, Water, Apricots (60% Water, Pear Juice Concentrate), Water, Fully Hydrogenated Palm Kernel Oil, Sugar, Stabiliser ((Sorbitol Syrup (E402II), Guar Gum (E412)), **SOYBEAN (SOYA)** Protein, Emulsifier (Sodium Stearoyl-2-Lactylate (E481), **SOYA** Lecithin (E322), Lactic Acid Esters of Mono-and-Diglycerides of Fatty Acids (E472B)), Natural Flavouring, Salt, Colour (Plant Carotenes (E160A(II)), SOYA BEANS (**SOYA**), Blueberries, Green Grapes, Black Grapes, Creme Patisserie [Sugar, Modified Starch, Whey (**MILK**) Powder, Skimmed **MILK** Powder, Dextrose, Vegetable Oil, Vegetable Fat, Stabiliser, Starch, Salt, Emulsifier, Flavour, Whole **EGG (EGG**, Acidity Regulartor (E330), Preservatives (E202)], Glaze (Water, Sugar, Glucose-Fructose Syrup, Pectin, Citric Acid, Potassium Citrate, Calcium Citrate, Potassium Sorbate, Natural Flavour]

Suitable for vegetarians

Chocolate Eclair – V001

Creme Patisserie (Sugar, Modified Starch, Whey (**Milk**) Power, Skimmed **MILK** Powder, Dextrose, Vegetable Oil, Vegetable Fat, Stabiliser, Starch, Thickener, Lactose (**Milk**), **MILK** Protein, GLucose Syrup, Salt, Emulsifier, Flavour, Colour, Water, Fully Hydrogentated Palm Kernel Oil, Sugar, Stabiliser (Sorbitol Syrup (E402II), Guar Gum (E412)), **SOYABEAN** Protein, Emulsifier (Sodium Stearoyl-2-Lactylate (E481)), **SOYA** Lecithin (E322), Lactic Acid, Esters of Mono-and Diglycerides of Fatty Acids (E472B)), Natural Flavouring, Salt, Colour (Plant Carotenes (E160A(II))), **SOYABEANS**, Whole **EGG**, Acidity Regulator (E330), Preservatives (E202), Fondant (White Sugar Paste, Glucose Syrup, Water), Water, Laminated Sheet [Vegetable Oils (Palm, Rapeseed), Water, Emulsifier (Sunflower Lecithin, Mono - and Diglycerides of Fatty Acids), Salt, Flavouring, Antioxidant (Ascorbyl Palmitate, Tocopherol-Rich Extract), Preservative (Potassium Sorbate), Acid (Citric Acid), Colour (Beta Carotene), Fermented **WHEAT** Flour], Dark Chocolate (Cocoa Mass 70%), Sugar, Fat-Reduced Cocoa Powder, Emulsifier (**SOYA** Lecithin, Natural Vanilla Flavouring), Pasteurised Whole **MILK**, Flour T55 (**WHEAT** Flour, **GLUTEN**), Dark Chocolate 56% (Cocoa Mass, Sugar, Cocoa Butter, (**MILK**), **SOYA** Lecithin, Natural Vanilla), Cocoa Powder, Caster Sugar, Salt

Suitable for vegetarians

Pear & Cardamom Cake – V001

WHEAT Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Raising agents (Sodium Pyrophosphate, Sodium Bicarbonate), Pasteurised Whole **EGG**, Rapeseed Oil, Courgette (8.5%), Sugar, Sultanas, Vegetable Glycerine, Bicarbonate of Soda, Raising Agent (Sodium Hydrogen Carbonate), Mixed Spice, Coconut (2%) (**SULPHITES**). Vanilla Buttercream (26.8%): Icing Sugar, Unsalted Butter (**MILK**), Vegetable Fat (Palm, Vegetable Oil, Rapeseed, Water, Salt, Natural Flavouring), Vanilla Essence (Water, Monopropylene Glycol, Colour (Caramel E150a), Flavourings). Lime Marmalade (10%): Sugar, Glucose, Fructose Syrup, Lime Juice from concentrate, Lime Peel, Citric Acid, Gelling Agent (Pectins), Acidity Regulator (Sodium Citrates), Lime Oil, Colour (Chlorophylls and Chlorophyllins), Caramelised Sugar. **PISTACHIO NUTS** (1.5%), Flaked Coconut (0.5%) (**SULPHITES**).

Suitable for vegetarians

Sea Salt Caramel Brownie – V001

Caster sugar, dark chocolate (cocoa mass 70%, sugar, fat reduced cocoa powder, emulsifier: **SOYA** lecithin, natural vanilla flavouring (**MILK**), margarine (vegetable oils (palm, rapeseed), water, salt, acid (citric acid), emulsifier (mono- and diglycerides of fatty acids), antioxidant (tocopherol-rich extract, ascorbyl palmitate), flavouring, colour (beta carotene)), whole **EGG** (**EGG**, acidity regulator(e330), preservatives(e202)), icing sugar(sugar, anti-caking agent(e341)), Gluten Free flour blend (rice, potato, tapioca, maize, buckwheat), pasteurised whipping cream (100% cream) (**MILK**), glucose syrup, sea salt, vanilla (water, (propylene glycol 14.2 %), caramel sugar syrup, thickener (xanthan gum), acidity regulator (citric acid), preservative (potassium sorbate), glycerol)

Suitable for vegetarians

COOKIES & BISCUITS

Santa's Little Helper Gingerbread- V001

Santa Gingerbread Man (100%) [**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Icing (12%) (Sugar, Water, Glucose Syrup, **EGG** White Powder, Colours (Lycopene, Vegetable Carbon), Stabilisers (Carboxy Methyl Cellulose, Guar Gum), Acidity Regulator (Citric Acid)), Invert Sugar Syrup, Vegetable Oils (Palm, Rapeseed), Water, Black Treacle, Humectant (Glycrine), Ground Ginger, Spices, **WHEAT** Gluten, Raising Agent (Diphosphates, Potassium Hydrogen Carbonate), Salt, Flavouring]

Suitable for vegetarians

Santa Face Shortbread – V001

Santa Shortbread (100%) [**WHEAT** flour (**WHEAT** flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Vegetable Oil (Palm, Rapeseed), Water, Glucose Syrup, Salt, **EGG** White Powder, Flavouring, Colours (E160a, E160d, E153), Stabilisers (E466, E412), Acidity regulator (E330)].

Suitable for vegetarians

Christmas Pudding Chocolate Biscuit – V001

Sugar, Fortified **WHEAT** flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Margarine (Palm Oil, Rapeseed Oil, Water, Emulsifier (Mono- and diglycerides of fatty acids), Flavouring, Colours (Annatto Bixin, Curcumin)), Water, Fat Reduced Cocoa Powder, Glucose Syrup, **EGG** white powder, Humectant (Glycerol), Plant Extracts (Spirulina, Safflower), Concentrates (Radish, Carrot), Colour(lutein), Acidity regulator (Citric Acid).

Suitable for vegetarians

Double Chocolate Cookie – V001

WHEAT Flour (**WHEAT** Flour Calcium Carbonate, Iron, Niacin, Thiamin), Milk Chocolate 18% (Sugar, Whole **MILK** Powder, Cocoa Butter, Cocoa Mass, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Vegetable Oils (Palm, Rapeseed), Soft Light Brown Sugar (Sugar, Cane Molasses), Sugar, Water, Fat Reduced Cocoa Powder 3%, Invert Sugar Syrup, Whole **EGG** Powder, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Skimmed **MILK** Powder, Salt, Natural Flavouring, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabiliser (Xanthan Gum)

Suitable for vegetarians

White Chocolate Cookie – V001

WHEAT Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oils (Palm, Rapeseed), White Chocolate 19% (Sugar, Cocoa Butter, Whole **MILK** Powder, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Soft Light Brown Sugar (Sugar, Cane Molasses), Sugar, Invert Sugar Syrup, Whole **EGG** Powder, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Skimmed **MILK** Powder, Salt, Natural Flavouring, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Stabiliser (Xanthan Gum)

Suitable for vegetarians

MUFFINS

Blueberry Muffin – V001

Mississippi Muffin Mix (51.71%) (Sugar, **WHEAT** Flour (Calcium, Iron, Niacin, Thiamin), Vegetable Oil, Dried Whole **EGG**, Modified Starch, **WHEAT** Starch, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Potassium Bicarbonate, Calcium Acid Pyrophosphate, Monocalcium Phosphate, Emulsifiers (E471, E477, E481), Dextrose, **WHEAT GLUTEN**, Stabiliser, Xanthan gum), Water (20.7%), Blueberries (13.29%), Vegetable Oil (11.82%), (Rapeseed Oil, Antifoaming Agent (Dimethylpolysiloxane)), Soft Cookie Mix (2.49%) (**WHEAT** Flour (Calcium, Iron, Niacin, Thiamin), Sugar, Vegetable Oil, Dried **EGG** Yolk, Dried Glucose Syrup, Dried **EGG** White, Raising Agents: Disodium Diphosphate, Sodium Bicarbonate, Potassium Bicarbonate, Emulsifier: Mono and Diglycerides of Fatty Acids, Salt, Flavouring)

Suitable for vegetarians

Banoffee Muffin – V001

Mississippi Muffin Mix (38.45%) [Sugar, **WHEAT** Flour (Calcium, Iron, Niacin, Thiamin), Vegetable Oil, Dried Whole **EGG**, Modified Starch, **WHEAT** Starch, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Potassium Bicarbonate, Calcium Acid Pyrophosphate, Monocalcium Phosphate, Emulsifiers (E471, E477, E481), Dextrose, **WHEAT GLUTEN**, Stabiliser, Xanthan Gum], Water (16.35%), Banana (11.18%), Chocolate Chips (9.57%) (Sugar, Vegetable Oil (Palm), Fat-Reduced Cocoa Powder, Emulsifiers (**SOYA** Lecithin, Sorbitan Tristearate), Natural Flavouring), Vegetable Oil (9.06%) [Rapeseed Oil, Antifoaming Agent (Dimethylpolysiloxane)], Toffee Dessert Sauce (7.69%) [Glucose Syrup, Reconstituted Skimmed MILK, Dextrose, Water, Humectant (Glycerol), Sugar, Vegetable Oil (Rapeseed), Modified Starch, Butter (**MILK**), Colour (Plain Caramel), Salt, Stabilisers (Guar Gum, Xanthan Gum), Flavouring, Preservative (Potassium Sorbate), Emulsifier (E435)], Mactop (6.15%) [Water, Fully and Partially Hydrogenated Vegetable Oil (Palm Kernel), Dextrose, Sugar, Humectant (Glycerol), **MILK** Protein, Emulsifiers (Polysorbate 60, Mono and di-glycerides, **SOYA** Lecithin), Stabilisers (Cellulose, Carboxymethyl Cellulose, Methyl Cellulose, Hydroxypropyl Methyl Cellulose), Acidity Regulators (Tri sodium Citrate, DiSodium Phosphate), Salt, Flavouring (Vanilla), Colour (Beta-Carotene)], Milk Chocolate Shards (1.54%) (Sugar, Cocoa mass, Cocoa butter, Whole **MILK** powder; Skimmed **MILK** powder, Emulsifier: **SOYA** lecithin; Natural vanilla flavouring)

Suitable for vegetarians

Chocolate Chip Muffin – V001

Mississippi Muffin Mix (51.88%) [Sugar, **WHEAT** Flour (Calcium, Iron, Niacin, Thiamin), Vegetable Oil, Dried Whole **EGG**, Modified Starch, **WHEAT** Starch, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Potassium Bicarbonate, Calcium Acid Pyrophosphate, Monocalcium Phosphate, Emulsifiers (E471, E477, E481), Dextrose, **WHEAT GLUTEN**, Stabiliser, Xanthan Gum], Water (21.34%), Chocolate Chips (15.01%) [Sugar, Vegetable Oil (Palm), Dextrose, Cocoa Mass, Fat-Reduced, Cocoa Powder, Emulsifiers (**SOYA** Lecithin, Sorbitan Tristearate), Natural Flavouring], Vegetable Oil (11.77%), [Rapeseed Oil, Antifoaming Agent (Dimethylpolysiloxane)]

Suitable for vegetarians

CRODOTS

Biscoff® Crodot - V001

Crodot (55.94%) **WHEAT** Flour, Margarine (Vegetable Fat (Palm), Vegetable Oils (Sunflower, **SOYA**), Water, Emulsifier (E471), Acid (E330), Colour (E160a)), Vegetable Fat (Palm), Water, Sugar, Yeast, Salt, **WHEAT GLUTEN**, **WHEAT** Fibre, Flour Treatment Agent (E300), Mactop (23.69%) [Water, Fully and Partially Hydrogenated Vegetable Oil (Palm Kernel), Dextrose, Sugar, Humectant (Glycerol), **MILK** Protein, Emulsifiers (Polysorbate 60, Mono and di-glycerides, **SOYA** Lecithin), Stabilisers (Cellulose, Carboxymethyl Cellulose, Methyl Cellulose, Hydroxypropyl Methyl Cellulose), Acidity Regulators (Tri sodium Citrate, DiSodium Phosphate), Salt, Flavouring (Vanilla), Colour (Beta-Carotene)], Biscoff Topping Sauce (18.27%) Caramelised Biscuits 52% (**WHEAT** Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), **SOYA** Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Lecithins (**SOYA**)), Acid (Citric Acid). *palm oil from sustainable and certified plantations, Biscoff Crumble (2.1%) **WHEAT** Flour, Sugar, Vegetable Oils (Palm*, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon. *from sustainable and certified plantations

Suitable for vegetarians

Party Ring SOnut- V001

Crodot (56.34%) [**WHEAT** Flour, Margarine (Vegetable Fat (Palm), Vegetable Oils (Sunflower, Soya), Water, Emulsifier (E471), Acid (E330), Colour (E160a)), Vegetable Fat (Palm), Water, Sugar, Yeast, Salt, **WHEAT GLUTEN**, **WHEAT** Fibre, Flour Treatment Agent (E300)], Mactop (24.65%) [Water, Fully and Partially Hydrogenated Vegetable Oil (Palm Kernel), Dextrose, Sugar, Humectant (Glycerol), **MILK** Protein, Emulsifiers (Polysorbate 60, Mono and di-glycerides, **SOYA** Lecithin), Stabilisers (Cellulose, Carboxymethyl Cellulose, Methyl Cellulose, Hydroxypropyl Methyl Cellulose), Acidity Regulators (Tri sodium Citrate, DiSodium Phosphate), Salt, Flavouring (Vanilla), Colour (Beta-Carotene)], Icing Sugar (15.24%) [Icing Sugar, Maize Starch], Water (2.11%), Party Ring Minis (1.41%) [**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Palm Oil, Glucose Syrup, Salt, Raising Agents (Ammonium Bicarbonates, Disodium Diphosphates, Sodium Bicarbonates), Partially Inverted Sugar Syrup, Hydrolysed **WHEAT** Gluten, Flavouring, Emulsifier (SOYA Lecithin), Plant, Fruit & Vegetable Concentrates (Radish, Safflower Apple, Carrot, Blackcurrant, Hibiscus), Acidity Regulator: Citric Acid; Vegetable Glycerine], Pitaya Powder (0.25%)

Suitable for vegetarians

White Chocolate & Raspberry Crodot – V001

Crodot (57.35%) [**WHEAT** Flour, Margarine (Vegetable Fat (Palm), Vegetable Oils (Sunflower, Soya), Water, Emulsifier (E471), Acid (E330), Colour (E160a)), Vegetable Fat (Palm), Water, Sugar, Yeast, Salt, **WHEAT GLUTEN**, **WHEAT** Fibre, Flour Treatment Agent (E300)], Mactop (22.28%) [Water, Fully and Partially Hydrogenated Vegetable Oil (Palm Kernel), Dextrose, Sugar, Humectant (Glycerol), **MILK** Protein, Emulsifiers (Polysorbate 60, Mono and di-glycerides, **SOYA** Lecithin), Stabilisers (Cellulose, Carboxymethyl Cellulose, Methyl Cellulose, Hydroxypropyl Methyl Cellulose), Acidity Regulators (Tri sodium Citrate, DiSodium Phosphate), Salt, Flavouring (Vanilla), Colour (Beta-Carotene)], Raspberry Jam (8.6%) [Raspberries, Cane Sugar, Lemons], White Chocolate Syrup (5.56%) [Sugar, Water, Natural Flavouring, Acidity Regulator: Citric Acid], White, Chocolate Dessert Sauce (3.58%) [Water, Sugar, Dextrose, Skimmed **MILK** Powder, White Chocolate (9%) (Sugar, Cocoa Butter, Whole **MILK** Powder, Emulsifier (**SOYA** Lecithin), Natural Vanilla Flavouring), Humectant (Glycerol), Maltodextrin, White Chocolate Powder (2%) (Sugar, Cocoa Butter, Whole **MILK** Powder, Skimmed **MILK** Powder), Whey Powder (**MILK**), Vanilla Extract], Freeze Dried Raspberries (1.79%), Water (0.67%), Matcha Powder (0.17%) 100% Green Tea (*Camellia Sinensis*)

Suitable for vegetarians

PASTRIES

Almond Croissant – V001

[**WHEAT** Flour (**GLUTEN**), {**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin}, Butter (**MILK**), **MILK**, Water, Sugar, **ALMONDS** (25%), Eggs, Custard Powder (Starch of maize (E1422), carotene (E160a), Vanilla, Yeast, Salt, **ALMOND** Extract (**ALMOND** oil, water), Sugar (97%), Maize Starch.

Suitable for vegetarians

Blueberry Danish- V001

[**WHEAT** Flour (**WHEAT GLUTEN**), Calcium Carbonate, Niacin, Iron, Thiamine), Water, Laminated Sheet (Vegetable Oils (Palm, Rapeseed), Water, Emulsifier (Sunflower Lecithin, Mono- and Diglycerides of Fatty Acids), Salt, Flavouring, Antioxidant (Ascorbyl Palmitate, Tocopherol-Rich Extract), Preservative (Potassium Sorbate), Acid (Citric Acid), Colour (Beta Carotene), Fermented **WHEAT** Flour), Glaze (Water, Sugar, Glucose-Fructose Syrup, Pectin, Citric Acid, Potassium Citrate, Calcium Citrate, Potassium Sorbate, Natural Flavour), Glaze (Vegetable Protein, Rapeseed Oil, Maltodextrin, Dextrose (**WHEAT**, Maize), Starch, Water), Caster Sugar, Creme Patisserie (Sugar, Modified Starch, Whey (**MILK**) Powder, Skimmed **MILK** Powder, Dextrose, Vegetable Oil, Vegetable Fat, Stabilizer, Starch, Thickner, Lactose (**MILK**), **MILK** Protein, Glucose Syrup, Salt, Emulsifier, Flavour, Color), Blueberries, Vegan Cream (Water, Fully Hydrogenated Palm Kernel Oil, Sugar, Stabiliser (Sorbitol Syrup, Gellan Gum), Emulsifier (Polysorbate 60, Sorbitan Monostearate, Mono-and Diacetyl Tartaric Acid Esters of Mono and Diglycerides of Fatty Acids, Sodium Stearyl-2-Lactylate, **SOYA** Lecithin), Flavouring, Acidity Regulator (Trisodium Citrate, Disodium Phosphate), Salt, Colour (Plant Carotenes)) (**SOYBEAN (SOYA)**), Baker's Yeast, **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Nicotinamide, Thiamine), Dextrose, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids (E472e)), Flour Treatment Agent (Ascorbic Acid (E300)), Rapeseed Oil, Enzymes, Salt

Suitable for vegetarians

Chocolate Twist – V001

Flour (**WHEAT**; Malted **WHEAT**; tabilised **WHEAT** Germs); Water; Butter (**MILK**) (15.5%); Sugar; Cocoa Mass; Yeast; Sweet Whey Powder (**MILK**); Modified Starch; **EGG**; **WHEAT** Gluten; Salt; Skimmed **MILK** Powder; Thickener (E401); Cream Powder (**MILK**); Stabilizer (E516; E450); Flavouring; Cocoa Butter; Natural Vanilla Flavouring; Emulsifier (Lecithins); Carrot Extract; Acerola Powder; Maltodextrin; Enzymes.

Suitable for vegetarians

Pain Au Chocolat – V001

Pain Au Chocolat (100%) [**WHEAT** Flour, Butter (**MILK**), Water, Chocolate (Sugar, Cocoa Paste, Cocoa Butter, Emulsifier (**SOYA** Lecithins), Natural Flavouring, Yeast, Sugar, **EGGS**, Salt, Gluten (**WHEAT**), Antioxidant (Ascorbic Acid)])

Suitable for vegetarians

Cinnamon Roll (Without Frosting) – V001

WHEAT Flour (**WHEAT, GLUTEN**, Calcium Carbonate, Niacin, Iron, Thiamine), Water, Light Brown Sugar (Sugar and Cane Molasses), Laminated Sheet (Vegetable Oils (Palm, Rapeseed), Water, Emulsifier (Sunflower lecithin, Mono- and Diglycerides of Fatty Acids), Salt, Flavouring, Antioxidant (Ascorbyl Palmitate, Tocopherol-Rich Extract), Preservative (Potassium Sorbate), Acid (Citric Acid), Colour (Beta Carotene), Fermented **WHEAT** Flour), Caster Sugar, Glaze (Vegetable Protein, Rapeseed Oil, Maltodextrin, Dextrose (**WHEAT**, Maize), Starch, Water), Baker's Yeast, **WHEAT** Flour (**GLUTEN**, Calcium Carbonate, Iron, Nicotinamide, Thiamine), Dextrose, Emulsifier (Mono-and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids (E472e)), Flour Treatment Agent (Ascorbic Acid (E300)), Rapeseed Oil, Enzymes), Salt, Ground Cinnamon

Suitable for vegetarians

Cinnamon Roll (With Cream Cheese Frosting)– V001

Cinnamon Roll (75.61%) **WHEAT** Flour (**WHEAT, GLUTEN**, Calcium Carbonate, Niacin, Iron, Thiamine), Water, Light Brown Sugar (Sugar and Cane Molasses), Laminated Sheet (Vegetable Oils (Palm, Rapeseed), Water, Emulsifier (Sunflower lecithin, Mono- and Diglycerides of Fatty Acids), Salt, Flavouring, Antioxidant (Ascorbyl Palmitate, Tocopherol-Rich Extract), Preservative (Potassium Sorbate), Acid (Citric Acid), Colour (Beta Carotene), Fermented **WHEAT** Flour), Caster Sugar, Glaze (Vegetable Protein, Rapeseed Oil, Maltodextrin, Dextrose (**WHEAT**, Maize), Starch, Water), Baker's Yeast, **WHEAT** Flour (**GLUTEN**, Calcium Carbonate, Iron, Nicotinamide, Thiamine), Dextrose, Emulsifier (Mono-and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids (E472e)), Flour Treatment Agent (Ascorbic Acid (E300)), Rapeseed Oil, Enzymes), Salt, Ground Cinnamon, Cream Cheese Frosting (24.39%) Sugar, Vegetable Oils, Water, Humectant, Glycerol, Cream Cheese Powder (**MILK**), Skimmed **MILK** Powder, Fully Hydrogenated Vegetable Fat, Modified Starch, Emulsifiers, Mono- and diglycerides of fatty acids, Polysorbate 60, Flavouring (**MILK**), Preservative (Potassium Sorbate), Acidity Regulator (Disodium Phosphate), Colour (Lutein)

Suitable for vegetarians

Croissant (New)– V002

WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamine), Pasteurised Whole **MILK** (100% **MILK**), Double Cream(100% Cream) (**MILK**), Flour (**WHEAT** Flour), Caster Sugar, Laminated Sheet (Vegetable Oils (Palm, Rapeseed), Water, Emulsifier (Sunflower Lecithin, Mono- and Diglycerides of Fatty Acids), Salt, Flavouring, Antioxidant (Ascorbyl Palmitate, Tocopherol-Rich Extract), Preservative (Potassium Sorbate), Citric Acid), Colour (Beta Carotene), Fermented **WHEAT** Flour), Glaze (Vegetable Protein, Rapeseed Oil, Maltodextrin, Dextrose (**WHEAT**, Maize), Starch, Water), Baker's Yeast, Salt

Suitable for vegetarians

Pain aux Raisins (New) – V002

WHEAT Flour (**WHEAT GLUTEN**, Calcium Carbonate, Niacin, Iron, Thiamine), Water, Laminated Sheet [Vegetable Oils (Palm, Rapeseed), Water, Emulsifier (Sunflower Lecithin, Mono - and Diglycerides of Fatty Acids), Salt, Flavouring, Antioxidant (Ascorbyl Palmitate, Tocopherol-Rich Extract), Preservative (Potassium Sorbate), Acid (Citric Acid), Colour (Beta Carotene), Fermented **WHEAT** Flour], Creme Patisserie (Sugar, Modified Starch, Whey (**Milk**) Powder, Skimmed **MILK** Powder, Dextrose, Vegetable Oil, Vegetable Fat, Stabiliser, Starch, Thickener, Lactose (**MILK**), **MILK** Protein, Glucose Syrup, Salt, Emulsifier, Flavour, Colour), Caster Sugar, Sultanas (Turkish Sultanas, Vegetable Oil), Glaze (Water, Sugar, Glucose-Fructose Syrup, Pectin, Citric Acid, Potassium Citrate, Calcium Citrate, Potassium Sorbate, Natural Flavour), Glaze [Vegetable Protein, Rapeseed Oil, Maltodextrin, Dextrose (**WHEAT**, Maize), Starch, Water], Currants (Currants, Sunflower Oil), Baker's Yeast, **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Nicotinamide, Thiamine), Dextrose, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono-and Diglycerides of Fatty Acids (E472E), Flour Treatment Agent (Ascorbic Acid (E300)), Rapeseed Oil, Enzymes), Salt

Suitable for vegetarians

SCONES

Fruit Norwegian Scone – V001

WHEAT flour (**WHEAT** flour, Calcium carbonate, Iron, Niacin, Thiamin), Buttermilk (**MILK**), Raisins (17%), Butter (**MILK**), Sugar, Pasteurised whole **EGG**, Orange juice, Lemon juice, Raising agents (E450, E500), Orange zest, Water, Lemon zest

Suitable for vegetarians

Cheese & Onion Norwegian Scone – V001

WHEAT Flour (**WHEAT** flour, Calcium carbonate, Iron, Niacin, Thiamin), Buttermilk (**MILK**), Cheddar cheese (**MILK**) (20%), Butter (**MILK**), Pasteurised whole **EGG**, Sugar, Raising agents (E450(i), E500(ii)), Onion (2%), Water

Suitable for vegetarians

Clotted Cream – V001

Clotted Cream (**MILK**)

Suitable for vegetarians

Butter – V001

Butter (**MILK**), Salt

Suitable for vegetarians

Tiptree Strawberry Jam – V001

Sugar, Strawberries, Gelling Agent: Citrus Pectin, Acidity Regulator: Citric Acid

Suitable for vegetarians & vegans

SAVOURY PASTRIES & BAGELS

Hog Roast Sausage Roll – V001

Hog Roast Sausage Roll (100%) Pork Shoulder (21%), **WHEAT** Flour (Calcium Carbonate, Iron, Niacin, Thiamine), Unsalted Butter (**MILK**), Pork Shoulder Heart Muscle (12%), Diced Onion, Water, Bramley Apple (Ascorbic Acid, Citric Acid, Salt), Potato, Liquid **EGG**, Pork Rind, Breadcrumb (**WHEAT** Flour (Calcium Carbonate, Iron, Niacin, Thiamine), Water, Salt, Yeast), Honey, White Wine Vinegar 6% Acidity, Salt, Garlic, Rubbed Sage, Parsley, Cracked Black Pepper, Caster Sugar, Rapeseed Oil (Anti-foaming Agent (Polydimethylsiloxane)).

Chorizo Sausage Roll – V001

Pork (26%), **WHEAT** flour (WHEAT flour, calcium carbonate, iron, niacin, thiamine), water, vegetable fat (RSPO palm, rapeseed oil, water, salt, lemon juice concentrate), chorizo (pork, salt, paprika, dextrose, sacarose, dextrin, garlic, vegetable protein, emulsifier (E-450iii), preservatives (E-250, E-252), antioxidants (E-331,E-301), rosemary extract (E-392) (7%), butter (**MILK**), rusk (**WHEAT** flour, salt, raising agent (E503)), onions, seasoning (salt, white pepper, sage, pimento (allspice), nutmeg, coriander leaf), salt, dried sage, glaze (water, vegetable protein (pea), dextrose), smoked paprika)

Prosciutto & Cheese Croissant – V001

WHEAT flour, fine butter (**MILK**) 23%, water, yeast, sugar, **EGGS**, salt, **WHEAT** gluten, flour treatment agents (alpha-amylases, hemicellulases, ascorbic acid), Prosciutto (Pork leg, Salt, Preservative: potassium nitrate (E252)

Salmon & Cream Cheese Bagel – V001

Multiseed Bagel (**WHEAT** Flour (**GLUTEN**) (**WHEAT** Flour, Calcium carbonate, iron, niacin & thiamin), Water, Golden Linseeds (2.51%), Wholemeal Flour (**GLUTEN**) (Wheat, Calcium Carbonate (E170), Iron, Niacin, Thiamin), Malted **BARLEY** (**GLUTEN**)) Brown Linseeds (0.42%), Millet (0.42%), **WHEAT** Grains (0.42%) (**GLUTEN**), Sunflower Seeds (0.42%), Yeast, Salt), Salmon (**FISH** (96%), Salt, Sugar), Lemon, Black Pepper, Cucumber, Cream Cheese (Cream (**MILK**), Skimmed **MILK**, **MILK** Solids, Modified Starch, Salt), Chives

Sausage Roll – V001

Pork (31%), **WHEAT** flour (**WHEAT** flour, calcium carbonate, iron, niacin, thiamine), water, vegetable fat (RSPO palm oil, rapeseed oil, water, salt, lemon juice concentrate), onion, rusk (**WHEAT** flour, salt, Raising Agent : E503), Butter (**MILK**), dried mixed herbs, whole pasteurised free range **EGG**, salt, sage

Pork Sausage Roll (new)– V001

Pork (31%), **WHEAT** flour (**WHEAT** flour, calcium carbonate, iron, niacin, thiamine), water, vegetable fat (RSPO palm oil, rapeseed oil, water, salt, lemon juice concentrate), onion, rusk (**WHEAT** flour, salt, Raising Agent : E503), Butter (**MILK**), dried mixed herbs, whole pasteurised free range **EGG**, salt, sage

Tomato & Cheese Croissant – V001

WHEAT flour, fine butter (**MILK**) 23%, water, yeast, sugar, **EGGS**, salt, **WHEAT** gluten, flour treatment agents (alpha-amylases, hemicellulases, ascorbic acid), Tomato, Mature Cheddar (**MILK**)

Suitable for vegetarians

Cheese & Onion Roll – V001

Cheese & Onion Roll (100%) **WHEAT** Flour (Calcium Carbonate, Iron, Niacin, Thiamine), Onion (17%), Unsalted Butter (**MILK**), Potato, Mature Cheese (9%) (Anti-caking Agent: Potato Starch) (**MILK**), Water, Regato (Anti-

caking Agent: Potato Starch) (**MILK**), Breadcrumb (WHEAT Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Water, Salt, Yeast), Liquid **EGG**, White Wine Vinegar 6% Acidity, Novation Starch, Salt, White Pepper

Suitable for vegetarians

Cheese & Onion Roll – V001

Cheese & Onion Roll (100%) **WHEAT** Flour (Calcium Carbonate, Iron, Niacin, Thiamine), Onion (17%), Unsalted Butter (**MILK**), Potato, Mature Cheese (9%) (Anti-caking Agent: Potato Starch) (**MILK**), Water, Regato (Anti-caking Agent: Potato Starch) (**MILK**), Breadcrumb (WHEAT Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Water, Salt, Yeast), Liquid **EGG**, White Wine Vinegar 6% Acidity, Novation Starch, Salt, White Pepper

Suitable for vegetarians

BBQ Pulled Pork Pasty – V001

BBQ Pulled Pork Pasty (100%) **WHEAT** Flour (Calcium Carbonate, Iron, Niacin, Thiamine), Unsalted Butter (**MILK**), 85vl Pork Shoulder (16%), Pork Shoulder Heart Muscle (13%), Water, Smoked Bacon (7%) (Pork, Salt, Sugar, Preservatives (Sodium Nitrite, Sodium Nitrate), Antioxidant (Sodium Ascorbate)), Diced Onion, Potato, Tomato Ketchup (Water, Sugar, Tomato Paste, Spirit Vinegar, Modified Maize Starch, Salt, Acetic Acid, Potassium Sorbate, Black Carrot Extract, Sweeteners (Sodium Saccharin, Aspartame), Natural Clove Flavourings), Liquid **EGG**, Mature Cheese (**MILK**) (Anti-caking Agent: Potato Starch) (**MILK**), Red Cooking Wine (**SULPHITES**), Pineapple Juice, Demerara Sugar, White Wine Vinegar 6% Acidity, Paprika Flakes, Malt Vinegar (**GLUTEN**), Dark **SOY** Sauce (Water, Salt, Colour (E150a), Sugar, **SOYA**beans, **WHEAT**), Worcester Sauce (Malt Vinegar (from **BARLEY**), Spirit Vinegar, Molasses, Sugar, Salt, Anchovies (**FISH**), Tamarind Extract, Onions, Garlic, Spice, Flavourings), Breadcrumb (**WHEAT** Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Water, Salt, Yeast), Salt, Garlic, Cracked Black Pepper, Caster Sugar, Rapeseed Oil (Anti-foaming Agent (Polydimethylsiloxane)), Ground White Pepper

TOAST & CONDIMENTS

Butter – V001

Butter (**MILK**), Salt

Suitable for vegetarians

Honey – V001

Honey (100%)

Suitable for vegetarians

HP Brown Sauce – V001

Tomatoes, Malt Vinegar (from **BARLEY**), Molasses, Glucose - Fructose Syrup, Spirit Vinegar, Sugar, Dates, Modified Cornflour, **RYE** Flour, Salt, Spices, Flavourings, Tamarind

Suitable for vegetarians & vegans

Marmalade – V001

Sugar, Seville Oranges, Gelling Agent: Citrus Pectin

Suitable for vegetarians & vegans

Peanut Butter – V001

Roasted **PEANUTS**, Palm Oil, Brown Cane Sugar, Salt, **PEANUT** Oil

Suitable for vegetarians & vegans

Sourdough Toast – V001

Granary Sourdough (**WHEAT** Flour (**GLUTEN**) (Calcium carbonate (E170), iron, niacin, thiamine), Water, Malted **BARLEY** (**GLUTEN**), Malted **BARLEY** (**GLUTEN**) Brown Linseeds (30%), Millet (25%), **WHEAT** Grains (25%) & Sunflower seeds (20%)), Salt)

Tiptree Strawberry Jam – V001

Sugar, Strawberries, Gelling Agent: Citrus Pectin, Acidity Regulator: Citric Acid

Suitable for vegetarians & vegans

Tomato Ketchup Sauce – V001

Tomatoes, Tomato Paste, Spirit Vinegar, Sugar, Salt, Spice and Herb Extracts (contains **CELERY**), Water, Glucose-Fructose Syrup, Modified Maize Starch, Acidity Regulators (Acetic Acid, Citric Acid), Preservative (Potassium Sorbate), Tomato Spice (Natural Clove Flavourings, Natural Flavourings)

Suitable for vegetarians & vegans

HOT BREAKFAST

Pigs In Blankets Breakfast Roll – V001

Pigs in Blankets (51.72%) [Pork (74%), Water, Pea flour, Seasoning, (Rice Flour, Salt, Spices, Herb, Preservative (E221) (**SULPHITE**), Diphosphate(E450), Yeast Extract, Antioxidant (E300), Sugar). Collagen Casing. Bacon: Pork (87%), Water, Salt, Preservatives (E252,E250), Antioxidant (E301)], Breakfast Roll (36.78%) [**WHEAT** Flour, Water, Beer (Water, **BARLEY** Malt, Rice, Hops), **WHEAT** Sourdough (Fermented **WHEAT** Flour, Water), **WHEAT** Semolina, Olive Oil, Yeast, Sugar, Salt, Inverted Sugar Syrup, **WHEAT** Malt Flour], Cranberry Relish (11.49%) [Cranberries, Apples, Red Onions, Glucose Fructose Syrup, Red Wine Vinegar, Muscovado Sugar, Pectin, Red Wine Vinegar, Dehydrated Red Onions (6%), Modified Tapioca Starch, Acidity Regulators (Citric Acid, Trisodium Citrate ,Tricalcium Citrate), Preservative (Potassium Sorbate), Spirit Vinegar, Salt, Sugar, Acetic Acid, Raisins, Salt, Orange Zest, Orange Juice from Concentrate, Cinnamon, Ground Coriander, Ground Cinnamon, Ground Ginger, Ground Nutmeg, Ground Cloves, Ground Black Pepper].

Bacon, Egg & Smashed Avo Roll – V001

Smoked Rindless Back Bacon (35.09%) Pork (87%), Water, Salt Preservatives; E252 (Potassium Nitrate), E250 (Sodium Nitrite), Anti-Oxidant; E301 (Sodium Ascorbate), Breakfast Roll (28.07%) **WHEAT** Flour, Water, Beer (Water, **BARLEY** malt, rice, hops), **WHEAT** Sourdough (Fermented **WHEAT** flour, water), **WHEAT** Semolina, Olive oil, Yeast, Sugar, Salt, Inverted sugar syrup, **WHEAT** Malt flour, Free Range **EGGS** (20.35%), Avocado (12.98%), Cold Pressed Rapeseed Oil (3.51%)

Halloumi, Avocado, Rose Harissa & Spinach Roll – V001

Breakfast Roll (40.1%) **WHEAT** Flour, Water, Beer (Water, **BARLEY** malt, rice, hops), **WHEAT** Sourdough (Fermented **WHEAT** flour, water), **WHEAT** Semolina, Olive oil, Yeast, Sugar, Salt, Inverted sugar syrup, **WHEAT** Malt flour, Halloumi Cheese (31.33%) Cow, sheep and goat's **MILK**, salt, rennet (non animal), Avocado (18.55%), Baby Leaf Spinach (5.01%), Rose Harissa (Eu) (5.01%) Rehydrated Red Peppers, Vegetable Oils (Sunflower Oil and Rapeseed Oil in Varying Proportions), Spices, Garlic, Salt, rose Petals, Acidity Regulator: Citric Acid

Suitable for vegetarians

Lincolnshire Sausage Roll – V001

Lincolnshire Sausage (63.64%) Pork (65%), Water, Rusk (**WHEAT** Flour (Fortified with Calcium Carbonate, Iron, Niacin, Thiamin), Pork Fat, Herbs (Lovage, Sage, Thyme), Dextrose, Spices (Black Pepper, Ginger, Mace, White Pepper), Salt, Yeast Extract, Stabilisers (E450), Preservative (Sodium **SULPHITE**), Onion Powder, Antioxidant (E300), Herb Extract (Sage)), Breakfast Roll (36.36%) **WHEAT** Flour, Water, Beer (Water, **BARLEY** malt, rice, hops), **WHEAT** Sourdough (Fermented **WHEAT** flour, water), **WHEAT** Semolina, Olive oil, Yeast, Sugar, Salt, Inverted sugar syrup, **WHEAT** Malt flour

Smashed Avocado, Salsa & Toasted Seeds – V001

Granary Sourdough (**WHEAT** Flour (**GLUTEN**) (Calcium carbonate (E170), iron, niacin, thiamine), Water, Malted **BARLEY** (**GLUTEN**), Malted **BARLEY** (**GLUTEN**) Brown Linseeds (30%), Millet (25%), **WHEAT** Grains (25%) & Sunflower seeds (20%)), Salt), Avocado, Lime, Salt, Pumpkin Seeds, Sunflower Seeds, Glucose-Fructose Syrup, Diced Tomatoes, Tomato Paste, Water, Acidity Regulator (Acetic Acid), Rapeseed Oil, Green Jalapeno Peppers (Green Jalapeno Peppers, Water, Salt, Acidity Regulator (Acetic Acid), Firming Agent (Calcium Chloride), Preservatives (Sodium Benzoate, Sodium **METABISULPHITE**)), Salt, Minced Onion, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Dried Garlic, Dried Onion, Black pepper, Chilli Powder, Dried Parsley

Suitable for vegetarians & vegans

Smoked Salmon & Scrambled Eggs – V001

Granary Sourdough (**WHEAT** Flour (**GLUTEN**) (Calcium carbonate (E170), iron, niacin, thiamine), Water, Malted **BARLEY** (**GLUTEN**), Malted **BARLEY** (**GLUTEN**) Brown Linseeds (30%), Millet (25%), **WHEAT** Grains (25%) & Sunflower seeds (20%)), Salt), Salmon (**FISH** (96%), Salt, Sugar), Lemon, Cream Cheese (Cream (**MILK**), Skimmed **MILK**, **MILK** Solids, Modified Starch, Salt), Chives, Salt, Pepper, Rapeseed Oil

The Full Vegetarian Breakfast – V001

Granary Sourdough (**WHEAT** Flour (**GLUTEN**) (Calcium carbonate (E170), iron, niacin, thiamine), Water, Malted **BARLEY** (**GLUTEN**), Malted **BARLEY** (**GLUTEN**) Brown Linseeds (30%), Millet (25%), **WHEAT** Grains (25%) & Sunflower seeds (20%)), Salt), Halloumi ((Pasteurised **MILK** Blend (Cow's, Goat's and Sheep's **MILK**), Salt, Vegetarian Rennet), Heinz Beans (Beans (51%), Tomatoes (34%), Water, Sugar, Spirit Vinegar, Modified Cornflour, Salt, Spice Extracts, Herb Extract), Hash Browns (Potatoes, Sunflower Oil, Salt, Onion Powder, Stabiliser (E450), White Pepper), Tomato, **EGGS**, Chives, Salt, Pepper, Rapeseed Oil, Butter ((**MILK**), Salt)

Suitable for vegetarians

The Full Euphorium Breakfast – V001

Granary Sourdough (**WHEAT** Flour (**GLUTEN**) (Calcium carbonate (E170), iron, niacin, thiamine), Water, Malted **BARLEY** (**GLUTEN**), Malted **BARLEY** (**GLUTEN**) Brown Linseeds (30%), Millet (25%), **WHEAT** Grains (25%) & Sunflower seeds (20%)), Salt), Smoked Rindless Back Bacon (48.79%) Pork (87%), Water, Salt Preservatives; E252 (Potassium Nitrate), E250 (Sodium Nitrite), Anti-Oxidant; E301 (Sodium Ascorbate), Lincolnshire Sausage (28.46%) Pork (65%), Water, Rusk (**WHEAT** Flour (Fortified with Calcium Carbonate, Iron, Niacin, Thiamin), Herbs (Lovage, Sage, Thyme), Dextrose, Spices (Black Pepper, Ginger, Mace, White Pepper), Salt, Yeast Extract, Stabilisers (E450), Preservative (Sodium **SULPHITE**), Onion Powder, Antioxidant (E300), Herb Extract (Sage)), Pork Fat, Salt, Dextrose, Heinz Beans (Beans (51%), Tomatoes (34%), Water, Sugar, Spirit Vinegar, Modified Cornflour, Salt, Spice Extracts, Herb Extract), Hash Browns (Potatoes, Sunflower Oil, Salt, Onion Powder, Stabiliser (E450), White Pepper), Tomato, **EGGS**, Chives, Salt, Pepper, Rapeseed Oil, Butter ((**MILK**), Salt).

Triple Bacon Roll – V001

Smoked Rindless Back Bacon (65.22%) Pork (87%), Water, Salt Preservatives; E252 (Potassium Nitrate), E250 (Sodium Nitrite), Anti-Oxidant; E301 (Sodium Ascorbate), Breakfast Roll (34.78%) **WHEAT** Flour, Water, Beer (Water, **BARLEY** malt, rice, hops), **WHEAT** Sourdough (Fermented **WHEAT** flour, water), **WHEAT** Semolina, Olive oil, Yeast, Sugar, Salt, Inverted sugar syrup, **WHEAT** Malt flour

Toasted Banana Bread – V001

Banana Loaf Cake (38.46%) Banana (23%), Rapeseed Oil [Rapeseed Oil, Antifoaming Agent (E900)], Flour [**WHEAT** Flour, Calcium, Iron, Niacin, Thiamin], Sugar, Free Range Pasteurised Whole **EGG**, Pasteurised Whole **MILK**, **WHEAT** Bran, Light Muscovado Sugar, Banana Chips [Banana, Coconut Oil, Refined Cane Sugar, Banana Flavour], Baking Powder [Raising Agents (E500(ii), E450(i))], **WHEAT** Flour (contains calcium, iron, Niacin, Thiamin)], Salt, Banana (33.46%), Toffee Dessert Sauce (9.62%) [Glucose Syrup, Reconstituted Skimmed **MILK**, Dextrose, Water, Humectant (Glycerol), Sugar, Vegetable Oil, Modified Starch, Butter (**MILK**), Colour (Plain Caramel)], Salt, Stabilisers (Guar Gum, Xanthan Gum), Flavouring, Preservative (Potassium Sorbate)], Mascarpone (8.65%) Cream (**MILK**), **MILK** Solids, Potassium Sorbate (E202), Citric Acid (E330), Nisin (E234), Full Fat Soft Cheese (6.92%) Cream (**MILK**), Skimmed **MILK**, **MILK** Solids, Modified Starch (E1442), Salt (E535), Potassium Sorbate (E202), Culture, Icing Sugar (1.73%) [Icing Sugar, Maize Starch], Organic Cacao Nibs (0.77%) [Cocoa Beans], Mint (0.38%)

Suitable for vegetarians

Mixed Berry French Toast – V001

Sourdough (54.15%) [**WHEAT** Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Fermented **WHEAT** Flour, Rapeseed Oil, Salt, Malt Extract (**BARLEY**)], Mixed Berries (16.43%) [Raspberries, Redcurrants, Blackcurrants, Blueberries, Blackberries, Strawberries], Liquid Whole **EGG** (10.83%), Honey (7.22%), Semi Skimmed Milk 13.6 litre (5.42%) Milk Semi Skimmed Milk, Demerara Sugar (1.81%), Icing Sugar (1.77%) [Icing Sugar, Maize Starch], Ground Cinnamon (0.72%), Mascarpone (0.72%) Cream (**MILK**), **MILK** Solids, Potassium Sorbate (E202), Citric Acid (E330), Nisin (E234), Full Fat Soft Cheese (0.58%) Cream (**MILK**), Skimmed **MILK**, **MILK** Solids, Modified Starch (E1442), Salt (E535), Potassium Sorbate (E202), Culture, Mint (0.36%)

Suitable for vegetarians

Halloumi & Red Pepper Toast – V001

Halloumi Cheese (34.57%) [Cow, Sheep and Goat's **MILK**, Salt, Rennet (Non-Animal)], Sourdough (31.69%) [**WHEAT** Flour (**GLUTEN**) (Calcium carbonate (E170), iron, niacin, thiamine), Water, Malted **BARLEY** (**GLUTEN**), Granary Mix (**GLUTEN**), (Golden & Brown Linseeds (30%), Millet (25%), **WHEAT** Grains (25%) & Sunflower seeds (20%)), Salt], Red Roasted Peppers (20.58%) [Red Peppers, Water, Salt, Acidity Regulator: Citric Acid], Rocket (7%), Butter (**MILK**) (2.88%), Rapeseed Oil (2.47%) [Rapeseed Oil, Antifoaming Agent (E900)], Garlic Puree (0.82%) [Garlic, Citric Acid]

Suitable for vegetarians

Halloumi & Avocado Toast V001

Halloumi Cheese (33.73%) [Cow, Sheep and Goat's **MILK**, Salt, Rennet (Non-Animal)], Granary Sourdough (32.13%) [**WHEAT** Flour (**GLUTEN**) (Calcium carbonate (E170), iron, niacin, thiamine), Water, Malted **BARLEY** (**GLUTEN**), Granary Mix (**GLUTEN**), (Golden & Brown Linseeds (30%), Millet (25%), **WHEAT** Grains (25%) & Sunflower seeds (20%)), Salt], Guacamole (28.11%) [Avocado, Water, Red Bell Pepper, Jalapeno Puree, Salt, Sugar, Antioxidant (Ascorbic Acid), Onion Powder, Stabiliser (Xanthan Gum), Garlic Powder, Acidity Regulator (Citric Acid), Dehydrated Coriander], Rocket (2.01%), Water (1.75%), Red Onion (1.41%), White wine vinegar (0.7%) [White Wine, Water, Antioxidant (Sodium Metabisulphite (**SULPHITE**))], Icing Sugar (0.1%) [Icing Sugar, Maize Starch], Salt (0.06%)]

Suitable for vegetarians

POACHED EGG DISHES

Eggs Benedict – V001

Free Range **EGGS** (29.37%), Smoked Rindless Back Bacon (25.32%) [Pork (87%), Water, Salt Preservatives; E252 (Potassium Nitrate), E250 (Sodium Nitrite), Anti-Oxidant; E301 (Sodium Ascorbate)], Hollandaise Sauce (25.32%) [Water, Vegetable Oil (Rapeseed, Palm), Butter (**MILK**) (7%), Modified Starch,, Reconstituted **EGG** Yolk (4.5%), Emulsifiers (Polysorbate 60, Mono- and diglycerides of fatty acids), Lemon Juice from Concentrate (1%), White Wine Vinegar, Sugar, Flavouring, Salt, Acidity Regulator (Citric acid), Dried Onion, Colour (Beta-Carotene)], English Muffin (18.23%) [**WHEAT** Flour, (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Semolina (**WHEAT**), Salt, Yeast, **SOYA** Flour, Sugar, Palm Oil, Spirit Vinegar, Emulsifier (E472e), Preservative (E282), Flour Treatment Agent (E300)], Rocket (1.27%), Smoked Paprika (0.25%), Vegetable Oil (0.25%) [Rapeseed Oil, Antifoaming Agent (Dimethylpolysiloxane)]

Eggs Florentine – V001

Free Range **EGGS** (32.68%), Hollandaise Sauce (28.17%) [Water, Vegetable Oil (Rapeseed, Palm), Butter (**MILK**) (7%), Modified Starch,, Reconstituted **EGG** Yolk (4.5%), Emulsifiers (Polysorbate 60, Mono- and diglycerides of fatty acids), Lemon Juice from Concentrate (1%), White Wine Vinegar, Sugar, Flavouring, Salt, Acidity Regulator (Citric acid), Dried Onion, Colour (Beta-Carotene)], English Muffin (20.28%) [**WHEAT** Flour, (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Semolina (**WHEAT**), Salt, Yeast, **SOYA** Flour, Sugar, Palm Oil, Spirit Vinegar, Emulsifier (E472e), Preservative (E282), Flour Treatment Agent (E300)], Baby Leaf Spinach (16.9%), Rocket (1.41%), Smoked Paprika (0.28%), Vegetable Oil (0.28%) [Rapeseed Oil, Antifoaming Agent (Dimethylpolysiloxane)]

Suitable for vegetarians

Eggs Royale – V001

Free Range **EGGS** (33.62%), Hollandaise Sauce (28.99%) [Water, Vegetable Oil (Rapeseed, Palm), Butter (**MILK**) (7%), Modified Starch,, Reconstituted **EGG** Yolk (4.5%), Emulsifiers (Polysorbate 60, Mono- and diglycerides of fatty acids), Lemon Juice from Concentrate (1%), White Wine Vinegar, Sugar, Flavouring, Salt, Acidity Regulator (Citric acid), Dried Onion, Colour (Beta-Carotene)], English Muffin (20.87%) [**WHEAT** Flour, (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Semolina (**WHEAT**), Salt, Yeast, **SOYA** Flour, Sugar, Palm Oil, Spirit Vinegar, Emulsifier (E472e), Preservative (E282), Flour Treatment Agent (E300)], Salmon (14.49%) **SALMON** (*Salmo salar*) (**FISH**) (96%), salt, Sugar, Rocket (1.45%), Smoked Paprika (0.29%), Vegetable Oil (0.29%) [Rapeseed Oil, Antifoaming Agent (Dimethylpolysiloxane)]

Suitable for vegetarians

PORRIDGE

*Standard Milk is whole dairy milk but customers may request non-dairy milks (if so please refer to the Milk part of the allergen pack)

Banana & Peanut Butter Porridge (Classic Banana) – V001

Gluten Free **OATS**, Whole **MILK**, Banana, Honey, **PEANUT** Butter, Sunflower Seeds, Pumpkin Seeds.

Suitable for vegetarians

Blueberry Crunch Porridge – V001

Gluten Free **OATS**, Whole **MILK**, Cinnamon, Banana, Blueberries, **PECAN (NUTS)**, Cocoa Nibs (Cocoa Beans), Maple Syrup (100% Pure Maple Syrup).

Suitable for vegetarians

Granola Bowl with Natural Yoghurt – V001

Oatflakes (**OATS**), Sugar, Raisins, Palm Oil, **ALMONDS (NUTS)**, Honey, Desiccated Coconut, Maple Syrup, Ground Cinnamon), Greek Style Yoghurt (**MILK**), Banana, Blueberries, Mixed Berries (Raspberries, Redcurrants, Blackcurrants, Blueberries, Blackberries, Strawberries), Maple Syrup (100% Pure Maple Syrup).

Suitable for vegetarians

Peanut Butter and Raspberry Jam Porridge – V001

Whole **MILK** (77.27%), Gluten Free **OATS** (12.12%), Raspberry Jam (9.09%) (Raspberries, Cane Sugar, Lemons), Peanut Butter (Roasted **PEANUTS**) (1.52%)

Suitable for vegetarians

SOUPS

Chicken & Country Vegetables with Butterbeans – V001

Water, Chicken (16.7%), Potato, Butter Beans (12%), Onions (Onions, Rapeseed Oil), Carrots (5%), Swede(5%), Parsnip (5%), Celeriac (**CELERY**)(5%), Bouillon (Sea Salt, Maltodextrin, Rice Flour, Onion, Carrot, Parsnip), Yeast Extract, Sunflower Oil, Parsley, Turmeric), Potato Powder (Potato (99%), Emulsifier (E471), Stabilizer (E450), Antioxidant: Sodium **METABISULPHITE** (E223)), Parsley, Thyme, Black Pepper

Chunky Minestrone – V001

Water, Potatoes, Cauliflower, Leeks, Tomatoes, Peas, Carrots, **CELERY**, Beans, Savoy Cabbage, Borlotti's, Courgettes, Basil, Onions (Onions, Rapeseed Oil), Tomatoes (Tomatoes, Tomato Juice, Acidity Regulator (Citric Acid)), Tomato Paste, Pasta (Durum **WHEAT** Semolina, Water), Organic Vegetable Bouillon (Sea Salt, Maltodextrin, Rice Flour, Onion, Carrot, Parsnip), Yeast Extract, Sunflower Oil, Parsley, Turmeric), Extra Virgin Olive Oil, Garlic, Parsley, Basil, Black Pepper

Suitable for vegetarians & vegans

Spicy Lentil Dhal – V001

Water, Tomatoes (Tomatoes, Tomato Juice, Acidity Regulator (Citric Acid)), Chana Dhal (23.2%), Onions (Rapeseed Oil), Lemon Juice (1%), Vegetable Bouillon (Sea Salt, Maltodextrin, Rice Flour, Vegetables (Onion, Carrot, Parsnip), Yeast Extract, Sunflower Oil, Parsley, Turmeric), Rapeseed Oil, Coriander Leaves, Ginger, Cumin, Turmeric, **MUSTARD** Seeds, Chillies, Curry Leaves, Black Pepper

Suitable for vegetarians & vegans

Granary Sourdough and Butter – V001

Granary Sourdough (**WHEAT** Flour (**GLUTEN**) (Calcium carbonate (E170), iron, niacin, thiamine), Water, Malted **BARLEY** (**GLUTEN**), Malted **BARLEY** (**GLUTEN**) Brown Linseeds (30%), Millet (25%), **WHEAT** Grains (25%) & Sunflower seeds (20%)), Salt), Butter ((**MILK**), Salt).

Suitable for vegetarians

BAGUETTES

Egg, Spinach and Tomato on White Baguette – V001

White Baguette (40.38%) (**WHEAT** Flour (with Calcium, Iron, Niacin, Thiamin), Water, Yeast, Salt, Flour Treatment Agent (E300)), Free Range **EGG** (26.29%), Tomatoes (17.31%), Mayonnaise (6.18%) (Rapeseed Oil (64.5%), Water, Spirit Vinegar, Pasteurised Free Range **EGG** Yolk (3.5%), Sugar, Salt, Modified Potato Starch, Stabiliser (Guar gum, Xanthan gum), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), **MUSTARD** Flour, Lemon Juice Concentrate, Colour (Paprika)), Salad Cream (3.87%) (Water, Rapeseed Oil, Glucose-Fructose Syrup, Spirit Vinegar, Sugar, Pasteurised **EGG** Yolk, Modified Maize Starch, Salt, **MUSTARD** Flour, Acidity Regulator (Acetic Acid), Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Colour (Riboflavin)), Spinach (3.85%), Soured Cream (1.93%) (**MILK**), Cracked Black Pepper (0.19%)

Suitable for vegetarians

Tuna Mayonnaise & Cucumber on White Baguette – V001

White Baguette (44.49%) (**WHEAT** Flour (with Calcium, Iron, Niacin, Thiamin), Water, Yeast, Salt, Flour Treatment Agent (E300)) Tuna (**FISH**) (31.78%) (Tuna (**FISH**), Water, Salt) Cucumber (12.71%) Mayonnaise (10.59%) (Water, Rapeseed Oil, Thickening Agent (Modified Maize Starch), Spirit Vinegar, Sugar, Pasteurised Free Range **EGG** Yolk (1%), Salt, Stabilisers (Guar Gum, Xanthan Gum), Concentrated Lemon Juice, Acidity Regulator: Acetic Acid, Texture Enhancer (Citrus Fibre, Dextrose), **MUSTARD** Flour, Preservative (Potassium sorbate, Sodium Benzoate) Natural Colour: Beta Carotene, Paprika) Cracked Black Pepper (0.42%)

HOT FOOD ADD-ONS

Bacon – V001

Pork (87%), Water, Salt Preservatives; E252 (Potassium Nitrate), E250 (Sodium Nitrite), Anti-Oxidant; E301 (Sodium Ascorbate)

Greek Yoghurt – V001

Greek Style Yoghurt (**MILK**)

Suitable for vegetarians

Halloumi – V001

Cow, Sheep and Goat's **MILK**, Salt, Rennet (Non-animal) 'may contain traces of mint'

Suitable for vegetarians

Hash Browns – V001

Potatoes, Sunflower Oil, Salt, Onion Powder, Stabiliser (E450), White Pepper

Suitable for vegetarians & vegans

Sausage – V001

Pork (65%), Water, Rusk (**WHEAT** Flour (Fortified with Calcium Carbonate, Iron, Niacin, Thiamin), Pork Fat, Herbs (Lovage, Sage, Thyme), Dextrose, Spices (Black Pepper, Ginger, Mace, White Pepper), Salt, Yeast Extract, Stabilisers (E450), Preservative (Sodium **SULPHITE**), Onion Powder, Antioxidant (E300), Herb Extract (Sage))

Smoked Salmon – V001

SALMON (*Salmo salar*) (**FISH**) (96%), Salt, Sugar

Mac & Cheese Side Portion – V001

Macaroni Pasta (50%) [Durum **WHEAT** Semolina], Bechamel Sauce (29.25%) [Vegetable Stock (Water, Salt, Yeast Extract, Maltodextrin, Sugar, Onion, Carrot, Tomato, Herbs), Skimmed **MILK**, Vegetable Oil (Palm - Segregated), Modified Starch (Waxy Maize), Butter(**MILK**) (5%), Whey(**MILK**) Protein Concentrate, Salt, Emulsifier (**SOYA** Lecithin E322)], Mozzarella and Cheddar Mix (17.6%) [Mozzarella - Pasteurised Full Fat ****MILK****, Salt, Starter Culture, Vegetarian Rennet, (Microbial), Cheddar - Pasteurised Full Fat ****MILK****, Salt, Starter Culture, Vegetarian Rennet, Added - Potato Starch], Barber's Farmhouse Mature Cheddar (2.5%) [Cheddar Cheese (Cow's **MILK**)], Sriracha Sauce (0.4%) [Water, Red Chillies, Sugar, Minced Garlic, Salt, Glucose-Fructose Syrup, Modified Maize Starch, Acid (Acetic Acid), Stabiliser (Xanthan Gum), Preservative (Sodium Benzoate), Colour (Paprika Extract), Chilli Extract], **MUSTARD**(0.2%) [Water, **MUSTARD** Flour, Glucose-Fructose Syrup, Salt, **MUSTARD** Bran, Acidity Regulator (Acetic Acid), Turmeric, Stabiliser (Xanthan Gum)], Garlic Puree (0.05%) [Garlic (98%), Citric Acid]

Suitable for vegetarians

DELI SANDWICHES

Balsamic Beetroot, Feta & Houmous Sandwich – V001

Focaccia (32%) (**WHEAT** Flour (**GLUTEN**) (**WHEAT** Flour, Calcium carbonate, iron, niacin & thiamin), Water, Blended Oil (Sunflower 65% & Olive Oil 35%), Salt, Yeast, Rosemary), Houmous (26.67%) (Cooked Chickpeas, Rapeseed Oil, Water, Tahini (**SESAME SEED** Paste), Salt, Garlic Granules, Acidity Regulator: Citric Acid. Preservative: Potassium Sorbate)), Beetroot (22.82%), Greek Feta Cheese (8%) (Pasteurised Sheep and Goats **MILK**), Balsamic Glaze (6.52%) (Aceto Balsamico di Modena IGP (40%) (Wine Vinegar (Wine, Water, Antioxidant: **SULPHITES**), Concentrated Grape Must and Juice, Colouring: Caramel E150d (Contains **SULPHITES**)), Thickener (Modified Starch)), Rocket (4%)

Suitable for vegetarians

Roasted Red Pepper, Mozzarella & Pesto Sandwich – V001

Focaccia (37.8%) (**WHEAT** Flour (**GLUTEN**) (**WHEAT** Flour, Calcium carbonate, iron, niacin & thiamin), Water, Blended Oil (Sunflower 65% & Olive Oil 35%), Salt, Yeast, Rosemary), Red Roasted Peppers (28.35%) Red Peppers (60%), Water, Salt, Sugar, Acidity Regulator: Citric Acid, Mozzarella Cheese (**MILK**) (19.69%), Green Pesto (9.45%) (Basil (54%), sunflower oil, cheese (**MILK**), potato flakes, **CASHEW NUTS** (3%), salt, sugar, extra virgin olive oil, pine nuts, yeast extract, garlic, acidity regulator: lactic acid., antioxidant: ascorbic acid), Rocket (4.72%)

Suitable for vegetarians

Tuna & Jalepeño Sandwich – V001

Focaccia (40.68%) (**WHEAT** Flour (**GLUTEN**) (**WHEAT** Flour, Calcium carbonate, iron, niacin & thiamin), Water, Blended Oil (Sunflower 65% & Olive Oil 35%), Salt, Yeast, Rosemary), Tuna (**FISH**) (30.51%) (Tuna (**FISH**), Water, Salt, Stabiliser (Xanthan Gum)), Mayonnaise (10.17%) Rapeseed Oil, Water, Spirit Vinegar, Sugar, Modified Maize Starch, Pasteurised Free Range **EGG** Yolk, Modified Potato Starch, Stabiliser (Guar Gum, Xanthan Gum), Salt, Preservatives: (Acetic Acid, Citric Acid), Potassium Sorbate, Colour: Lutein, Jalapeños (6.78%), Water, Spirit Vinegar, Salt, Firming Agent: Calcium Chloride, Mature Cheddar Slices (**MILK**) (6.78%), Baby Leaf Spinach (3.39%), Sriracha Sauce (1.69%) (Water, Red Chillies, Sugar, Minced Garlic, Salt, Glucose-Fructose Syrup, Modified Maize Starch, Acid (Acetic Acid), Stabiliser (Xanthan Gum), Preservative (Sodium Benzoate), Colour (Paprika Extract), Chilli Extract

Spicy Chicken Sandwich – V001

Focaccia (36.92%) (**WHEAT** Flour (**GLUTEN**) (**WHEAT** Flour, Calcium carbonate, iron, niacin & thiamin), Water, Blended Oil (Sunflower 65% & Olive Oil 35%), Salt, Yeast, Rosemary), Chicken (27.69%) (Chicken Breast, Salt), Red Cabbage (9.23%), Mayonnaise (9.23%) Rapeseed Oil, Water, Spirit Vinegar, Sugar, Modified Maize Starch, Pasteurised Free Range **EGG** Yolk, Modified Potato Starch, Stabiliser (Guar Gum, Xanthan Gum), Salt, Preservatives: (Acetic Acid, Citric Acid), Potassium Sorbate, Colour: Lutein, Rocket (4.62%), Water (4.02%) Red Onion (3.23%), Gochujang Paste (3.08%) Miso paste (water, **SOYABEANS**, rice, salt), golden syrup, soy sauce (water, **SOYABEANS**, **WHEAT**, salt), water, Korean red pepper (10%), garlic, rice vinegar (water, rice, salt), preservative: potassium sorbate, White wine vinegar (1.62%) (White Wine, Water, Antioxidant (Sodium Metabisulphite (**SULPHITE**))), Icing Sugar (0.23%) (Icing Sugar, Maize Starch), Salt (0.14%)

SIDE SALADS

Butternut Squash Side Salad – V001

Butternut Squash (44.75%), Chickpeas (30.35%) (Chickpeas, Ascorbic Acid), Orange Juice from Concentrate (8.74%), Red Onion (7.59%), Cold Pressed Rapeseed Oil (3.5%), Coriander (1.9%), Parsley (1.9%), Garlic Puree (0.93%) (Garlic, Citric Acid), Salt (0.23%), Cracked Black Pepper (0.12%)

Suitable for vegetarians & vegans

ROLLS

The Italian Sub Roll – V001

Seeded Sub Roll (35.58%) Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Wholemeal (**WHEAT**) **WHEAT** Flour, Water, Rapeseed Oil, Potato Flakes (Potato Flakes, Emulsifier Mono & Di Glycerides Of Fatty Acids (E471)), Dough Conditioner (Pre-Gelanitized **WHEAT** Flour, Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Flour Treatment Agent (Ascorbic Acid (E300))), Sugar, Softener (Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin)), Yeast, Salt, Bread Improver (Emulsifier: Mono And Diglycerides Of Fatty Acids (E471), Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin)), **BARLEY** Malt Flour, Brown Linseeds, Golden Linseeds, Millet Seeds, Blue Poppy Seeds, Tomatoes (16.85%), Gammon Ham (14.98%) [Pork, Water, Cure (Modified Waxy Maize Starch, Salt, Stabiliser (Triphosphates), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)), Salt, Preservatives (Sodium Lactate, Sodium Acetate)], Italian Sliced Salami (11.24%) Pork, Salt, Dextrose, Saccharose, Flavouring, Spices, Antioxidant : E301, Preservative: Sodium Nitrite, Preservative: Potassium Nitrate, Mayonnaise (8.4%) [Rapeseed Oil (64.5%), Water, Spirit Vinegar, Pasteurised Free Range **EGG** Yolk (3.5%), Sugar, Salt, Modified Potato Starch, Stabiliser (Guar gum, Xanthan gum), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), **MUSTARD** Flour, Lemon Juice Concentrate, Colour (Paprika)], Cheese, Emmental (7.49%), Cos Lettuce (4.49%), Balsamic Glaze (0.72%) [Aceto Balsamico di Modena IGP (40%) (Wine Vinegar (Wine, Water, Antioxidant: **SULPHITES**), Concentrated Grape Must and Juice, Colouring: Caramel E150d (Contains **SULPHITES**)), Thickener (Modified Starch)], Dried Oregano (0.24%) Oregano

Mature Cheddar & Tomato Roll – V001

Rustic White Roll (44.44%) Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Bakery Improver (Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Salt, Emulsifiers: Mono- And Diglycerides Of Fatty Acids (E471), Sodium Stearoyl-2-Lactylate (E481)), Vegetable Oils (Palm, Rapeseed), Inactive Dry Yeast, Flour Treatment Agent: Ascorbic Acid (E300)), Potato Flakes (Potato Flakes, Emulsifier Mono & Di Glycerides Of Fatty Acids (E471)), Yeast, Organic Oat (**CEREALS**)**MILK** (Spring Water, Organic **GLUTEN** Free Oats, Sunflower Oil, Sea Salt), Rapeseed Oil, Preservative: Calcium Propionate (E282), Tomatoes (25%), Mature Cheddar (**MILK**) (16.67%), Mayonnaise (13.89%) [Rapeseed Oil (64.5%), Water, Spirit Vinegar, Pasteurised Free Range **EGG** Yolk (3.5%), Sugar, Salt, Modified Potato Starch, Stabiliser (Guar gum, Xanthan gum), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), **MUSTARD** Flour, Lemon Juice Concentrate, Colour (Paprika)]

Suitable for vegetarians

Gammon Ham & Mature Cheddar Roll – V001

Rustic White Roll (41.03%) Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Bakery Improver (Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Salt, Emulsifiers: Mono- And Diglycerides Of Fatty Acids (E471), Sodium Stearoyl-2-Lactylate (E481)), Vegetable Oils (Palm, Rapeseed), Inactive Dry Yeast, Flour Treatment Agent: Ascorbic Acid (E300)), Potato Flakes (Potato Flakes, Emulsifier Mono & Di Glycerides Of Fatty Acids (E471)), Yeast, Organic Oat (**CEREALS**)**MILK** (Spring Water, Organic **GLUTEN** Free Oats, Sunflower Oil, Sea Salt), Rapeseed Oil, Preservative: Calcium Propionate (E282), Gammon Ham (30.77%) [Pork, Water, Cure (Modified Waxy Maize Starch, Salt, Stabiliser (Triphosphates), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)), Salt, Preservatives (Sodium Lactate, Sodium Acetate)], Mature Cheddar (**MILK**) (15.38%), Mayonnaise (12.82%) [Rapeseed Oil (64.5%), Water, Spirit Vinegar, Pasteurised Free Range **EGG** Yolk (3.5%), Sugar, Salt, Modified Potato Starch, Stabiliser (Guar gum, Xanthan gum), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), **MUSTARD** Flour, Lemon Juice Concentrate, Colour (Paprika)]

QUICHE

Goats Cheese, Spinach & Red Pepper Quiche V001

Goats Cheese, Spinach & Red Pepper Quiche (100%) [Red Pepper (20%), Spinach (15%), **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Iacin, Thiamin), **EGGS**, Double Cream (**MILK**), Single Cream (**MILK**), Goats Cheese (**MILK**), **MILK**, Butter (**MILK**) (**MILK**), Water, Salt, Pepper]

Suitable for vegetarians

MAC & CHEESE

Original- V001

Macaroni Pasta (48.62%) [Durum **WHEAT** Semolina], Bechamel Sauce (28.44%) [Vegetable Stock (Water, Salt, Yeast Extract, Maltodextrin, Sugar, Onion, Carrot, Tomato, Herbs), Skimmed **MILK**, Vegetable Oil (Palm - Segregated), Modified Starch (Waxy Maize), Butter(**MILK**) (5%), Whey(**MILK**) Protein Concentrate, Salt, Emulsifier (**SOYA** Lecithin E322)], Mozzarella and Cheddar Mix (17.12%) [Mozzarella - Pasteurised Full Fat **MILK**, Salt, Starter Culture, Vegetarian Rennet, (Microbial), Cheddar - Pasteurised Full Fat **MILK**, Salt, Starter Culture, Vegetarian Rennet, Added - Potato Starch], Barber's Farmhouse Mature Cheddar (2.43%) [Cheddar Cheese (Cow's **MILK**)], Panko Breadcrumbs (0.94%) [Unbleached **WHEAT** flour, Yeast, Salt, Bread Improver (Corn Starch, Calcium Carbonate, Calcium Sulfate, L-Ascorbic Acid, Alpha Amylase)], Vegetarian Parmesan (0.94%) [Whole Cow's **MILK**, Salt, Vegetarian Rennet], Extended Life Rapeseed Oil (0.67%) Rapeseed Oil, Anti-foaming Agent (Dimethyl Polysiloxane), Sriracha Sauce (0.39%) [Water, Red Chillies, Sugar, Minced Garlic, Salt, Glucose-Fructose Syrup, Modified Maize Starch, Acid (Acetic Acid), Stabiliser (Xanthan Gum), Preservative (Sodium Benzoate), Colour (Paprika Extract), Chilli Extract], **MUSTARD** (0.19%) [Water, **MUSTARD** Flour, Glucose-Fructose Syrup, Salt, **MUSTARD** Bran, Acidity Regulator (Acetic Acid), Turmeric, Stabiliser (Xanthan Gum)], Parsley (0.16%), Garlic Puree (0.05%) [Garlic (98%), Citric Acid], Salt (0.03%) Salt, Sodium Hexacyanoferrate, Dried Mixed Herbs (0.01%) [Thyme (40%), Marjoram (27%), Oregano (10%), Parsley (9%), Sage (9%), Basil (5%)]

Suitable for vegetarians

Truffle Mushroom- V001

Macaroni Pasta (43.17%) [Durum **WHEAT** Semolina], Bechamel Sauce (25.25%) [Vegetable Stock (Water, Salt, Yeast Extract, Maltodextrin, Sugar, Onion, Carrot, Tomato, Herbs), Skimmed **MILK**, Vegetable Oil (Palm - Segregated), Modified Starch (Waxy Maize), Butter(**MILK**) (5%), Whey(**MILK**) Protein Concentrate, Salt, Emulsifier (**SOYA** Lecithin E322)], Mozzarella and Cheddar Mix (15.19%) [Mozzarella - Pasteurised Full Fat **MILK**, Salt, Starter Culture, Vegetarian Rennet, (Microbial), Cheddar - Pasteurised Full Fat **MILK**, Salt, Starter Culture, Vegetarian Rennet, Added - Potato Starch], Mushrooms (10.07%), Vegetarian Parmesan (2.3%) [Whole Cow's **MILK**, Salt, Vegetarian Rennet], Barber's Farmhouse Mature Cheddar (2.16%) [Cheddar Cheese (Cow's **MILK**)], Truffle Infused Olive Oil (1.15%) [Extra Virgin Olive Oil (96%), Natural Truffle Infusion (3%) (Extra Virgin Olive Oil, Truffle), Truffle Flavouring (1%)], Sriracha Sauce (0.35%) [Water, Red Chillies, Sugar, Minced Garlic, Salt, Glucose-Fructose Syrup, Modified Maize Starch, Acid (Acetic Acid), Stabiliser (Xanthan Gum), Preservative (Sodium Benzoate), Colour (Paprika Extract), Chilli Extract], **MUSTARD** (0.17%) [Water, **MUSTARD** Flour, Glucose-Fructose Syrup, Salt, **MUSTARD** Bran, Acidity Regulator (Acetic Acid), Turmeric, Stabiliser (Xanthan Gum)], Parsley (0.14%), Garlic Puree (0.04%) [Garlic (98%), Citric Acid]

Suitable for vegetarians

BBQ, Bacon & Cheese- V001

Macaroni Pasta (40.6%) [Durum **WHEAT** Semolina], Bechamel Sauce (23.75%) [Vegetable Stock (Water, Salt, Yeast Extract, Maltodextrin, Sugar, Onion, Carrot, Tomato, Herbs), Skimmed **MILK**, Vegetable Oil (Palm - Segregated), Modified Starch (Waxy Maize), Butter(**MILK**) (5%), Whey(**MILK**) Protein Concentrate, Salt, Emulsifier (**SOYA** Lecithin E322)], Mozzarella and Cheddar Mix (22.41%) [Mozzarella - Pasteurised Full Fat **MILK**, Salt, Starter Culture, Vegetarian Rennet, (Microbial), Cheddar - Pasteurised Full Fat **MILK**, Salt, Starter Culture, Vegetarian

Rennet, Added - Potato Starch], Streaky Bacon (6.5%) [Pork Meat, Salt (E535), Acidity Regulator (E326), Antioxidants (E301, E331), Sodium Triphosphate, Preservatives (E250, E251, E252, E262), Spice Extracts, Smoke (Polysorbate 80), Sugar], BBQ Sauce (4.06%) [Sugar, Tomato Paste, Red Wine Vinegar, Water, Salt, Demerara Sugar, Modified Tapioca Starch, Black Treacle (cane molasses, inverted sugar syrup), Gravy Browning (Colour: **SULPHITE** Ammonia Caramel), Dijon **MUSTARD**, Onion Powder, Garlic Powder, Smoke Flavouring, Smoked Salt], Barber's Farmhouse Mature Cheddar (2.03%) [Cheddar Cheese (Cow's **MILK**)], Sriracha Sauce (0.32%) [Water, Red Chillies, Sugar, Minced Garlic, Salt, Glucose-Fructose Syrup, Modified Maize Starch, Acid (Acetic Acid), Stabiliser (Xanthan Gum), Preservative (Sodium Benzoate), Colour (Paprika Extract), Chilli Extract], **MUSTARD** (0.16%) [Water, **MUSTARD** Flour, Glucose-Fructose Syrup, Salt, **MUSTARD** Bran, Acidity Regulator (Acetic Acid), Turmeric, Stabiliser (Xanthan Gum)], Parsley (0.14%), Garlic Puree (0.04%) [Garlic (98%), Citric Acid]